



2025

UNITAS

Formed in Love, Called to Serve

ST JOSEPH'S INTERDIOCESAN SEMINARY, MANGALORE



FATHER MULLER CHARITABLE INSTITUTIONS



Fr Muller Road, Kankanady, Mangaluru-575 002, Karnataka, India Ph: 0824-223 8000 / 8163
muller@fathermuller.in | www.fathermuller.edu.in

OUR EDUCATIONAL UNITS AND COURSES OFFERED



FATHER MULLER MEDICAL COLLEGE: ESTD PG 1991, UG 1999

- MBBS, MD/MS
- PHD: BIOCHEMISTRY, MICROBIOLOGY, PHARMACOLOGY, ANATOMY, ONCOPATHOLOGY
- M.CH: UROLOGY, PLASTIC & RECONSTRUCTIVE SURGERY, SURGICAL-GASTROENTEROLOGY, SURGICAL ONCOLOGY
- D.M: NEPHROLOGY, NEUROLOGY, MEDICAL ONCOLOGY
- DIPLOMA: INDIAN DIPLOMA IN CRITICAL CARE MEDICINE (IDCCM)
INDIAN DIPLOMA IN CRITICAL CARE NURSING (IDCCN)

☎ 0824-223 8172 / 223 8383
📧 deanfmmc@fathermuller.in

FATHER MULLER COLLEGE (SPEECH AND HEARING): ESTD 2007

- BACHELOR IN AUDIOLOGY AND SPEECH LANGUAGE PATHOLOGY (B.ASLP)
- MASTER OF SCIENCE-AUDIOLOGY-M.SC. (AUD.)
- MASTER OF SCIENCE - SPEECH LANGUAGE PATHOLOGY - M.SC. (SLP)

☎ 0824-223 8022, 8277546831
📧 fmcosh@fathermuller.in



FATHER MULLER COLLEGE OF NURSING: ESTD 1987

- BSC NURSING
- MSC NURSING: MEDICAL, OBG, PAEDIATRIC, MENTAL HEALTH, COMMUNITY HEALTH
- PB BSC NURSING
- PHD: COMMUNITY HEALTH NURSING, MEDICAL SURGICAL NURSING, MENTAL HEALTH NURSING

☎ 0824- 223 8324/ 223 8320
📧 fathermullercon@fathermuller.in

FATHER MULLER HOMOEOPATHIC MEDICAL COLLEGE: ESTD 1985

- BACHELOR OF HOMOEOPATHIC MEDICINE & SURGERY (B.H.M.S.)
- MD HOMOEOPATHY (7 SUBJECTS SPECIALITIES)

☎ 0824 2203905
📧 hmcoffice@fathermuller.in



FATHER MULLER COLLEGE OF ALLIED HEALTH SCIENCES: ESTD UNDER FMCI 1994, SELF 2020

- B.SC. MEDICAL LABORATORY TECHNOLOGY (M.L.T.), MEDICAL IMAGING TECHNOLOGY (M.I.T.), RADIO THERAPY TECHNOLOGY (R.T.), RENAL DIALYSIS TECHNOLOGY (R.D.T.), OPTOMETRY, ANAESTHESIA AND OPERATION THEATRE TECHNOLOGY (A.T & O.T.T.), NEURO SCIENCE TECHNOLOGY, EMERGENCY & TRAUMA CARE TECHNOLOGY, RESPIRATORY THERAPY, CARDIAC CARE TECHNOLOGY
- M.SC.: MEDICAL LABORATORY TECHNOLOGY (M.L.T.), CLINICAL PSYCHOLOGY, MEDICAL IMAGING TECHNOLOGY (M.I.T.)
- MASTERS IN HOSPITAL ADMINISTRATION (M.H.A.)
- BACHELOR IN HOSPITAL ADMINISTRATION (B.H.A.)

☎ 0824-223 8172 / 223 8383
📧 deanahs@fathermuller.in

FATHER MULLER SCHOOL OF NURSING: ESTD 1959

- GNM
- ☎ 0824 223 8326
📧 fathermullerson@fathermuller.in



FATHER MULLER COLLEGE OF PHYSIOTHERAPY: ESTD UNDER FMCI 1994, SELF 2023

- BACHELOR OF PHYSIOTHERAPY (BPT)
- MASTER OF PHYSIOTHERAPY (MPT)

☎ 0824-223 8172 / 223 8383
📧 fmcpmir@fathermuller.in

FATHER MULLER COLLEGE OF PHARMACEUTICAL SCIENCES: ESTD 2024

- B PHARM (BACHELOR OF PHARMACY)
- D PHARM [DIPLOMA IN PHARMACY]
- LATERAL ENTRY 2ND B PHARM

☎ 9844290923, 9141151955, 0824-2202430
📧 fmcopsoffice@fathermuller.in



FATHER MULLER NURSING COLLEGE THUMBAY - FMNCT: ESTD 2022

- BSC NURSING
- ☎ 08255 234856, 9901262296
📧 fmnct@fathermuller.in

FATHER MULLER ALLIED HEALTH SCIENCES COLLEGE THUMBAY, BANTWAL: ESTD 2024

- B.SC. - ANAESTHESIA & OPERATION THEATRE TECHNOLOGY (A.T & O.T.T.)
- B.SC - MEDICAL IMAGING TECHNOLOGY (M.I.T.)
- B.SC. MEDICAL LABORATORY TECHNOLOGY (MLT)
- B.SC. EMERGENCY AND TRAUMA CARE TECHNOLOGY (ETCT)

☎ 08255-295856, 9901262296
📧 ahsthumabay@fathermuller.in



**ADMISSIONS
OPEN 2026-27**



ST ALOYSIUS

(DEEMED TO BE UNIVERSITY)
Mangaluru 575003 - India

APPLY ONLINE
only at
www.staloyisius.edu.in



Contact : +91824 4117701 / 79752 77782 | Email: info@staloyisius.edu.in / admissions@staloyisius.edu.in

UNDERGRADUATE PROGRAMMES

**SCHOOL OF ARTS & HUMANITIES
B.A. (BACHELOR OF ARTS) 18 COMBINATIONS**

History, Economics, Political Science, Sociology, Psychology,
Media & Communication, Social Work, English Major, Kannada Major

B.Sc. (BACHELOR OF SCIENCE) 17 COMBINATIONS

**SCHOOL OF
PHYSICAL SCIENCES
8 COMBINATIONS**

Chemistry, Mathematics,
Physics, Electronics, Statistics,
Computer Science, Economics

**SCHOOL OF
LIFE SCIENCES
9 COMBINATIONS**

Botany, Zoology, Chemistry, Biochemistry,
Microbiology, Biotechnology,
Food Science, Psychology

SCHOOL OF COMMERCE, FINANCE AND ACCOUNTANCY

Batch Timings - 9:00 AM

- B.Com.
- B.Com. (Logistics & Supply Chain Management)
- B.Com. (Investment Management)

Batch Timings - 7:00 AM

- B.Com.
- B.Com. (International Business & Finance) US - CPA Embedded
- B.Com. (International Finance) - ACCA Embedded
- B.Com. (Accounting & Tax) - CA Integrated
- B.Com. (Apprenticeship Embedded)
- B.Com. (Business Analytics)

SCHOOL OF BUSINESS AND MANAGEMENT

Batch Timings - 9:00 AM

- B.B.A.
- B.B.A. (Logistics & Inventory Management with ERP)

Batch Timings - 7:00 AM

- B.B.A. (Business Analytics)
- B.B.A. (Branding & Advertising)

SCHOOL OF INFORMATION SCIENCE & TECHNOLOGY

- BCA (7 AM / 9 AM Batch)
 - Artificial Intelligence & Machine Learning
 - Cyber Security
 - Internet of Things
- B.Sc. (Data Science)
- B.Sc. (Animation & Visual Communication)

SCHOOL OF VOCATIONAL STUDIES

- B.Voc. (Retail and Logistics Management)
- B.Voc. (Animation & Multimedia)
- B.Voc. (Software Development)
- B.Voc. (Sports Management)

SCHOOL OF EDUCATION

- B.Ed. – Bachelor of Education

SCHOOL OF LAW

- L.L.B. (Hons) - Legislative Law - 3 years
- B.B.A. L.L.B. (Hons) - Business Administration & Legislative Law - 5 years

SCHOOL OF ENGINEERING

- B.Tech. (Computer Science and Engineering)
- B.Tech. (Computer Science and Engineering) (AI & ML)
- B.Tech. (Electronics and Communication Engineering)
- B.Tech. (Information Science and Engineering)

SCHOOL OF LANGUAGES AND CULTURAL STUDIES

- English (First Language mandatory for all programmes)

Second Language Options	1. Kannada 2. Hindi 3. Konkani	4. Tulu 5. Sanskrit 6. Additional English	7. Malayalam 8. French
-------------------------	--------------------------------------	-------------------------------------------------	---------------------------

HONOURS / HONOURS WITH RESEARCH (4 Years)

SCHOOL OF PHYSICAL SCIENCES

- Physics
- Chemistry

SCHOOL OF LIFE SCIENCES

- Biotechnology
- Food Science

SCHOOL OF ARTS AND HUMANITIES

- Economics
- Psychology

SCHOOL OF INFORMATION SCIENCE AND TECHNOLOGY

- Data Science

SCHOOL OF COMMERCE, FINANCE AND ACCOUNTANCY

- Commerce

SCHOOL OF LANGUAGES AND CULTURAL STUDIES

- English

On-campus hostel accommodation available for UG and PG students (Boys & Girls).

Scholarship facilities available for both UG & PG Programmes

ST ALOYSIUS INSTITUTE OF CIVIL SERVICES
(CIVIL SERVICES EXAM COACHING)
Contact : 0824 2950131
civilservices@staloyisius.edu.in

POSTGRADUATE PROGRAMMES

Contact Office : 0824 4117702 / 90198 90389 | Email : pgoffice@staloyisius.edu.in

- M.A. English, Business Economics, Media & Communication
- M.Sc. Corporate Psychology, Clinical Psychology
- M.S.W. Community Development
Medical & Psychiatric
Human Resource Development



SCAN for more details

- M.Com.
- M.Com. (Finance & Analytics) 4 PM Batch
- M.Sc. Chemistry, Analytical Chemistry, Physics, Mathematics, Biotechnology, Biochemistry, Food Science and Technology, Food Science, Nutrition & Dietetics

PGDBA & other PG DIPLOMA COURSES are also available

Courses offered at AIMIT (Beerli)

ALOYSIUS INSTITUTE OF MANAGEMENT AND INFORMATION TECHNOLOGY (AIMIT)

- M.B.A. Finance, HR, Business Analytics, Marketing & Operations
- M.C.A.
- M.Sc. • Software Technology • Big Data Analytics • Data Science

Beerli, Kotekar, Mangaluru 575022, Karnataka
Ph: +91 824 2286881 / 82 | Cell: 9141201851 / 52
admissions@staloyisius.ac.in



nirf RANKED 73rd ALL INDIA 2025





St Joseph's Seminary Jeppu, Mangalore

SJS

Hosts and Particles

PARTICLES
THICK & LARGE PARTICLES
HOSTS
LARGE HOSTS (Festal Hosts)

...ARE AVAILABLE

DO VISIT US

0824-2437056, 9606715996

St Joseph's Seminary Jeppu, Mangalore

SJS CANDLES

Types of Candles Available

Mass Candles

Mordom Candles

Peerjenth Candles

First Holy Communion Candles

Decorative Candles

Easter Candles

Votive Candles

Advent Candles

FOR QUERIES

Tel: 0824-2437056, 9606715996



MCC BANK LTD

Admin. Office: M.C.C. Bank Building, Hampankatta, Mangalore 575001.
Phone : 0824 2421369, 2445742 | Email: ho@mccbanc.in | www.mccbanc.in

Deposit with MCC Bank are covered by DICGC Insurance



NRE BANKING FACILITY

LOCKER FACILITY

at affordable rent



Need cash fast?
Pledge gold, not dreams
GOLD LOAN

Turning your dream house
into reality with our
HOUSING LOAN



SAFE SWIFT SECURE withdraw with ease at MCC ATMs

Why visit the Bank when the bank can visit you?

MCC BANK MOBILE APP



Turn monthly savings into future dreams
RECURRING DEPOSIT (RD)

Let nothing hold back your Education
Study with Vidya Bhavishya
EDUCATION LOAN



- RTGS • NEFT Facility • E-Stamp Facility • 5% interest on Vidya Bhavishya Savings Bank Account
- Quick Vehicle Loan at attractive rate of interest • Loan for purchase of Household Articles
- Business (MSME) Loan • Mortgage Loan for Property Development, Marriage & Vehicle / Boat Repairs etc.

Contact your nearest Branch :

• Founders 7090701102
• Ashoknagar 7090701126
• Kankanady 7090701127
• Kulshekar 7090701114
• Morgansgate 7090701124
• Moodbidri 7090701125
• Shirva 7090701117

• Bajpe 7090701123
• Kinnigoli 7090701119
• Surathkal 7090701120
• Ullal 7090701116
• Udupi 7090701111
• Kundapur 7090701118
• Puttur 7090701130

• B.C.Road 7090701109
• Karkal 7090701128
• Bramhavar 7090706969
• Belthangady 7090700110
• Belman 9108992153
• Byndoor 9036599340
• Santhekatte 9980307404

HO Ph : +91 70907 01105 | Toll free No : 1800 123 2966

ST SEBASTIAN AUDITORIUM

THOKKOTTU, PERMANNUR, MANGALORE



BOOKING CONTACT

Ph: 0824-2466429

Mob: 8277939397

Email: permannurchurch@gmail.com

Office Timings

9 a.m to 12.30 p.m 3 p.m to 5.00 p.m

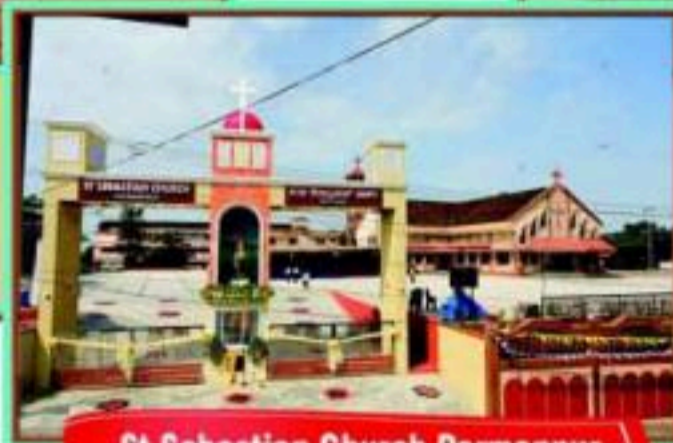
- Ample vehicle Parking amenity
- Seating Capacity for 1000 people
- Seperate dressing rooms for bride and groom
- Air Condition Dressing Room
- Wash Room with modern amenity
- Booking available for Day and night functions
- Bath Room facility with Hot water



St Sebastian Pre University Collage



St Sebastian English Medium School



St Sebastian Church Permanner



St Sebastian High School



Holy Angels Higher Primary School



ST JOSEPH ENGINEERING COLLEGE

AN AUTONOMOUS INSTITUTION

Vamanjoor, Mangaluru - 575 028, Karnataka

NAAC
A+ Grade

AUTONOMOUS
COLLEGE



Great Stories Begin Here...

ADMISSIONS OPEN 2021-22

BE

- Computer Science & Engineering
- Computer Science & Business Systems
- Artificial Intelligence & Machine Learning
- Mechanical Engineering
- Electronics & Communication Engineering
- Electrical & Electronics Engineering
- Civil Engineering

MBA

- Finance/ HR/ Marketing (Dual Specialization)
- Innovation, Entrepreneurship & Venture Development

MCA | PhD

VTU RANK HOLDERS 2019-20



Diona D'Silva
1st Rank
MCA
& 3 Gold Medals



Pooja L
5th Rank
Civil Engineering



Laulita Miranda
4th Rank
Electrical & Electronics Engineering



Swathi B N
10th Rank
MCA



Jahnavi U Mulki
10th Rank
Civil Engineering



B.E.- CSE, ECE,
EEE, ME



Affiliated to
VTU, Belagavi



Recognised by
AICTE, New Delhi

Ph: 91 - 824 - 2263753 / 54 / 55 / 56 / 2868155 / 106

+ 91 99729 32972 / 99726 95974 | office@sjec.ac.in | sjec@sjec.ac.in | www.sjec.ac.in

CONTENTS

1. St Joseph's Interdiocesan Seminary	1
2. St Joseph's Institute of Philosophy (SJIP)	3
3. St Joseph Institute of Theology (SJIT)	4
4. Annual Report – 2025	5
5. Thrust of the Year – Learning from the Master to Serve Him in Our Neighbour	11
6. To Be is to - be - Related	17
7. The Human Face of God in the Bible : Old Testament	20
8. The Puzzle of Self: A Psychological Journey into the Human Self	26
9. Is This the Age for Introvert Priests?	29
10. The Human Formation of Jesus Christ	33
11. Seminary as a Place of Formation of the Heart	36
12. <i>“Cogitio, Ergo Sum”</i> : A Revisit into Human Existence	42
13. The Dignity of Human Person	44
14. Human Formation in the Seminary: A Journey of Becoming	46
15. Emotional Intelligence In Seminary	48
16. Faith Instruction Classes	49
17. Chronicles 2024-2025	50
18. Burse Project of the Seminary	59
19. Faith Instruction Courses offered for the Laity	60
20. Jubilarians	61
21. New Priests (2024-2025)	62
22. Statistics	64
23. Reports of the Academies	66
24. Obituaries	72
25. List of Donors	79

EDITORIAL

Rev. Fr Ivan D'Souza
Editor



Year comes and year goes! Here comes and He ever comes! Oh, it's Christmas and New Year 2026. These celebrations create in and among us a felicitous milieu for rendezvous of faith, hope and love. As we conclude the “Year of Jubilee” we are invited to hike towards hope, deepen and profess our faith and engage in the mission of love to the poor and marginalised.

In his work *The Spirit of Hope*, the South Korean-born philosopher and cultural theorist Byung-Chul Han writes, “The subject of hope is a We.” The 'we' feeling within the family, community, nation, and all humanity can be awakened and strengthened through our faith in the Lord—a faith that makes us children of God.

Our new Pontiff, Leo XIV, has emphasised the importance of faith in his apostolic letter *In Unitate Fidei (In the Unity of Faith)*. In his view, the Trinitarian God is not a dualistic and exclusive 'either/or', but an inclusive and decisive bond of 'both/and'. The substratum of our unity flows from the inextricably interconnected Trinitarian bond of love. Faith in God makes love possible and keeps our hope alive.

The Nicene Creed, which marks its 1700th anniversary this year, reminds us that God has become our neighbour in Jesus Christ—so deeply united with humanity that whatever we do to any of our brothers and sisters, we do to Him. This truth is taken further by Pope Leo XIV in his Apostolic Exhortation *Dilexi te (I have loved you)*. It resonates with Pope Francis' encyclical *Dilexit nos (He loved us)*, establishing a profound nexus between love of God and love of neighbour. If the Nicene Creed gives us the truth we profess, *Dilexi te* offers us the heart we must embody.

Dilexi te also communicates that, in our life of faith, there must be a transition from “He loved us” to “I have loved you.” This implies a personal encounter with Jesus. From the perspective of the exhortation, we understand that Christ speaks these words to each of the poor, for the God of the Bible has a preferential option for the poor. The Pope therefore calls the faithful to encounter Christ in the poor.

The Church, in its Social Teaching, consistently calls all the faithful to love the poor, the needy, and the marginalised. The Salvadoran liberation theologian Jon Sobrino, S.J., affirms: “There is no salvation outside the poor.” By this he means that the poor become, in a real sense, the “sacrament of God's salvation.” For Sobrino, salvation unfolds where one stands with the oppressed, participates in the struggle for justice, and follows Jesus, who chose to identify Himself with the poor.

Dilexi te is a creed in action, reminding us that love and faith are co-travellers on the journey toward a hopeful horizon. Hope strengthens our commitment to humanity, while faith deepens our dependence on God—through which love incarnates in us. We need to contemplate the humanity of Christ so that humanity itself may be humanised and creation is cared for.

I am delighted to present this volume of UNITAS, wrapped with love, peace, and gratitude. It reflects on the seminary's central focus for the year: human formation. Traverse through these pages and they will tell you what it means to be human. We acknowledge all our readers, benefactors, and well-wishers for their magnanimity in supporting us in various ways. We also pay tribute to our dear departed and pray that they may enjoy eternal rest.

I wish you all a blessed Christmas and a joyful New Year. I gratefully place on record the cooperation and assistance of the Board of Administration, the Rector, staff members, students, and auxiliary staff. The Editorial Board deserves a special word of thanks and appreciation for their relentless efforts and dynamic involvement. May UNITAS inspire us, and may the Lord unite us to become and to live as fully human beings.



Front Row Left to Right : Joel Fernandes, Rostan Fernandes, Blany Fernandes, Felbin Babu, Fr Ivan Dsouza, Royston Dsouza, Sanjeewan, Loywin Rodrigues, Melroy Dsouza, Joseph Pais.

Middle Row Left to Right : Denson Dsilva, Ashlin Pinto, Ajay Dsouza, Vinol Fernandes, Jostan Dsouza, Kevin Menezes, Melrick Dsouza, Alwin Pinto

Top Row Left to Right : Merwin Spinoza, Prinston Dsouza, Charles, Rajath Lobo, Rostan Dsouza

Board of Administrators



Most Rev. Dr Peter Paul Saldanha
Bishop of Mangalore
Chairman



Most Rev. Dr Varghese Chakkalakkal
Archbishop of Calicut
Vice-Chairman



Most Rev. Dr Alex Vadakumthala
Bishop of Kannur
Secretary



Most Rev. Dr Gerald Isaac Lobo
Bishop of Udupi
Member



V. Rev. Fr Dionysius S. J.
Provincial, Karnataka Jesuit Province
Member



Students' Council 2025-2026

Front Row Left to Right : Suhas, Rajath Lobo, Fr Rajesh Rosario, Fr Alex Kalarikkal, Shinson Antony, Praveen Francis, Ferdinal Lance

Middle Row Left to Right : George Antony, Akash, Royston D'Souza, Jerlin George, Ajil Anilkumar, Melvin Joy, Prinston D'Souza

Last Row Left to Right : Jostan D'Souza, Rostan D'Souza, Aneesh Cleetus



SJS CANDLES



C H E T H A N A T R U S T

₹300



ALTAR CANDLES

1 kg

₹170



1/2 kg

PROCESSIONAL CANDLES



₹150

HOLY COMMUNION CANDLES

₹90



**1
PACK**

T CANDLES



1 kg

₹250

VOTIVE CANDLES

SJS HOST AND PARTICLES ARE ALSO AVAILABLE



**To
order**

Contact +91 9606715996



Hearty Congratulations

Archbishop Varghese Chakkalakkal



Born on **7 February 1953** in Malapallipuram (in the Diocese of Kottapuram, Kerala), Bishop Chakkalakkal entered St Joseph's Inter-diocesan Major seminary formation in 1971 and was ordained a priest on **2 April 1981** for the Diocese of Calicut. He holds a Master in Theology from the Pontifical Seminary, Alwaye, a Master in History from the University of Mysore, and a Doctorate in Canon Law from the Pontifical Urban University in Rome. He was appointed the first Bishop of Kannur (5 November 1998) and consecrated on 7 February 1999. On 15 May 2012 he was appointed Bishop of Calicut. On the elevation of the diocese in April 2025, the Holy See appointed him as the **first Metropolitan Archbishop** of the newly formed Archdiocese of Calicut. Archbishop Chakkalakkal is known for his: **Scholarly depth** and canonical expertise, **Pastoral sensitivity** and missionary zeal, **Commitment to dialogue**, especially inter-religious understanding in the pluralistic context of North Kerala, **Administrative prudence** and steady leadership. His episcopal motto, "In the Service of the Lord," reflects his conviction that authority in the Church is primarily a call to humble service.

Archdiocese of Calicut

On 12 April 2025, Diocese of Calicut was elevated by Pope Francis to the status of a metropolitan archdiocese, now known as the Archdiocese of Calicut. With this elevation, the Church in northern Kerala celebrated a new chapter in its ecclesial mission, as the diocese assumed a wider role of leadership and service in the region. The decree announced that the newly-established metropolitan see would have the suffragan dioceses of Diocese of Kannur and Diocese of Sultanpet under its jurisdiction. This moment marks the recognition of the Church's growth and pastoral maturity in the Malabar region — both in terms of institutions and mission outreach. The Church presence in the region has deep roots: the territory that became the Diocese of Calicut was erected on 12 June 1923, under the papal brief *Cum Auctus Fidelium Grex*. Over the years, the diocese experienced territorial changes, including the establishment of the Diocese of Tellicherry in 1954, the carving out of the Diocese of Kannur in 1998, and later the Diocese of Sultanpet in 2013. With this background, the elevation to archdiocesan status in 2025 becomes more than administrative—it is the fruit of decades of evangelisation, growth, service and consolidation.

Resident Staff



Rev. Rajesh Melvin Rosario
Rector



Rev. Vincent Anil Menezes
Administrator



Rev. Maxim Dsouza
Treasurer



Rev. Alex Kalarikkal



Most Rev. Dr Aloysius Dsouza



Rev. Antony Pinto



Rev. Ronald Serrao



Rev. Ivan Dsouza



Rev. Praveen Joy Saldanha



Rev. Felix Monteiro



Rev. Manoj P. Mathew



Rev. Flavian Lobo



Rev. Jencil Alva



Rev. Harry Dsouza

Ministerial Year



Albert Tesong
Itanagar



Alwin D'Souza
OCD



Avil Santhmayor
Mangalore



Balaswamy Anthonappa
Bellary



Bijeesh Kuriakose
Belthangady



Blison D'Souza
Karwar



Chinnappa Mariyappa
Bellary



Dennis Joseph
Ernakulam



Denzil Rodrigues
Mangalore



Elston Monteiro
OCD



Gnayus Ekka
Raigarh



Hilary Rodrigues
OCD



Jayanth Jokim
Mysore



Jeevan D'Souza
Mangalore



Jefin Joseph
Verapoly



Joel Monteiro
Mangalore



Joyal Jolly
Alleppey



Kevin D'Souza
Udupi



Loy Jackson Crasta
OCD



Loyd Rohan D'Souza
Mangalore



Lukas Pinto
Bangalore



Manoj Das
Kannur



Mariswami
Bellary



Ngayin Pius
Itanagar



Prabal Kindo
Ambikapur



Rakesh Francis
Belgaum



Shawn Andrade
Udupi



Shebin George
Kannur



William Francis
Bangalore



Sijomon Joseph
Kannur



Steevan D'Souza
Udupi



Stin George
OCD

III Theology



Ahrai Augustine
Itanagar



Ajay Jeevan D'Souza
Mangalore



Amit Kujur
Bagdogra



Anil George
Alleppey



Ashwin Warkade
Jabalpur



Cicil Xavier
Kannur



Cyril Paul
Kottapuram



Libin Christudas
Kannur



Loywin Rodrigues
Mangalore



Manoj Francis
Gulbarga



Prinston Stancy D'Souza
Mangalore



Rajath Ashish Lobo
Mangalore



Royston Brayan D'Souza
Mangalore



Sachin Tirkey
Jashpur



Sathesh Kumar
Mysore



Sham Immanuel
Verapoly



Stevin D'silva
Kottapuram



Philip Baite
Itanagar



Toney Martin
Kannur



Vinol Robin Fernandes
Mangalore

II Theology



Alan Shiju
Mandya



Andrew Kuri
Belgaum



Ankit Toppo
Bagdogra



Ashlin Prithesh Pinto
Shimoga



Bipin Earnest
Quilon



Blany Thomas Fernandes
Mangalore



Edwin Mathew
Verapoly



Felbin Babu
Kannur



Gladwin Clarence
Alleppey



Innocent Minj
OCD



Jerin George
Kottapuram



Joby Joy
Alleppey



Johnson Crasta
Mangalore



Joseph Pereira
Verapoly



Judhin Christy
Quilon



Kiran Dileep
Kannur



Lijoy George
Calicut



Mariya Selan
Trivandrum



Melroy Francis D'Souza
Mangalore



Melwin Fernandes
Gulbarga



Mishal Yesudas
Kannur



Navin Jose
Calicut



Nwtwn Rabha
Bongaigaon



Praveen Francis
Mysore



Regis Tigga
Ambikapur



Riksan Moras
OCD



Rimesh Mathirappilly
Calicut



Sanjeevan Tirkey
Jashpur



Shenilson Joseph
Kannur



Shirson Antony
Kannur



Sunil Raju
Calicut



Vinodh Kumar
Bangalore



William Mendith
Shimoga



Wilson Rodrigues
OCD

I Theology



Ajil Anilkumar
Calicut



Albin Joshi
Kannur



Aldric Xavier
OCD



Amal Antony
Verapoly



Anmod Domanic
Neyyattinkara



Anthony Prajwal
Bangalore



Bibin Saji
Calicut



Bonavencher Gonsalves
Karwar



Charles Kattethath
Tellicherry



Cristan Fernandes
OCD



Ferdinal Lance D'Souza
Bangalore



Herald Pais
OCD



Immanuval Michael
Calicut



Jakkula Jashuva
MSIJ



Joel Fernandes
Mangalore



Joseph Pais
Mangalore



Manoj Johnson
Quilon



Melrick D'Souza
Mangalore



Melrick Rodrigues
OCD



Melvin Joy
Chikmagalur



Nathan Hasda
Bongaigaon



Nijo Antony
Calicut



Prem Prakash D'Souza
OCarm



Rostan Fernandes
Mangalore



Sabin Putthanveettil
Kannur



Sankalp Varangalakudy
Belthangady



Sejob
Alleppey



Sarath Chandran
Neyyattinkara



Shifin Kaliyath
Verapoly

III Philosophy



Ajay Loyed Lobo
Mangalore



Akash Mariyappa
Mysore



Akhil Saju
Verapoly



Alwin Christopher
Bangalore



Alwin Pinto
Mangalore



Aman Barwa
Jashpur



Aneesh Cleetus
Calicut



Austin Vas
Mangalore



Ebin Varghese
Verapoly



Galvin
Bangalore



Jostan Vincent D'Souza
Mangalore



Liston Antony Gonsalves
Udupi



Merwin Samson Spinoza
Mangalore



Stephen Abel
Mysore

II Philosophy



Anson Titus Pinto
Mangalore



Nithin Thomas
Verapoly



Ashish Castelino
Udupi



Arogia Swamy
Bangalore



Denson Dsilva
Mangalore



George Antony
Bangalore



Joyal Clanet Crasta
Mangalore



Kevin Menezes
Mangalore



Rijo Mathew
Neyyattinkara



Rostan Royal D'Souza
Mangalore



Sanchay D'Souza
Mangalore



Savio Fernando
Jabalpur



Snehal George D'Souza
Mangalore



Suhas
Bellary



Yaomi Mark
Itanagar

Hearty Welcome



Rev. Jencil Alva



Rev. Harry Dsouza

Thank You



Rev. Naveen Pinto



Rev. Joswin Dsouza



Rev. Francis Dsouza



St Joseph Institute of Theology (SJIT)



Rev. Dr Alex Kalarikkal
Director, SJIT



Rev. Dr Antony George Pinto
HOD, SJIT



Rev. Dr Ronald Serrao



Rev. Dr Rajesh Rosario



Rev. Dr Praveen Leo Lasrado



Rev. Naveen Pinto



Rev. Dr Vincent Sequeira



Rev. Dr Praveen Joy Saldanha



Rev. Dr Jencil Alva



Rev. Flavian Lobo

St Joseph Institute of Philosophy (SJIP)



**Rev. Dr Ivan Dsouza
Director, SJIP**



Rev. Dr Joseph Martis



Rev. Dr Jenson Puthenveetil



Rev. Dr Lilly Pereira BS



Rev. Dr Manoj Palakkal Mathew



Rev. Nelson D Almeida



Rev. Roque Dsa



Rev. Maxim Dsouza



Rev. Francis Dsouza

Auxiliary Staff



Laity Theology



Seminary Events 2024



Seminary Day Celebration



Seminary Events 2025



Psychological Issues in Priestly Formation



Centenary Birthday Celebration of Msgr. Aloysius D'Souza



Unity Octave



Community Day



Late Bishop Basil Memorial Lecture



Decennial Celebration of Priesthood (Batch 2015)



Golden Birthday of Fr Vincent Menezes



St Joseph's Feast & Benefactors' Day



Welcome to New Staff Members





Lectio Brevis



Thanks to Former Rector



Best Wishes to New Rector



Initiation to Sunday & Social Ministries



Inauguration of the Theological Social Academy





Farewell to Outgoing Formators



Visit to FMMCH Labs



Theologians' Day



Laudato Si' Day



Kanthavara Ecological Exposure





St Thomas Feast - Malayalam Academy



Inauguration of Faith Formation Course



Felicitation to Archbishop Varghese Chakkalakkal



Seminarians' Jubilee at Rosario Cathedral



Inauguration of Music Classes



**Visit of Bishop of Mandya
Most Rev. Sebastian Adayanthrath**



Mangrove Plantation



New Priests' Day



Visit to Religious Places



Lecture to the Students of Philosophy



Philosophers' Day



Independence Day - Hindi Academy



Inauguration of Wall Board Magazines



Onam Celebration



St Teresa of Kolkata Feast - Kannada Academy



Monthi Feast - Konkani Academy



Farewell to Ministerial Year Students



Josiad



Admission to Candidacy



Ministries of Reader & Acolyte



Mission Symposium



Mission Auction



Visit of Bishop of Khandwa Most Rev. Augustine Madathikunnel



All Souls' Day



1700th Year of the Nicene Creed-KTC, Balmatta



Visit to Dharmaram Vidya Kshetram, Bangalore



Spiritual Conference

Class Room



Fellowship Groups

1. A. ST JOSEPH'S INTERDIOCESAN SEMINARY



A Seminary in Mangalore was first established in 1763 at Monte Mariano, some 13 kilometres east of Mangalore town. However, during the captivity of Kanara Catholics under Tippu Sultan in 1784, the seminarians were dispersed or sent to Verapoly and for the next few decades, there is no record to show that a Seminary existed in Mangalore. However, in 1843, a certain Fr Pius Noronha was said to have been the Rector of the Seminary at Monte Mariano. In 1845, when the Carmelites took over the care of the Church in Mangalore, they gathered the candidates to the priesthood in a house which was then situated in the locality which is now St Anne's Convent, near the Cathedral. This Seminary was then transferred to Sunker, some 5 kilometres east of Karwar. It was again brought back to Monte Mariano. Bishop Bernadine OCD moved the Seminary near to his residence, St Anne's Convent, in 1846. But his successor, Bishop Michael Anthony OCD acquired a plot of land at Jeppu, where now is Infant Mary's Convent in 1854, where a large house with a chapel was built as a residence of the Bishop and also for the seminarians. In 1870, there were 34 priests and 12 seminarians in this House of formation.

The Jesuits took over from the Carmelites in 1878, and the very first act of the new Vicar Apostolic, Msgr. Nicholas Pagani, was to reorganize the Seminary. Hence, St Joseph's Seminary came into being on 11 January 1879. During the hundred years and more of its existence, the Seminary has trained a large number of seminarians belonging to several dioceses of India. Initially started as the Diocesan Seminary of Mangalore, the Seminary became an Interdiocesan Institution when the Mangalore diocese was bifurcated into Mangalore and Calicut dioceses in 1923.

Moved with this desire to facilitate the assumption by the diocesan clergy of their rightful role in the formation of the diocesan seminarians, the Karnataka Jesuit Province through their Superior General, requested the Dicastery for the Evangelization of Peoples to be relieved of the administrative responsibility of the Seminary. Hence, by its Decree dated 15 July 1992, the Sacred Congregation for the

Evangelization of Peoples authorized the transfer of administration of the Seminary from the Society of Jesus to the Interdiocesan (Mangalore & Calicut) Board of Administration with effect from 1st June 1995. With the creation of Kannur Diocese in the year 1999 and of Udupi Diocese in 2012, the Bishops of Kannur and Udupi also were made the Members of the Board of Administration.

St Joseph's Interdiocesan Seminary hosts both, St Joseph's Institute of Philosophy (SJIP) (Affiliated to Pontifical Athenaeum Dharmaram Vidya Kshetram, Bengaluru, India) and St Joseph Institute of Theology (Affiliated to Pontifical Urbaniana University, Rome). The formation of Seminarian consists of two years of Philosophy and three years of Theology and a Ministerial year, which culminates with the ordinations of Diaconate.

This year is the 147th year of this house of priestly formation. The thrust of the year is Human Formation and it focuses its program under the motto "Learning from the Master to Serve Him in Our Neighbour."

Co-Redemptrix

The title *Co-Redemptrix* has a long and complex history in Catholic thought. It was used by many theologians to highlight Mary's unique cooperation in the work of redemption. Her assent at the Annunciation, her faithful discipleship, and her steadfast presence at the foot of the Cross were understood as real, though subordinate, forms of participation in Christ's saving mission. In this sense, the prefix "co-" was never meant to imply equality with Christ but rather a cooperation rooted in grace and entirely dependent on Him.



The recent clarification by the Church stresses that while Mary's participation is genuine, the term *Co-Redemptrix* can easily be misunderstood. Some may interpret it as placing Mary alongside Christ as a second redeemer, which would obscure the foundational truth that Jesus Christ alone is the Redeemer of the world. Because the term now requires repeated and technical explanation to prevent confusion, the Magisterium considers it pastorally unhelpful in ordinary teaching and liturgical life.

This clarification is not meant to diminish Mary's dignity. Instead, it safeguards the primacy of Christ's work and ensures the faithful grasp that all of Mary's privileges flow from Christ's unique mediation. Her cooperation remains profound, but the language surrounding it must remain clear, Christ-centered and faithful to the Church's tradition.

2.

St Joseph's Institute of Philosophy (SJIP)

(Affiliated to the Faculty of Philosophy of the Pontifical Athenaeum Dharmaram
Vidya Kshetram, Bangalore)

sjipmangalore@gmail.com; directorsjip@gmail.com

Though a two-year Philosophy Course was a part of priestly formation at St Joseph's Seminary from its inception (1879), a three year Philosophy course was designed for the Bachelor of Philosophy (B.Ph.) and was affiliated to Urban University, Rome, in 2016 for a period of five years. But with the publication of the Apostolic Constitution, *Veritatis Gaudium* (VG) for higher studies by the Dicastery for Culture and Education in 2018, a process was initiated to affiliate our philosophy course to Dharmaram Vidya Kshetram (DVK) on 13 May 2022 and it was approved by the Dicastery for culture and Education on 23 October 2023 for a period of five years (2023-2028). Most Rev. Dr Peter Paul Saldanha, the Bishop of Mangalore and the Moderator of St Joseph's Institute of Philosophy (SJIP), promulgated the decree of the said Institute on 1 January 2024.

Rev. Dr Ivan D'Souza was appointed as the Director of St Joseph's Institute of Philosophy, Mangalore, with effect from 15 April 2024 for a period of three years by the moderator of the Institute and then the appointment was officially endorsed by the Faculty of Philosophy of Dharmaram Vidya Kshetram. Currently, 9 permanent teachers and 15 non-permanent teachers serve in the Faculty of Philosophy.

The academic year begins in June and ends in March. Our academic pursuit is

to teach philosophy in such a way "that the students in the basic cycle will come to a solid and coherent synthesis of doctrine, will learn to examine and judge the different systems of philosophy, and will also gradually become accustomed to personal philosophical reflection (VG Norms, 64 § 2).

Our Institute of Philosophy aims to equip the students academically to interact with people of other religions with clarity and coherence. The successful completion of philosophical studies qualifies a student for his studies in Theology through the Baccalaureate in Philosophy (B.Ph.). The B.Ph. degree would motivate the candidates to take philosophical study seriously and help them to philosophize in a deeper way.

Permanent Teaching Staff

Francis D'Souza
Ivan D'Souza
Jenson Varghese Puthenveetil
Joseph Martis
Lilly Pereira BS
Manoj Palakkal Mathew
Maxim D'Souza
Nelson Prakash Dalmeida
Roque Victor D'Sa

St Joseph Institute of Theology

(Affiliated to Pontifical Urbaniana University, Rome)

Email: sjitmangalore@gmail.com

St Joseph's Interdiocesan Seminary stands like a mighty oak tree, firmly rooted and spreading its branches through the seasons and times, commemorating 147 years of illustrious existence. Since its inception in 1879, philosophy and theology courses have been part of the priestly formation at St Joseph's Seminary. Since 1969, St Joseph's Interdiocesan Seminary has been affiliated to the Pontifical Urbaniana University in Rome and awards the degree of B.Th. on successful completion of the theology course.

After following the prescribed formalities outlined in *Veritatis Gaudium* (VG), the Apostolic Constitution on Ecclesiastical Universities and Faculties, the Dicastery for Culture and Education granted the decree of erection of St Joseph Institute of Theology (SJIT), Mangalore, on July 20, 2023, affiliating it with the Faculty of Theology of the Pontifical Urbaniana University, Rome, and approving its Statutes. Subsequently, on 16 October 2023, the Moderator of the Institute, Most Rev. Dr Peter Paul Saldanha, the Bishop of Mangalore, formally promulgated the approved Statutes of St Joseph Institute of Theology.

St Joseph Institute of Theology (SJIT) is open to candidates for the priesthood, as well as for men and women Religious and lay faithful (Statutes, art. 2 §1). The academic degree, i.e., the *baccalaureate*, is conferred by the Theological Faculty of the Pontifical Urbaniana University. The Institute conducts its academic activities through the Department of Theology, offering a five-year cycle with two years of Philosophy for foundational courses and three years of Theology (VG, art. 74, a; Instruction, art. 14, 24). Candidates who have successfully completed graduation or its equivalent, and, in the case of a candidate for priesthood, a one-year Propaedeutic program, are admitted to philosophical studies. Theological studies extend for three years, followed by a Ministerial Year, which culminates in the B.Th oral exam, the B.Th written exam, and the eventual conferral of the degree of Bachelor of Theology.

On 14 March 2023, Fr Alexander Kalarikkal was appointed as the Director of the Institute and on 31 May 2023, Fr Antony George Pinto was appointed as the Head of the Department of Theology. The Institute has the following permanent teachers and non-permanent teachers.

Permanent Teachers

Alexander Kalarikkal (Dogmatic Theology)
 Antony George Pinto (Bible)
 John Baptist Saldanha (Dogmatic Theology)
 Milton Jacob (Bible)
 Naveen Pinto (Canon Law)
 Praveen Leo Lasrado (Moral Theology)
 Rajesh Rosario (Dogmatic Theology)
 Ronald Serrao (Liturgy)
 Vincent Sequeira (Bible)

Non-permanent Teachers

Anitha D'Souza UFS (Bible)
 Archibald Gonsalves OCD (Moral Theology)
 Arun Lobo (Psycho-Sexual Intergration)
 Charles Furtado OFM Cap. (Moral Theology)
 Deep Fernandez OCD (Spiritual Theology)
 Denzil Lobo (Canon Law)
 Dona B.S. (Feminist Perspective of God)
 Eugene D'Silva CSSR (Homiletics)
 Flavian Rajkiran Lobo (Patrology)
 Jason Pinto SDB (Pastoral Theology)
 Jencil Alva (Bible)
 Joseph Martis (Mysticism)
 Joy Painadath (Bible)
 Melroy Correa CSSR (Homiletics)
 Peter D'Souza (Pastoral Theology)
 Pius D'Souza OCD (Psalms)
 Praveen Joy Saldanha (Dogmatic Theology)
 Rohith D'Costa (Catechetics)
 Rudolph Raj Pinto OCD (Liturgy)
 Sandeep Theophil (Protestant Theology)
 Sudeep Paul MSFS (Pastoral Communication)
 Vijay Machado (Catechetics)

Jubilee 2025 is an occasion to praise God for his countless blessings and to raise hearts and minds to him in thankfulness. Our Seminary Day, as the annual day, is an occasion for us to recount the events of the year and also of the existence of the Seminary. It is a time to look back with satisfaction and look forward in hope as we are 'pilgrims of hope' on this earth as announced by *Lumen Gentium* (LG 48). The Seminary, ever since its existence, is striving to form priests for India and world at large to be *administri salutis*.

Seminary Day as the Annual Day of our Institute is a significant event in the academic year. It was celebrated on December 5, 2024, with the celebration of the Holy Eucharist in the morning and a formal programme and cultural saga in the evening. Rev. Fr Richard Coelho, Director of Father Muller Charitable Institutions, celebrated the Holy Eucharist in the morning. Most Rev. Dr Duming Dias, Bishop of Karwar Diocese and an alumnus of the Seminary, graced the occasion as the chief guest. The august gathering rejoiced at his elevation to episcopacy as he is the alumnus of our Seminary.

1. The Vision and the Mission

This house of formation, tireless in its mission of forming priests for the Church, has spelt out the vision clearly in the vision statement, that is, forming the disciples of the Crucified and Risen Lord to be prophetic proclaimers of the word, ministers of the



Fr Rajesh Melvin Rosario
Rector

sacraments and leaders of the ecclesial community. This vision is aimed at achieving this goal as stated in the mission statement, that is, to be authentic witnesses of the Crucified and Risen Lord, through prayerful listening, understanding divine revelation, acquiring profound knowledge of God, the world and human person, internalizing the values of the Kingdom of God and immersing in the pastoral and missionary experience to become integrated human personalities. The Seminary is committed to realise this vision and mission through all the activities that are organised throughout the year.

2. The Thrust of the Year: Human Formation

Forming authentic witnesses of Christ for the Church of our times is a responsible task bestowed on the Seminary. All the dimensions of priestly life are to be taken into consideration in achieving this goal. Keeping this in mind, the thrust chosen for this current academic year focuses on Human Formation. As *Gaudium et spes* says, Jesus the perfect man is our example and we need to find fulfilment of our life in

this manner. The Jubilee year 2025 gives us an added reason to understand the significance of human formation for the priestly ministry. A person who spiritually serves people should be authentically human and should be able to raise people towards the divine. In this regard, we move forward keeping the following thrust before us: "Following the example of Jesus our Master, let us reach out to our brothers and sisters."

3. Institutes of Philosophy and Theology

St Joseph's Institute of Philosophy and St Joseph Institute Theology are engaged in the academic pursuit with Rev. Fr Ivan D' Souza as the Director of Institute of Philosophy and Rev. Fr Alexander Kalarikkal as the Director of Institute of Theology. Rev. Fr Antony George Pinto serves as the Head of the Department in the Institute Theology coordinating the academic activities. We are committed to provide quality education and formation, since both the Institutes have qualified teachers as per the requirement. There are 9 permanent teachers and 15 temporary teachers in the Institute of Philosophy and 15 permanent teachers and 20 temporary teachers in the Institute of Theology. The Philosophy Institute has 29 students and the Theology Institute has 115, out of which 14 are day scholars.

4. Resident Formators and Students

A rightly motivated and authentically oriented team of formators is essential for an integral formation. The Board of Administration of the Seminary has attended to it meticulously by providing 14 resident formators who attend to various dimensions of formation.

The resident seminarians are 130 belonging to 29 dioceses of India, of whom 29 are philosophers and 101 are theologians. Among the residents, 26 are new admissions. Among the 14 day-scholars, one belongs to the Missionary Society of Infant Jesus, one to the Order of Carmelites and 12 to the Carmelites (OCD).

The following are the changes in the staff in this academic year:

a) Rev. Fr Ronald Serrao having completed two terms as Rector continues to serve on the staff. Rev. Fr Rajesh Melvin Rosario was appointed as the new Rector by the Dicastery for the Evangelization on May 19, 2025 and took charge on June 03, 2025. We remain grateful to Rev. Fr Ronald Serrao for heading this Seminary for six years.

b) Rev. Fr Jencil Alva, a priest of the Diocese of Udupi, after completing Doctorate in Biblical Theology from the Pontifical University of St Thomas Aquinas (Angelicum) has been appointed as resident formator and Professor of Scripture.

c) Rev. Fr Joswine Praveen D'Souza, formator and professor of Philosophy, having completed the probationary period has moved to Rome in June 2025 to pursue Doctorate in Philosophy.

d) Rev. Fr Naveen Pinto, who served the Seminary as the Professor of Canon Law for four years and the administrator for three years, resides at Holy Angels Church, Angelore (Mangalore Diocese) by assuming different responsibilities in the Diocese. Rev. Fr Vincent Anil Menezes has been appointed Administrator of the Seminary on June 16, 2025.

e) Rev. Fr Francis D'Souza who served as the Spiritual Director for six years is transferred to Kripa Sadhana Minor Seminary, Bajpe. Rev. Fr Harry D'Souza, a priest of the Diocese of Mangalore, has taken up the responsibility of Spiritual Director from June 2025.

f) Rev. Fr Maxim D'Souza has taken over from Rev. Fr Rajesh Melvin Rosario, the office of Treasurer in June 03, 2025.

g) Rev. Fr Milton Jacob, after completing Sabbatical year has joined the staff in November 2025. He has come to continue his assignments with new learning and fresh vigour.

Rev. Fr Ronald Serrao and Rev. Fr Alexander Kalarikkal continue to be the Human Formation Directors of the Ministerial Year and Third Year Theology respectively, whereas Rev. Fr Praveen Joy Saldanha has assumed the role of Human Formation Director of Second Year Theology, Rev. Fr Jencil Alva of First Year Theology and Rev. Fr Flavian Rajkiran Lobo of Philosophy. We remain grateful to Rev. Fr Manoj Palakkal Matthew, Rev. Fr Antony George Pinto, Rev. Fr Joswine Praveen Pinto and Rev. Fr Rajesh Melvin Rosario for being the Human Formation Directors in the previous years.

5. Priestly Ordinations

Out of the 29 deacons of the outgoing batch 2024-2025, 27 are ordained priests in their respective dioceses and provinces, while two are yet to be ordained. We congratulate the new priests and pray to Christ, the Good Shepherd, that he may bless them and make them *administri salutis*,

dispensers of salvation.

The Board of Administration of the Seminary has decided on a policy-change regarding the diaconate. The longstanding custom of the Seminary to ordain them deacons in the Seminary is altered and this year onwards they are ordained deacons in their respective dioceses and provinces. In the present batch of the Ministerial Year, 23 are already ordained deacons in the month of October and November, while others will be ordained in the following months.

6. Faith formation for the Laity and the religious

Empowering the laity for the effective ministry and service in the Church is the need of the contemporary Church. In order to achieve this objective, our Seminary is organizing faith formation classes on various theological topics to the laity and religious. This year, we organize courses every fortnight from Monday to Friday in the evenings in Konkanni and English on Scripture and Sacraments in order to help the faithful understand the theological and spiritual richness of Word of God and sacramental theology.

7. Special Lectures

Study sessions are indispensable in the Institutes of higher education. We do organize them in order to enrich the staff and students with new themes on academics and formation.

a. "Psychological Issues in Priestly Formation: A Way through Integration" was held on January 9, 2025, animated by Rev. Fr Joyson Vaz, SJ on understanding challenges in formation.

- b. The Philosophical English Academy organized a study session on January 22, 2025, on the theme, "The Role of Leaders in Shaping Skilled Youth," animated by Dr Alwyn Misquith, Assistant Professor at St Aloysius Deemed-to-be University.
- c. A Debate Session was organized for the students of Philosophy in collaboration with the students of the School of Social Work Roshni Nilaya, Mangalore and the Chair in Christianity of Mangalore University on January 27, 2025.
- d. The Late Bishop Basil Memorial Lecture: On February 13, 2025, on the theme, "Anchoring Our Hope in Christ" and Rev. Dr Ratan Almeida, OCD was the resource person.
- e. The Philosophers had a lecture on "The Story of Us: Mapping Faith through Memories and Media," by Mr Vincent D'Souza, journalist and Editor of *Mylapore Times*, on June 28, 2025.
- f. "Towards a synodal Church", an enlightening session by Rev. Dr Praveen Joy Saldanha on July 24, 2025.
- g. Mission Symposium was held on October 16, 2025, wherein we discussed the "Current challenges of Mission" facilitated by Rev. Dr Antony Lawrence, Bangalore and moderated by Rev. Dr Michael Santhumayor.
- h. Mangalore Christian Council in collaboration with St Joseph's Interdiocesan Seminary and Karnataka Theological College, Mangalore, organized a session on the Council of Nicaea to mark 1700 years of the

Council on November 11, 2025 at Karnataka Theological College, Mangalore. Rev. Fr Alex Kalarikkal presented a paper on "Nicaea: A Council that Shaped the Ecclesial Faith."

- i. The final year students of St Joseph's Institute of Philosophy along with the Director Rev. Fr Ivan DSouza participated in the seminar organised by Philosophy Faculty of Dharmaram Vidya Kshetram, Bangalore on the occasion of World Philosophy Day on 20 November 2025. The event centred on the theme "Horizons of Hope: Building a Shared Future for Humanity and the World."
- j. Rev. Fr Alexander Kalarikkal and Rev. Fr Rajesh Rosario participated in the International Conference on affiliated Institutes organized by AVEPRO, Vatican in the University of Santo Tomas, Manila in Philippines on 25-26 November 2025.

8. Pastoral Formation through Parish Exposition Program

Priestly formation includes constant interaction with people. Since priestly ministry has great challenges, seminarians are formed to understand them and to respond according to the need of the hour. In this regard, pastoral ministry is a great help. Seminarians go to 20 parishes and 25 institutes of social service for ministry on Sundays. All theologians go to parishes and minor seminaries for ministry, whereas philosophers go to orphanages and destitute houses to serve them.

Seminarians' Jubilee: In the Year of Jubilee 2025, we celebrated the Seminarian's Jubilee on July 24, 2025. Since 2025 is the Jubilee Year, it was commemorated by the celebration of the Seminarian's Jubilee in Our Lady of Holy Rosary Cathedral, Mangalore. The entire community moved toward the Cathedral and the solemn entrance procession began at 9:30 a.m. The celebration included a session on synodality by Rev. Fr Praveen Joy Saldanha. The Jubilee Mass was celebrated by Rev. Fr Wilfred Prakash D'Souza, Director of St Joseph's Engineering College, Vamanjoor, and the event concluded with a festal meal, marking a day of great joy and fraternity.

Laudato Si' Day: Care for our common home is our bounden duty. We inculcate this thought in everyone in our formative programme. It was observed on June 26, 2025, with the celebration of the Eucharist focusing on the theme and spending quality time in working in the campus taking care of the surroundings, plants and trees. We also planted saplings and continued to take care of them thereafter. Again, we joined hands with the members of Varna Trust in planting saplings on Netravati river basin as part of the soil erosion project. 17 seminarians rendered their service on August 26, 2025 in planting the saplings.

Laudato Si' Ecological Exposure Programme at Kanthavara Forest, Moodbidri Taluk was organized on August 21, 2025 in collaboration with Catholic Association of South Kanara (CASK Centenary Trust). About 60 seminarians along with three staff members participated

in it and realized the necessity of taking care of flora and fauna.

Ministerial Year: With the promulgation of *Ratio Fundamentalis* of 2016, Seminary takes up the responsibility of pastoral formation of the seminarians in the Ministerial Year, that is the fourth year of theological formation. A semester is dedicated to various pastoral courses and a semester is dedicated to pastoral ministry in their respective dioceses and provinces. In the month of February, they will return to the seminary to share and evaluate their pastoral experience.

9. Visit of Dignitaries

St Joseph's Interdiocesan Seminary is visited by many people during the year, especially by ex-alumni and groups from various parishes which provide an opportunity to sow the seeds of vocation in young minds. We were fortunate to have extraordinary persons visiting us:

1. Mar Sebastian Adayanthrath, Bishop of Mandya on July 30, 2025.
2. Bishop Augustine Madathikunnel, Bishop of Khandwa on October 30, 2025.
3. Bishop Joseph Puthenveetil, Auxiliary Bishop of Faridabad Eparchy on November 7, 2025.

10. A Word of Gratitude

We are able to carry out the mission of priestly formation through the blessings that we receive from the Almighty God. We are grateful to His mighty hand that guides us. The intercession of St Joseph, our patron, and Blessed Virgin Mary sustain us in this mission. We are indebted to the Chairman and the members of the Board of

Administration for their guidance, suggestions and encouragement. We remain indebted to our benefactors, both abroad and local, especially the following:

1. The Dicastery for the Evangelization
2. Mission Aid Societies in Netherlands and Germany
3. The Pontifical Society of St Peter the Apostle (POSPA)
4. The Board members and executors of Travaglini Trust, U.S.A.
5. Caritas, Prague, Czech Republic through CODP, Mangalore
6. Archbishop Leopoldo Girelli, the Apostolic Nuncio to India and Nepal
7. Mr Michael D'Souza & Family, Dubai
8. Burse Benefactors and well-wishers of the Seminary.

The work of formation is smoothly

going formation due to the generosity of our benefactors. We remain grateful to their constant support and prayers.

I remain grateful to the staff and students of the Seminary for their dedicated service and wholehearted cooperation in our common mission. I thank all the visiting teachers for their service. I am grateful to the auxiliary staff for their valuable service in the formation of future priests. We appreciate the services of the medical team of Father Muller Hospital for attending us promptly.

As a conclusion, I express my gratitude towards all who cooperate with us in the mission of forming future priests. Though it is a challenging task, it is smooth going wish to appreciate and thank all of you for good will towards the Seminary. I seek your invaluable support and cooperation in the future.

God's Perfect Plan it was

God created the World
So beautiful, so bright
God's perfect plan it was
To create universe
as perfect as He was

God created the Order
So calm, so right
God's perfect plan it was
To create everything good as
He Himself was

God created Man
In similar likeness, in similar light
God's perfect plan it was
To create something very good as
His own Image was

God created All
And something envied this all
God's perfect plan it was
To put this evil under the Cross



Bro. Prinston Dsouza
III Theology

5. Learning from the Master to Serve Him in Our Neighbour

Most Rev. Dr Peter Paul Saldanha, Bishop of Mangalore and Chairman of the Board of Administration of the Seminary, addressed the staff and students on the occasion of the inauguration of the Academic Year 2025-26 on 3 June 2025 on the thrust of the Year Human Formation. This is the text of his address.



We are at the beginning of the academic year 2025-26. The ordinary Jubilee 2025 invites us to be pilgrims of hope during our earthly journey. The members of this house of formation are called to live this pilgrimage during this academic year focusing on the Human Formation, one of the pillars of priestly formation. This goal will be achieved focusing on the theme: “Learning from the Master to Serve Him in Our Neighbour.”

The Necessity of Human Formation Today

The situation around us is gloomy with violence taking place and blood being spilled. Pre-planned murders and destruction is diabolic. These kinds of situations are on the increase even at the global level. Conversely, there is also the other reality of people who are ready to lay down life for others. We have many saints who sacrificed themselves. For example, the Saints of day, Charles Lwanga and companions, celebrated on 3 June. St Charles, for boldly practicing the virtues of Catholic faith, was condemned to death by burning through the order of King Mwangi in Uganda. To the executioners St Charles asked that he be untied so that he

could also join to prepare the pyre and later he laid down on it. High human and moral values were upheld by Charles Lwanga.

A priest is sent to this kind of contrasting situation and he has to serve in adverse situations, showing that he belongs to Christ and to the Church. A priest shows his identity through his attire that he belongs to the Church and stands for the values of the Gospel. A priest is not his own. He belongs to Christ and his people.

While modern society counts on abilities of individuals, their specialisation and calibre, productivity and usefulness, the Church, the family of God, goes beyond utilitarianism and gives importance to charism and relies heavily upon human qualities. This is true in the case of ordained ministers because they give spiritual leadership to build communities filled with human values. Realising its importance in the life of the Church, Pope John Paul II emphasized in his Post-Synodal Apostolic Exhortation *Pastores Dabo Vobis* saying, “The whole work of priestly formation would be deprived of its necessary foundation if it lacked a suitable human

⑪ formation” (PDV 43).

Our whole life as a priest is connected with human persons: We are called to form them, instil faith in them, heal their wounds in the sacrament of reconciliation and anointing of the sick, and personal presence, console them in their difficulties and struggles, and exhort them to live the values of the Gospel. Having such a great responsibility, we as priests should possess all the human qualities like love, compassion, mercy, patience, affective maturity, non-judgmental attitude and accepting all people. We should be capable of understanding “the depths of the human heart, perceiving difficulties and problems,” and become a compassionate pastor to them radiating the light of Christ the supreme pastor (PDV 43).

Think of any priest who had some influence in your life, from baptism, first communion and later catechesis, confirmation etc. A priest, a shepherd of God's people, is born in a family, brought up in a particular culture, educated in a particular system and lives in a society which changes every day. A priest, as a pastor of the Church and minister of divine mysteries goes beyond particular culture, context and community, and becomes universal in his approach and outlook. With his higher vocation to be a shepherd, he is called to be catholic, that is, to embrace everyone. He is a shepherd of all the people – educated and non-educated, rich and poor, young and old. As we know, our communities are becoming universal in thought and approach. A society which is featured by migrations does not hold on to the age-old system of

homogeneity. If we do not embrace universal values and become more humane, filled with human qualities, the gospel will not incarnate in our world today.

Need of Building A Humane Society

Though human person is at the centre of society, we observe in the society that due importance is not given to uphold the sanctity of human person. Human selfishness creeps in all the areas of life. A society featured by individualism concentrates on personal gain without paying any attention to values. The Church calls upon the world to respect every human person and protect everyone's rights and this task should be carried forward by her members, especially by the ordained ministers. Think of the situations these days, where sex trafficking and drug mafia is taking hold of the people and even young children are lured into prostitution without even knowing the consequences of it. Human beings are losing values and used as commodities. We as messengers of Christ are called upon to bring the people to recognize the dignity of each and every person. Pornography and immoral videos are destructive of a society which needs to grow in harmony and peace.

The revolution in social media has brought the whole world closer and yet a great distance is created between neighbours. People prefer virtual relationships at the cost of real and genuine relationships. Egocentrism estranges one from the other without genuine love and care. People suffer alone though surrounded by many. The ministry of a priest in such a

society and particularly in an ecclesial community is challenging. Loneliness is eating up the joy of the heart. Many times, even in families, people feel loneliness, especially the elderly and sick. They need our care and concern. Children too isolate themselves behind the screens and no genuine and stable relationship is built up.

The ministry of a priest becomes challenging in the post-modern era. To be effective in preaching the Gospel, a priest needs to inculcate human and gospel values within oneself. This task begins at the initial stages of formation and intensifies during the stages of Discipleship (philosophy) and Configuration (theology) and Pastoral Synthesis (diaconal ministry), so that anointed by the Holy Spirit at the time of ordination to the priesthood, a priest acts *in persona Christi*, not only in the order of grace, but also in his very nature. It is said grace builds on nature. St Thomas Aquinas said: "Grace presupposes nature and perfects it". Nature refers to the inherent qualities, capacities and potential of human beings, such as reason, free will, and ability to love and act morally. Human nature is the platform, the *humus*, upon which grace operates. Grace is the supernatural help from God that elevates human nature, enabling individuals to achieve spiritual ends, such as intimate relationship with God and others, which they could not attain by natural abilities alone. Therefore, author of the Letter to the Hebrews states, "Every high priest chosen from among men is appointed to act on behalf of men in relation to God" (Heb 5:1). Being himself vulnerable, he

knows how to be compassionate towards the weak. He affirms the human character of the minister of the Church, who comes from the human community (PDV 5).

Pope John Paul II in the same exhortation speaks of affective maturity in priestly ministry. A priest should be a balanced person to accept oneself and others. A healthy and mature individual has the ability to remain content, perform required tasks, manage the stress of life, and thereby he contributes to increased productivity. Maturity of a person brings about self-awareness, acceptance of one's psycho-socio-sexual-spiritual history, capacity to deal with solitude, ability to listen, to trust and to be trustworthy to the satisfaction of others. To attain emotional maturity one has to take keen interest in understanding the depth of one's person and the basic drives that are deep-seated within oneself.

A society featured with egocentrism tries to exalt itself and finds hard to practice the commandment of Christ, "Love one another as I have loved you" (Jn 13:34). A priest, who is called upon to live this commandment in letter and spirit, can make it a reality when he is able to deal with himself and relate to others maturely, thereby he is able to overcome egocentrism and concentrate on altruism.

Shepherds After The Heart of Jesus

"I will give you shepherds after my own heart" (Jer 3:15). God considered himself to be the shepherd of his people in the Old Testament. Jesus taught the people that he is the shepherd who is compassionate and loving, who knows his sheep and calls

them by their name (Jn 10:11-14). Compassion, mercy, love, forgiveness and healing are the characteristics of this shepherd who lays down his life for his sheep. The divine shepherd is full of human virtues and chooses shepherds for his people and invites them to be filled with compassion like him, to give a helping hand to those who are heavily laden and burdened (cf. Mt 11:28). In attending to the needs of the sheep, the Shepherd will seek the sheep, and gather the scattered; he will rescue them from all dangers of darkness, he will bring them to their own land, he will feed them, with good pasture, and make them lie down in good grazing land and rich pasture, he will bind the injured, will strengthen the weak, and feed them with justice (cf. Ezek 34: 11-16). The true shepherd will feed them with knowledge and understanding (Jer 3:15).

This imagery of the Shepherd is truly insightful to understand what human formation would mean. Jesus Christ, the incarnate Son of God, to whom priests are called upon to configure themselves, is the best model to be the “images of Christ”. Imitating Jesus helps a seminarian to be like Jesus. When the virtues of obedience, compassion, unconditional love for the needy, patience and forgiveness are inculcated, a candidate to priesthood is able to imitate Christ in thought, word and deed. It should begin with one's love for the neighbour who is in difficulty. The kenosis or self-sacrificing love, which Jesus lived in his life, is the foundation of human qualities. A priest or priest-to-be should learn 'compassionate availability' from Jesus. His

approach to the Samaritan woman (Jn 4:7-14) and to the woman caught in adultery (Jn 8:1-11) is significant to understand the human qualities. He volunteered to console the widow of Nain, not through words alone, but through the marvellous gesture of bringing her dead son to life. Luke states, “When the Lord saw her, he had compassion on her and said to her, 'Do not weep'.” (Lk 7:13). Apostles were trained in the school of Jesus to be compassionate pastors for the people. When we grow in the school of Jesus, we—who are called to be humane pastors for the people—can be formed according to his heart.

When a priest or a seminarian shows his identity as belonging to the Church and Christ, he will face opposition and may have to bear with insults. Christ was hated and so are his disciples. However, we are not called to be reactive, but pro-active, by facing the situation in a creative way. Realising its importance, Pope Francis taught that candidates to priesthood “are 'diamonds in the rough' ready to be carefully polished with respect for the conscience of the candidates and with patience, so that they may shine among the People of God. Formation is therefore not a unilateral act by which someone transmits theological or spiritual notions... The formation offered by Christ to his disciples came rather as a 'come, and follow me,' 'do as I do.'” As we know that the seminarian himself is the first agent of formation, he can learn to be pro-active to deal with people and situations during his ministry at the foot of Christ in the school of the Gospel, thereby 'diamonds in the rough'

can be transformed into shining jewels to be adorned on the altar to celebrate divine mysteries. He needs to be hardened and strengthened in the rough weather of life.

It is true that the priest is a dispenser of divine mysteries, but the divine grace received in the sacrament of ordination does not substitute his human nature. Human beings are ordained for a fulfilment which is higher than their nature. However, the grace of the sacrament of orders does not substitute the nature. A priest should make every effort to transcend himself and transform his nature in order that the sacramental grace may operate in him at a higher level.

We not only act *in persona Christi capitis*, but also manifest human concern with which Christ cared for the people. Jesus as the perfect man teaches us to be humane and compassionate towards others. *Gaudium et spes* teaches that Christ “entered the world's history as a perfect man, taking that history up into Himself and summarizing it. He Himself revealed to us that 'God is love' (1 John 4:8) and at the same time taught us that the new command of love was the basic law of human perfection” (GS 38). Therefore, we learn from our Master how to be a perfect human person by overcoming all the imperfections. Fr Joe Mannath states, “The purpose of religion or spirituality is not to restrict or kill our humanity, but to make us more deeply human, more alive, more creative.” Human formation in the seminaries implies that a seminarian deals with his difficulties and imperfections sincerely and seriously. You, dear seminarians should make use of the internal

forum and the external forum to know yourselves better and to take appropriate measures to amend your ways wherever required, so that you are able to create space for inculcating gospel values in yourself. All this aims at becoming persons of integrity, right judgment and appropriate disposition in one's relationship with people. Remember, the Spiritual Fathers here keep the confided secret with the utmost care and they never speak out about what you shared during your spiritual direction.

Dear Brothers, take spiritual direction seriously; let it not become a peripheral description of events, but authentic examination of your entire person. You should reflect on the words of St Paul to the Philippians: “Whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence, if there is anything worthy of praise, think about these things” (Phil. 4:8). Meditating upon these things will help you to become like Christ, the Perfect Man.

In an era of social communication, establishing authentic relationships based on Christ's commandment of love to serve the people of God is the need of the hour. A priest as a leader of the community should be a mature 'man of communion.' Overcoming personal traits of being arrogant or quarrelsome or egocentric (PDV 43) is necessary and the process should begin right now, and should be carried on faithfully in the ongoing formation of priestly life. Thus, a priest becomes a man of communion, incarnating the love of God in the world in

his own person.

Remember, people will remember you lovingly and gratefully for your kindness and compassion. They may not remember what your educational standard was, or how many edifices you have built. They will certainly cherish the moments you accompanied them during the times of their joy and grief. The opening words of the Document *The Church in the Modern World (Gaudium et Spes)* in a summary form

attunes us to this disposition: “The joys and the hopes, the grief and the anxieties of the men of this age, especially those who are poor or in any way afflicted, these are the joys and hopes, the grief and anxieties of the followers of Christ. Indeed, nothing genuinely human fails to raise an echo in their hearts” (GS No.1). Please, write your names on the hearts of the poor and suffering humanity.



Pope Leo XIV's Message for Mission Sunday 2025

In his address for Mission Sunday 2025, Pope Leo XIV offered a concise and stirring vision of the Church's missionary identity. Emphasizing that mission begins in the heart before it ever reaches a distant shore, he stated that “the Gospel walks best on ordinary feet.” With this phrase, he underscored that every Christian, regardless of role or location, shares in the task of carrying Christ's message through daily actions marked by integrity and compassion.

The Pope cautioned against a narrow understanding of mission, saying that the Church must avoid becoming “a circle closed around its own certainty.” Instead, he called for a renewed outward movement, shaped by attentiveness to the world's sufferings and hopes. Mission, he explained, is first an act of listening: listening to the cries of the poor, the questions of the young, the loneliness of the elderly, and the quiet needs present in every community.

He further reminded the faithful that the missionary spirit cannot be separated from charity. “Proclamation,” he noted, “must be accompanied by a tenderness that heals.” His message framed mission not as a dramatic endeavour but as a steady, patient participation in God's work. He affirmed that it is an invitation to rediscover this simple but demanding vocation.

Rev. Fr Alphonsa D'Lima, once the Spiritual Director of the Seminary, now a retired priest of the Diocese of Udupi, reflects on human relationship through friendship and love. He gives a clarion call to love in amity and affinity in this era of digital connectivity.



We have many relations

Let us call him Mr Peter. Having got down from the bus he was on the road homewards. At a distance he sees people crowding on the road. He could sense it was a case of accident. Yet he did not rush to that place. He had to go to bakery to buy eatables for his two little grandchildren. He leisurely went to bakery did the purchasing and walked towards the place of the accident. He said to himself 'someone must have been fatally injured by a running vehicle'. Then he heard a cry that was rather familiar to him. He pushed aside the crowd and pushed himself in. It was his own wife! Imagine the feelings of Peter before and after he recognizes the person as 'my wife'. Now for Peter she was not 'someone'. She was 'my wife'. (This incident took place at Kota seven days before I took charge as parish priest there).

As our earth is surrounded by many satellites so we are surrounded by

many and various types of relations. Among them all, 'my wife' (my husband) is surely the most intimate one. Thereafter come my mother, my brother, my neighbor, my friend and the list could go long. It is not by chance such a long list exists. It is because to be is to-be-related.

To be related

This phrase 'to be is to be related' is attributed to philosopher G.W.F. Hegel, through it is not found in any of his written texts. The phrase is said to summarize his entire philosophy. If we recognize man/woman as a social being, the issue of relating logically would take the prime place. Our experiences in daily life authenticates this truth. So we would do well to do some cognitive search here even for our spiritual advantage.

Where exactly lies the weight of this phrase? Hegel was observing his contemporaries chasing their life targets and their targets were mostly: to be rich, to be learned, to be powerful etc. People would go through long academic studies,

acquire great degrees and spend money, time and energy to pursue such targets. To such people Hegel even as a philosopher seems to raise a prophetic voice and proclaim 'to be is to be related.' Surely the people have already walked a long tiring road in pursuing their targets. Now they would be required to do a lot of unlearning before they could begin a new path towards a meaningful and fruitful life. We and our contemporaries are not much different from those people. May be his prophetic voice is more relevant to us. So we would do well by learning from his gospel of relatedness and then preach it to others.

Social friendship

This article is basically inspired by '*Fratelli Tutti*' encyclical letter on fraternity and social friendship by Pope Francis, 2020. *Fratelli Tutti* means 'we the brothers. Here Pope calls us for a love that transcends the barriers of geography and distance. We in this article would like to present 'to be is to be related' as an effective tool in realizing the desired goal.

Social friendship is a rather new term in Church documents. It would manifest that the desired integration of peoples is not to be left in the hands of governments or any civic authorities alone. We so called ordinary people are called upon to be a part of the job. Friendship is something nice and joyful.

But popularly friendship smells exclusivity and separateness. The encyclical would seem to give it a new version making it a tool for uniting peoples and tribes. To enable us to get into the field the document wants us to work on the dimension of relatedness.

Digital connectivity

When the topic of relatedness comes the modern generation immediately would remember their mobiles and all the digital tools for the purposes of connecting. This document however would remind us to make a clear distinction between connectedness and relatedness. It says, "Digital connectivity is not enough to build bridges. It is not capable of uniting humanity" (No. 43).

It says the culture produced by digital tools "unifies the world but divides persons and nations for as 'society becomes even more globalized it makes us neighbors, but does not make us brothers'" (No. 12). This quote is also found in encyclical letter '*Caritas in Veritate*' by Pope Benedict XVI, 2009. Why such a corrective tone? Because "they lack the physical gestures, facial expressions, moments of silence, body language and even the smell..." (No. 43). So, we are on a mission of relationship, not just of connectivity. This mission in the pastoral field would have many implications. "For this reason, it is important that catechesis and preaching

speak more directly and clearly about the social meaning of existence, the fraternal dimension of spirituality, our conviction of inalienable dignity of each person...’ (No. 86).

St. Mary Euphrasia Pilletier, the foundress of Good Shepherd Sisters (R.G.S.) said, “One person is more important than the whole world”. All these references speak so highly of relating with individuals face to face. A survey made among the students in universities of Wurzburg and Nottingham Trent revealed that 37.4% of the participants rated their phone as more or equally important in relation to their close friends (Do it Today, by Darius FoRoux, 2020, page 51). Such a value system surely does not correspond to a Christian culture having love as the first commandment.

Love as a command!

Jesus as seated for the inauguration of Eucharist said, “And

now I give you a new commandment: love another. As I have love you, so you must love one another” (John 13:34). If to be is to be related, loving would come most naturally to humans as flying comes most naturally to birds in the air. Jesus was giving us the command of love not to burden our lives but to facilitate our innate craving for relating with the other. Love is only a heightened form of relating.

In recent years church has given muscles to this great gospel of relatedness by promoting Basic Ecclesial Communities. Christians in parishes come together regularly, they relate with one another. They discover the Supreme Other in discovering the others particularly in the neighborhood. Because they know that no one is saved alone (*Lumen Gentium* No. 9) After all we are children of Trinity, a God, unity of three persons. So it is but natural that we hold on to a faith, 'to be is to-be-related'.

*May each of us grow in these four relationships — with God, with others, with nature and with ourselves — through a constant attitude of conversion. Integral ecology thrives on all these relationships. Through our commitment to them, we can grow in hope by living out the interdisciplinary approach of *Laudato Si'* and the call to unity and collaboration that flows from it.*

Pope Leo XIV



Rev. Dr Antony Pinto is a priest of the Diocese of Mangalore and currently is the HOD of St Joseph Institute of Theology.



Introduction

Our faith expression of God varies from the totally distant and powerful God to the very close and vulnerable one. The Bible contains different titles of God, like, God almighty (*El Shaddai*: Gen 17:1), Great God (*Elohim*: Gen 1:1) and Lord (*Yahweh*: Exod 3:14-15). These names of God stand for his twofold nature: transcendent and immanent. By way of transcendence, God is seen as totally other, distant, holy, all powerful, omniscient and omnipresent (Gen 2:4; Isa 6:1-6; Mk 1:9-11). But the immanence of God refers to his nearness and closeness to human beings and to all creation (Ps 139:7; Jn 3:16). The Old Testament as well as the New Testament contains narratives and expressions which are dialectically conveying the divine and human face of God. In this article, the focus is on the human face of God.

Human Face as the Symbol of the Visible Presence of God

In the Old Testament the visible presence of God is reflected in the Hebrew

plural noun *panim*, which is translated in the singular; *panim* means, *front* or *anterior* or *surface* or *face*; the verbal form of *panim* means, *to turn to*, or *to take lead*. The word *panim* is closely attached to the different features of human person. Among the various occurrences of *panim* in the Hebrew Bible (2126 times), a tenth of them are associated with objects; more than half are associated with human beings and anthropoid beings (like the cherubim and seraphim); and somewhat more than one-quarter of them refer to Yahweh. With regard to humans, *panim* has, on the one hand, the actual meaning of the *face* or the *front side* of the human body; on the other, in its extended meaning, it also signifies *person*. Face is the centre of different expressions of physical, as well as, emotional moods and psychological attitudes; it is the mirror of the soul (Sir 13:25). Face expressions communicate diverse emotions, feelings and thoughts; one may show a gloomy face (Gen 40:7; Neh 2:2), or an angry look (Prov 25:23), or a

sorrowful or a somber face (1Sam 1:18), or a bright face to show joy and well being (Prov 15:13; 16:15), or a shameful face (Jer 7:19; Ps 44:16 Ezr 9:7; 2Chr 32:21), or a hard or shameless face (Prov 7:13; 21:29; Jer 5:3; Ezek 2:4). Setting one's eyes or facing upward, is a sign of joy, cheerfulness, good fortune and assurance; by turning the face, man is able to see on all angles; besides, the face also facilitates man to be seen from all angles. Thus, through seeing and perceiving through the senses, renders *panim* as central to the knowing and relational dimension of a person; in fact, it stands for the entire human person.

In the Bible there are several instances of a physical nearness of human persons, which are used figuratively to describe the relationship between God and human beings. For example, in Gen 32:31, Jacob calls the name of the place *Peniel* because he saw God face to face. Similarly, in Exod 33:11, Yahweh speaks to Moses face to face and in Deut 34:10; Ezek 20:35: Yahweh Elohim is entering into judgment with the house of Israel face to face. Also, *panim* is often used with various prepositions: for instance, *in front, before*, is used in expressing location in movement (Exod 19:7), or in a military sense (Lev 26:37), or in temporal sense (Gen 13:10; Num 13:22; Deut 33:1).

In Exod 33:12-17, *panim* occurs three times: first, *my face*, in Exod 33:14; and, second,

your face, twice in Exod 33:15. In both of these occurrences, *panim* is the subject of the sentence. In the cultic sphere, *panim* carries a metaphorical meaning; thus, *seeing the face of Yahweh*, meant entering the sanctuary, a cultic term which denoted God's gracious presence and his help. The cultic sense of *panim* may have derived its meaning of from *Shekinah* (*dwelling, habitation*), which may have rendered *panim* as a synonym of *presence*; it refers to the self-manifestation of the transcendent God in his Ark; when the Ark moved into the temple, God manifested his glory (1Kgs 8:11).

In the context of the covenant relationship between Yahweh and Israel, God's leading and guiding presence was absolutely necessary for the survival of the people; the absence of the divine presence threatened their very existence. After the worship of the golden calf in Exod 32, and the consequent punishment, forgiveness and renewal of the covenant in Exod 33, Yahweh reveals his dynamic leading presence through the image of his face (Exod 33:14). The Greek word for the Hebrew *panim* is *prosopon* in the Septuagint (indicated by LXX; it is the Greek translation of the Hebrew Old Testament); it stands for either the concrete and the physical sense of the face, or the personal sense. The physical sense which means *face* or *countenance*, carries with it an anthropomorphic presentation of Yahweh (Exod 33: 20, 23), through which the

concrete and physical sense of the face or the countenance is taken into consideration; it also stands for being *in front* (Exod 33:11, *face to face*). The personal sense of *prosopon* is in the abstract form, which means, *myself* (Exod 33:14, 15).

The Dynamic Presence of God in the Combination of his Face with his Walk

As an idiomatic expression, *panim* stands for the divine closeness and guidance to the people on their journey towards the Promised Land. The combined expression of *panim* (*face*) and *holek* (*walk*) in Exod 33:14, 15, therefore, changes the people's impersonal image of the divine presence (Exod 32:1-6) to the personal, as well as, relational image, which dialectically unfolds itself as personal, as well as, mediated. The Hebrew verb *holek* with the noun *panim* signifies walking before God in the context of covenantal promise and blessing (Gen 17:1; 1Kgs 2:4) and also walking with God is the privilege granted to persons like Enoch and Noah and Levi (Gen 5:22; Mal 2:6); in Noah's case, it's a privilege for having walked uprightly and for having pleased God, and for Levi, it's for fulfilling covenantal obligations (Lev 2:4-5); for prophet Micah walking with God is to act with justice and loving kindness (Mic 6:8). 3) Walking in the ways of Yahweh signifies hearing and obeying his voice (Deut 26:17), following his commandments (Deut 5:33; 8:6), fearing, loving, and serving Yahweh,

(Deut 8:6); thus, leading life as a journey towards life's goal. The covenant obedience as the way of life reflects the Deuteronomists concern.

Yahweh's going or walking, is an anthropomorphic presentation of his activity in movement; he walks in the Garden of Eden (Gen 3:8), visits Abraham (Gen 18:33), and goes to the clouds and walks in heaven (Ps 104:3; Job 22:14); as opposed to the gods, Yahweh is able to walk (Ps 115:7), and righteousness goes before him (Ps 85:14). Yahweh's walk or movement signifies his sovereign power (Zec 1:10-11); Yahweh's leading the people has a military connotation in Deut 1:30, 33, and his divine coming is either to help the people when they were in need, or to punish them when they faltered. Yahweh leads the people from Egypt to Mount Sinai in the pillar of cloud and in the pillar of fire (Exod 13:21), and through his angel (Exod 14:19); as he leads his people, he is either in front or in the midst of the people. Yahweh's going signifies his dynamic and personal presence itself (Exod 33:14). Yahweh leads his people, as the people also walk after him and also with him. The obedience of the people to Yahweh's commandments showed the people's walking in correspondence to Yahweh's accompaniment; their disobedience was considered as going backward or away from Yahweh, which resulted in the negative consequences such as the withdrawal of the

divine presence and the rupture of the covenant (Exod 32:1-6). The people of Israel considered their way of life, both, individually, as well as, in community as following after Yahweh.

God's Face of Compassionate Love

The Hebrew word *rahamim* stands for the tender mercy and compassion of God. This word flows from the womb of a woman and refers to the seat of one's emotions (Gen 43:30) or the expression of one's deep emotion (1Kings 3:26). It recalls in various situations that God's tender-mercy is rooted in his free love and grace. God's mercy is often combined with his loving kindness (*hesed*) and grace or unmerited favor (*hen*). God's anger and wrath are the opposite of his loving mercy (Deut 13:18). In times of captivity (esp. the Babylonian exile, Dan 9:18) Israel is summoned to repentance on the grounds of God's fatherlike compassion (2Chr 30:9). The Psalmist often beseeches God for expressions of his tender mercies to relieve his distress (Ps 51:1) or confesses that undeserved relief is due to God's tender mercies and grace (Ps 103:4). The people of Israel are to witness God's unconditional and unbroken love and care (Hos 2:19).

God is very closely associated with and related to Israel. He is full of love and compassion for them. The immanence of God to His people is expressed, most clearly, in the symbolism of conjugal love. Yahweh is wedded to His people Israel. This intimate

love and affection, expressed in the symbol of 'marriage between Yahweh and His people' is one of the most touching and most characteristic elements of the prophetic message. Particularly Hosea and Jeremiah depict the relation between Yahweh and his people in the allegory of wedded love (cf. Hos 2). Ezek 16) is a touching expression of God feeling for the people. This allegory adds note of intimacy and love. The whole history of Israel is described in this light The nation which is born and chosen as lover, becomes Yahweh's spouse, and sins by becoming prostitute or a faithless bride by loving other gods.

Another imagery which expresses God's immanence to the people is the parental love. God presents Himself as the parent of the people of Israel, emotionally bound with them. Isa 49:15: "Can a woman forget her nursing child, or show no compassion for the child of her womb? Even these may forget, yet I will not forget you." Hosea 11:1-4 – the image of a 'father' is implied.

A couple of other passages that very powerfully bring out the immanence and consequently the love of God are Isa 49:16, "See, I have inscribed you on the palms of my hands."; Isa 54:10: "For the mountains may depart and the hills be removed, but my steadfast love shall not depart from you."

The Angry Face of God

The divine image of the face, through which the dynamic divine presence comes into force, also may have negative consequences; this is true in the Lam 4:12-22. Lam 4:6, 13 and 16, describe the affliction of Israel through two key substantives : a) iniquity, guilt, punishment (*aon*), and b) sin, sin offering (*hatah*). Both these substantives are judgmental in nature; Lam 4:6 is a reflection on Lam 4:3-5, which describes the affliction of infants and children in Jerusalem; the guilt and sin of the Jerusalemites is considered greater than that of Sodom; Lam 4:11 is a conclusive argumentation on the judgment over the destruction of Jerusalem. The concepts of 'guilt' and 'sin', which flow from Lam 4:6, and which carry forth the judgment of God, are now associated with the three important groups of religious leaders of Jerusalem in Lam 4:13 and Lam 4:16: 1) the prophets, 2) priests and, 3) elders. The key verses in Lam 4:6, 11, 13, 16, are considered to be reflective in nature over the historical affliction on Jerusalem and are anchors for the construction of Lam 4.

What captures the attention of the reader here, is, that the affliction comes not from any outward or inward enemy, but from Yahweh himself. The prophets, priests and elders are the targets in Lam 4; these three categories of leaders who were mainly involved in the service of Yahweh and the

people, such as, the priestly service in the temple and the prophetic messengers, and governing the people as elders, had failed in their duties. The fault of the prophets was seeing false and deceptive visions (Lam 2:14; also cfr. Lam 2:9, 14, 20; 4:13); and the common sin of the priests and the prophets was shedding the blood of the righteous (Lam 4:13). The failures of the prophets, priests, and elders to fulfill their responsibilities led to their destruction, which came through by the very hand of Yahweh himself (Lam 4:16). Because, the killing of the just people was a perversion of their mission; the seriousness of the grievance was such that, the crime was committed in the heart of the holy city of Jerusalem by those persons who were supposed to be bearers of Yahweh's message to the people (Lam 4:13). The failure of the prophets and the priests of Jerusalem to carry out their responsibility of communicating Yahweh's revelation to the people and to proclaim the message of Yahweh to them, led to the fall of Jerusalem (Lam 2:14). The accusation against the prophets and against the priests in Lam 4:13 is followed by the serious consequences in Lam 4:14 and 15; their fate was like that of the lepers in Lev. 13:45; the lepers had to go in the streets shouting 'unclean', so that no one could be defiled by touching them. Lam 4:20-22 evokes consolation, new hope, and gives a call for rejoicing. As Yahweh's

personal presence achieved its purpose of destroying his people to purify the nation of the iniquity and sin of its leaders in Jerusalem, these verses once again bring new hope to the people of God.

Conclusion

The semantical field of the dynamic human image of the divine presence, therefore, comprises of its positive nature, as well as, its negative consequences. The benevolent nature of God and his divine wrath reflect the dialectical nature of his presence, which needs to be seen from the theological point of view of the relationship

between Yahweh and the people. The dialectical conflict between the mercy and wrath of Yahweh is reflected in the divine-human communion, in which Yahweh through his mediator and intercessor Moses reveals himself as the merciful and just God. The dynamic image of the divine presence reflected in Exod 33:14, *my face will go*, leads to the dialectical understanding of divine presence as personal and mediated, in which Moses and the people experience both the positive nature of Yahweh, as well as, the evil consequences of their sin as the negative effect of the divine presence.

Mother of the Faithful People of God

The title *Mother of the Faithful People of God* has been warmly encouraged by the Church because it captures Mary's role in a manner both theologically sound and pastorally accessible. This title arises directly from Scripture: at the foot of the Cross, Jesus entrusts His beloved disciple to Mary and Mary to the disciple. In that moment, she becomes mother not only of John but of all who would become disciples of Christ.

This maternal relationship is spiritual, universal, and enduring. Mary cares for the Church as a mother cares for her children—praying for them, guiding them, and offering a model of faith and obedience. This title highlights Mary's role without overshadowing Christ's unique mediation. It also resonates with the lived experience of many Catholics who feel her presence as a source of consolation and encouragement.

The Church emphasizes this title today because it fosters unity and directs the faithful toward Christ through Mary's maternal example. It avoids speculative language and expresses a relationship every believer can understand: the Church is a family, and Mary is its mother. In this way, the title becomes not only doctrinally clear but spiritually fruitful, drawing the faithful into deeper trust in Christ through His Mother.



8.

The Puzzle of Self: A Psychological Journey into the Human Self

Sr Wilma Laveena D'Sa is a nun of UFS Congregation. She is the Superior of Shanthidham Convent, Deralakatte, holds an MSc in Counselling and Psychotherapy and a diploma in Special Education.



What makes a person who they are? For a long time, answers pointed to a soul—a single, timeless core. Then came psychology, which decided to look closer. Instead of one thing, it found many pieces: hidden fears, learned habits, inner thoughts, and the need to belong. It might seem like this complicates things, but the real magic is in how these pieces fit together.

The modern psychological view suggests that a person is not a fixed statue, but a living, growing embroidery. Each individual is a story constantly being written, shaped by biology, experiences, relationships, and the search for meaning.

Built-in Foundations

First, let us consider the body. A person is not just a mind riding around in a skeleton. The connection is deeply, fundamentally physical. This is the biological perspective. Unique brain chemistry, genes, and the nervous system are like personal hardware. They set the stage for personality: why some might be naturally more easy-going or more sensitive. They influence mental health and make every thought and feeling possible. This isn't

saying anyone is just a robot; it's acknowledging that the mind is beautifully tangled up with the body.

Then, there's the part that's hidden. Sigmund Freud and the psychodynamic perspective shined a light on the unconscious mind. Let us picture the mind as an iceberg. The conscious part—what is being thought about right now—is just the tip. The huge part underwater is the unconscious, filled with drives, memories, and conflicts from the past unknown to awareness, but which still steer feelings and actions. Has a strong reaction ever arisen with no clear reason? That's a sign of this inner world, where a lot of the story is quietly written.

How the World Shapes a Person?

If the psycho dynamic view looks inward, behaviourism looked outward. It showed how individuals are shaped by their environment through learning. Touching a hot stove teaches not to repeat; that's a consequence. Rewards for behaviour increase the likelihood of repetition. This perspective explains how habits, fears, and even parts of personality develop based on what life teaches. It highlights the amazing

ability to adapt. But are people just products of surroundings? Not exactly. The cognitive revolution put the thinking, active self-back in the driver's seat. It's not the events themselves that affect people most, but what is thought about those events.

Everyone has mental filters—like a pair of glasses through which the world is seen. These filters consist of beliefs and past experiences. Let us imagine two people who get turned down for a promotion. One thinks, “I'm a failure.” The other thinks, “That was a tough job; I'll learn and try again.” The same event leads to two different outcomes because of their thoughts. This is a powerful idea: by changing thought patterns, feelings and actions can change. This is the goal of therapies like Cognitive Behavioural Therapy (CBT).

The Real Self: Growth and Connection

By the 1950s, some psychologists felt that previous views missed something essential: the potential for growth. This humanistic perspective saw people not as slaves to their past or biology, but as beings constantly striving to become better. Thinkers like Carl Rogers and Abraham Maslow believed everyone has a natural drive to reach full potential, like a seed striving to become a tree.

Rogers talked about the importance of self-acceptance and support from others in becoming a “fully functioning person.” Maslow created his famous “hierarchy of needs,” showing that once basic needs for food and safety are met, higher needs like love, esteem, and finally, “self-actualization”—the desire to be the most a person can

be—are sought. This view is empowering. At anyone's core, there is a design to grow, learn, and find meaning.

And this growth doesn't happen alone. The sociocultural perspective reminds that people are deeply connected to others. Identity is shaped by family, culture, friends, and the society lived in. The idea of the “looking-glass self” suggests that individuals see themselves reflected in the eyes of others. What is considered “normal” or “successful” is largely defined by the surrounding world. The person someone is today would be different if raised in a different place or time. Relationships are the soil in which growth happens.

Weaving the Story

With all these pieces—biology, the unconscious, learning, thinking, growth, and community—how do they come together to form the single, unique person? The answer is story.

Psychologists like Dan McAdams talk about narrative identity. This is the idea that everyone is the author of their own life story. To make sense of life's journey, everything that happens is naturally woven together: genes, childhood, successes, heartbreaks—all into a personal narrative. This story answers the question “Who am I?” It gives life continuity and purpose.

When something traumatic happens, one can feel that there is a flow and aberration in the story. Healing often involves finding a way to weave that difficult event into the narrative so that progress can

be made. Therapy, in many ways, helps one edit and reclaim the story, making it one of resilience and strength.

Bringing it All Together

From a psychological perspective, being a person is a dynamic, ongoing process. It is helpful to think of it like this:

- Biology is the body's blueprint.
- The Unconscious is the hidden backstory.
- Learning is how experiences shape actions.
- Cognition is the inner voice interpreting the world.
- Humanistic Striving is the inner drive to grow.
- Social Context is the community one

belongs to.

- Narrative is the author weaving it all into a coherent tale.

Understanding a person means appreciating how all these elements interact uniquely. Psychology gives a map to understand the incredible complexity of being human. It shows that a person is not a simple, static thing. Each is a living, changing, and meaning-making creation, always caught between what shapes them and their amazing power to shape themselves. Each life is a story still being told. Best wishes for everyone to be their best.

HOPE

O Hope, you show me scope
To life's long path of slope.
You illuminate a steady light,
And strengthen me for every fight.

O Hope, you are the only one
Who fills my life with joy and fun.
In hardships, you shape my life
No matter what, you are my drive.

O Hope, you brighten my days
In quiet, faithful ways.
When I give up and surrender,
You teach me to live through every plunder.



Bro. Rajath Lobo
III Theology

Is This the Age for Introvert Priests?

Rev. Fr Prithesh Steeve Crasta is a priest of Discalced Carmelite. Currently he resides in Ashadeepa Carmelite Seminary, Madanthyar.



“Nothing beats like a Jet 2 holiday!” A simple tagline of a travel company was trending on Instagram for quite some time in the past few months. In the pastoral field, if such a tagline could be used to draw attention among churchgoing folk, it would be **“nothing beats like a dynamic priest.”**

A few days back, an old lady of the neighboring parish was heaping praises about her parish priest. She told me, “Father, our present parish priest is just amazing! Everyone likes him – young, old, men, women, children, youth – everyone! He carries toffees in his pockets for kids, he high-fives the youth, he always has a joke in his mind. He captures the crowd with his vibrant aura. My first impression of him is that he is simply dynamic! I cannot thank God enough for giving us such a priest.”

I was quite impressed by her vivid explanation of the new parish priest. But soon followed a string of reproaches about the previous parish priest. “Oh! The previous parish priest hardly spoke to us after mass. He was a quiet soul. I don't know how the church authorities promoted such a vicar to

our parish.” Now, I was taken aback. I couldn't defend the priest because I knew it would be a futile exercise.

I knew that priest and, he was one of the most remarkable priests I had ever met. His quite demeanor didn't quite fit the tagline of being “a dynamic priest” but I had witnessed several poor people being quietly helped by him. Many battling depression, anxiety and even low self-esteem found in him an incredible counsellor. He inspired boys to priesthood, helped many young people wade through the reckoning crisis of faith and uplifted many souls with his gentle words. Yet, he didn't fit into the facade of the “dynamic priest.” He wasn't someone who could simply walk into a group of people and kindle a random conversation. He wasn't someone who could bagpipe kids to fun activities. He wasn't someone who could keep the youth on their toes. He wasn't a fiery charismatic but a gentle contemplative. He was a “reserved” priest! Though at his farewell, he may not have received fabulous gifts and grand felicitations from the influential, I am sure that the silent many had a quiet word of thanks to him and to God

for granting a shepherd who heard the timid voices of the sheep.

It is a demand, today! A pastor should be outspoken. With a snap of fingers, he should actively engage his people, be a vocal leader and provide visible social interaction constantly. He needs to be 'more social.' He must be always available and ready for conversation. This is an amazing quality and naturally, everyone tends to be impressed by pastors who tick the boxes of these criteria.

Nonetheless, pastors aren't factory made. They do not arrive perfectly tailored to expectations. They come from a wide spectrum of personalities with some fitting the mold of a dynamic pastor and others not. It is then, the great divide comes in. Popular priests are usually extroverted. But is priesthood only for the popularly acclaimed? The world offers a wide range of careers suited to people's personalities. What's with priesthood? Can it be denied for those who don't appease the palates of great expectations?

Perhaps, a thing or two needs to be addressed before drawing blatant conclusions. First things first – the cultural context matters! Susan Cain's book *Quiet: The Power of Introverts in a World that can't stop Talking* explores how there was cultural shift in society from valuing a culture of character to a culture of personality. Earlier, a person's character drew the limelight. Now, it's the cult of personality. Through industrialization, urbanization, immigration and exchange of ideas, society came to prize the 'extrovert ideal.' Culture showcases that success, popularity and like ability become

associated with gregarious, outgoing and bold traits. Extroversion has eventually become the norm for leadership and productivity. Assertiveness and dominance became the currency of the world that rewarded visibility. The Church too, is also affected by this. The demand for priests who can influence people with high-powered homilies, the 'live, laugh, love' attitude and *carpe diemas* their insignia often find greater acceptance. However, there's an issue and that's the second thing that needs to be addressed. Contrary to the popular opinion, studies on personality types among Catholic priests indicate a significant portion of them tend to be introverted rather than extroverted. One recent study found that about 68% of Catholic priests preferred introversion while only 32% identified as extroverts. Let's keep this in mind. Third thing that needs to be clearly understood is that extroversion or introversion aren't personalities that are developed. They are not over the counter traits! Rather they are innate, genetic and form an inseparable part of one's identity.

Unfortunately, society has long considered introversion as the weaker personality. It has been equated with timidity (not meekness), shyness and loneliness. Introverts suck the fun from the party, have a negative mind set and are often sulking. They fear the stage, lack emotions, hate socializing, lacking drive to succeed and are boring. Sometimes, they are also considered rude for avoiding conversations. In short, they are spoilsports. The vast majority aren't psychologists but extroverts, and introverts

fall prey to these objections. These prejudices obviously have crept into our churches among the people and dangerously among the formators of candidates for priesthood. Thus, the poor introverts (candidates) are constantly bombarded to be 'social and extroverted' (Dynamic!) Blessed are the ambiverts who possess a share of both these personality types but the introverts? Along with the social fatigue and emotional exhaustion in environments charged with extroverted behaviors, the onslaught of popular expectations further pushes down the best treasures they possess!

Treasures? What treasures?

The introverts are gifted. Yes, they may not whip out the best of conversations, but they can flip one's problems away. They can heal. They are reflective, empathetic and sensitive. Their strengths are enviable. They provide the best of pastoral care by providing spiritual guidance, better clarification and sustain contemplative practices that require deep empathy and listening skills. They think deeply, have focused attention and capacity for one-on-one meaningful relationships. They are keen observers, often innovative providing the very 'material' extroverts need.

Am I keen on pointing out the flaws of extroverts and the strengths of introverts? Nope! I am keen on acknowledging the amazing qualities in both the personality types and how can priest with his distinguished personality type can be an effective pastor. Every flower is unique in its pattern and design, but it would be a great disaster if every flower aspired to be a

sunflower or a rose (or perhaps, forced to aspire!) Culture becomes the key player. As the culture forms and makes its way into the Church, unfortunately, the introverts have suffered.

But currently, there's a wave of change! I do not call it a silver lining but now is the opportunity for a change – a platform for the introvert priests to be 'dynamic.'

What's the change? Drumrolls, please!

It is the present younger church. The old lady whom I met wasn't wrong. Her generation thrived on socializing. There weren't phones when she grew up, married and built a family. For her and the people of her generation, the popular priests were the phones who could strike a chord with anyone. But presently, the world is spinning faster than usual. The dawn and rapid rise of online media with its social, technological and economic influences are making the Gen Z and young adults more introverted relative to previous generations. The same culture is also pushing the adults to seek greater emotional stability, conscientiousness and environment that produces lesser simulation and quieter moods. COVID 19 had its impact and AI is making its use of it. The 'extrovert ideal is shifting!'

The Church is affected by it - many young people seek revival and retreat not in large communities but in private spaces. They seek depth and introspection rather than surface-level socializing. They have begun appreciating the contemplative qualities of the Church. Their faith exploration is driven by Substack, Instagram, YouTube and other online

platforms where they prefer being anonymous than being the ready 'hand-raiser' in church gatherings. The Sacrament of Confession and the discipline of Spiritual Direction are picking up a rapid pace because here, the flock are heard without judgment, with rigorous honesty, deeper sanctity, interior reflection and caring empathy. Why

is the liking for TAIZE form of prayer, Lectio Divina and adoration rising among youth?

The present scenarios are breaking stereotypes. Slowly, the father's quiet way is changing lives. The need for listening is increasing than speaking. Are we ushering into a new age? Is this the age, therefore for introvert priests?

The Anchor of Nicaea: Why a 1700-Year-Old Poem Still Matters?

It is the summer of 325 AD. The air in Nicaea (modern-day Iznik, Turkey) is thick with heat and tension. Over 300 bishops have gathered at the invitation of Emperor Constantine. Many of these men still bear the physical scars of Roman persecution, carrying gouged eyes, hamstrung legs or branded skin as witnesses of earlier trials. They did not travel long and difficult roads to argue over minor details. They came because they believed the identity of Jesus stood at the center of the Christian faith.

This year marks the 1700th anniversary of that gathering, the First Council of Nicaea. To many modern ears, the word dogma may sound rigid or remote. For those scarred bishops, the question of who Jesus is carried the weight of survival and hope. The controversy had been stirred by a priest named Arius, who taught that Jesus,

though exalted above all creatures, was still created, a being of great glory but not fully God. The Council answered this by forming the Creed that shaped the faith of generations. They chose a single Greek word, *homoousios* (consubstantial), to declare that the Son is of the same substance as the Father. From this came the confession many churches still recite: God from God, Light from Light, true God from true God.

Why does this matter seventeen centuries later? Because if the Son were only a creature, He could not unite humanity with the Divine. A creature cannot bridge the infinite divide. Only God can save. Nicaea thus affirmed that the Creator did not send a lesser being but came Himself. When we speak the Nicene Creed today, we echo the voices of those gathered in Nicaea, joining a confession that has endured for 1700 years.

The Human Formation of Jesus Christ : A Model for Our Growth

Rev. Dr Jencil Alva is a priest of the Diocese of Udupi and currently is one of the teachers of St Joseph Institute of Theology.



We know that Jesus Christ is both fully human and fully divine. He is a man who grew, learned and experienced life as we do. His incarnation is a real human journey. He was a baby wrapped in swaddling clothes, a child obedient to his parents, a young adult working with his hands and finally a man who embraced suffering and death out of love. Through it all, he shows us not only who God is, but also who we are called to be. The Scripture capture this in a simple but powerful line: "Jesus increased in wisdom and in stature and in favour with God and man" (Lk 2:52). This verse is a window into his human formation. It speaks of his growth in body, mind and spirit. It reminds me that formation is not instant, but gradual. It involves patience, discipline and openness to God's plan. It is this very human formation of Jesus that offers us a model for our own growth in holiness and maturity.

1. The Reality of Jesus' Humanity

Jesus entered the world not in splendour but in weakness. The eternal Word was laid in a manger, needing the care of Mary and Joseph. At the cross, the same body was wrapped not in swaddling clothes but in a burial shroud, yet the one who shared our mortality also conquered death by rising. He

experienced the limitations that are part of our lives. He grew tired after long journeys. He hungered when there was no food. He wept when confronted with human loss. Yet he was without sin. This is why he was called as the "Last Adam" (1 Cor 15:45) the true man who recapitulated human life from conception to death, but in obedience rather than rebellion. I find this deeply consoling. If Jesus only seemed human, he could not heal our humanity. But because he was truly like us, he can represent us before the Father and show us what our own humanity can become when united with God. As St Augustine of Hippo puts it: "He was tempted as a man, but he overcame as God... He was weary, but He gives rest to the weary."

2. Growth and Development in Jesus' Early Life

We know very little about Jesus' childhood and nothing about the years before his public ministry. Yet the little they tell us is enough to point to a steady, ordinary growth. Luke tells us, "The child grew and became strong, filled with wisdom; and the favour of God was upon him" (Lk 2:40). We see glimpses of this growth in the story of the twelve-year-old Jesus in the Temple. He

listens attentively, asks questions and amazes the teachers with his insight. St Augustine comments beautifully that in Jesus we see "the infinite Wisdom made docile for our sake." He was willing to learn, to sit humbly before others, even though he himself was Wisdom itself. That is formation, a process of listening, questioning and letting knowledge ripen. The Fathers of the Church noticed that Jesus sanctified each stage of life. He was a baby for babies, a youth among youths and an adult in the strength of maturity. By living each age fully, he gave dignity to every season of life. St Basil went so far as to say, "With us everything should be secondary to our concern with children and their upbringing in the instruction of the Lord." Even the Son of God did not bypass the responsibilities of home and family. Luke says that after his visit to Jerusalem he went back to Nazareth "and was obedient to them" (Lk 2:51). Obedience to his earthly parents was part of his growth.

3. The Human Qualities of Jesus

Jesus' human life was vibrant and full of depth. He felt what we feel. He knew joy when his disciples returned with good news. He was moved to compassion when he fed the hungry crowds. He grew angry at hypocrisy and injustice. And he also experienced sorrow, especially at Lazarus' grave, where "Jesus wept" (Jn 11:35). His emotions were not signs of weakness but marks of authentic humanity. As John Calvin once said, "Christ has put on our feelings along with our flesh." To see Jesus crying or even struggling in anguish at Gethsemane, is to realize that holiness does not mean an

absence of emotion. It means integrating our emotions in love and truth. His mind too truly human. He learned, he asked questions, he paid attention. Wisdom did not come automatically but grew within him. His will was also free and human. The supreme moment of that freedom was Gethsemane. "Father, not my will but yours be done" (Lk 22:42). That prayer shows the union of a human will with the divine mission. He did not suppress his natural desire to avoid suffering. Instead, he offered it freely to the Father out of love.

4. Jesus' Obedience and Formation in the Father's Will

When I think of Jesus' formation, one thing that stands out is obedience. His whole life was about listening to the Father and responding to Him. Pope Benedict XVI reminds us that Jesus "learned obedience through suffering" (Heb 5:8). That phrase often strikes seminarians and all of us. If even Jesus had to learn obedience, it shows how essential it is for us. Obedience is not mechanical. It is an act of love, a way of entrusting ourselves to God's plan. Pope Francis often said that at Gethsemane Jesus gave us the supreme example: "Not my will, but yours." This obedience was not servile. It was a dialogue, an exchange of love between the Son and the Father. We are invited into that same relationship. For Jesus, obedience was not about losing freedom, but about fulfilling it. For us, too, discerning and embracing God's will allows our humanity to flourish.

5. Lessons for Our Own Human Formation

After exploring these points, let us now ask what Jesus' human formation teaches us for today.

- First, it shows the importance of self knowledge and self-acceptance. Jesus knew who he was. He embraced his humanity fully and from that acceptance he was able to give himself generously. For priests and seminarians this is vital. Saint John Paul II once said that a priest's humanity must be a bridge, not a barrier, for others to encounter Christ. If we are at peace with ourselves, our ministry becomes authentic.
- Second, formation must be gradual. Just as Jesus grew in wisdom day by day, so we must be patient with our own growth. No one becomes holy overnight. It is a lifelong journey.
- Third, relationships matter. Jesus lived in a family, formed friendships, chose apostles and taught in community. Our human and spiritual growth happens not in isolation but in communion. Healthy relationships deepen maturity and keep us rooted in reality.

- Finally, Jesus shows us the harmony between natural growth and divine grace. Our studies, emotions and human maturity are not opposed to holiness but are its foundation. When integrated with faith, these qualities prepare us to serve effectively and compassionately.

Conclusion

Jesus Christ truly entered into our humanity. He grew, he learned, he obeyed, he suffered and he loved. His human formation was not a formality but a real process. And through it, he became for us a living model of holiness. When we meditate on his life, we are reminded that growth is slow, that emotions are holy if directed toward love and that obedience is the key to maturity. He was "like us in all things but sin," and in that likeness he shows us what our humanity can be when shaped by grace. As seminarians, priests and lay faithful, we are invited to walk the same path, that is, to grow steadily in wisdom, to live our humanity generously and to entrust our freedom to the Father. The human formation of Jesus Christ remains not just a theological truth, but a practical guide for how to live our lives. To look at him is to see the fullness of humanity and the promise of what, by God's grace, we too can become.

God will ask us if we have cultivated and cared for the world that he created (cf. Gen 2:15), for the benefit of all and for future generations, and if we have taken care of our brothers and sisters (cf. Gen 4:9; Jn 13:34). What will be our answer?

Pope Leo XIV



Seminary As A Place of Formation of The Heart: Pope Leo XIV on the Human Formation of Priests

Rev. Dr Praveen Joy Saldanha is a priest of the Diocese of Mangalore and currently is one of the teachers of St Joseph Institute of Theology.



The formation of seminarians into priests is a multi-dimensional process that involves human, spiritual, intellectual, and pastoral formation. These four interconnected areas of formation are indispensable in the process of making shepherds after the heart of Jesus. In his post-synodal apostolic exhortation, *Pastores Dabo Vobis*, Pope John Paul II underscored the importance of these four areas of formation, describing human formation as “the basis of all priestly formation.” The decree of Vatican II on the training of priests, *Optatam Totius*, emphasizes that seminarians ought to learn self-control, develop strength of character, and also learn human qualities, such as “sincerity, a constant love for justice, fidelity to one’s promises, courtesy in deed, modesty and charity in speech.” Developing such qualities will make them “a living reflection of the humanity of Jesus and a bridge that unites people with God”. Pope Leo XIV’s teachings align with the prevailing ideas and significantly contribute to this discussion. In this article, I explore the teachings of Pope Leo XIV on the formation of seminarians in

general, his reflections on human formation, and implications of his teaching for seminarians and formators. We are still in the early days of Pope Leo XIV’s pontificate, and a complete picture of his teachings will emerge over time. For this article, I have relied on his recent speeches and letters, particularly those addressed to seminarians, formators and priests.

A. Pope Leo XIV’s Teaching on The Formation of Seminarians

Pope Leo XIV emphasises that the purpose of priestly formation is to become “a joyful man and a joyful priest, a bridge, not an obstacle for those who come to you [him] in order to come to Christ.” The Pope reiterated this message in his address to two groups of priests, asserting that the joy of the Gospel must characterise not only priests, but all the faithful: “happy Christians, happy disciples, happy missionaries.” Formation serves as a ‘rock’ foundation (cf. Mt 7:24–25) on which the whole edifice of life and vocational journey stands. It equips priests and seminarians to face the “human and spiritual storms” that arise during their ministry. Therefore, human, spiritual,

intellectual and pastoral formation is necessary for priestly ministry.

1. Friendship with Christ as the Key to Priestly Ministry

Pope Leo XIV emphasises that friendship with Christ is the spiritual foundation of the priestly ministry. “The priest is a friend of the Lord, called to a personal and trusting relationship with him, nourished by the word, the celebration of the sacraments, and daily prayer.” This friendship is the ultimate reason for celibacy and the source of their daily commitment to pastoral ministry. It is this friendship with Christ that sustains priests in times of trial and enables them to renew the commitment they made at the beginning of their vocation. Priests and seminarians should personally experience the closeness of the Master, and they should have a lived experience of being “seen, loved, and chosen by the Lord by pure grace and without merit on our [their] part.” The Pope emphasises that a living relationship of trust and love with Christ is the foundation of priestly ministry.

During the Jubilee of Seminarians, the Pope reiterated the same message in his address. “Jesus... calls you, before all else, to have an experience of friendship with him and with your other companions on the journey (cf. Mk 3:13).” This friendship should continue to grow throughout the life of a priest and affect every aspect of it. Formation encompasses the whole person. Referring to Pope Francis' encyclical *Dilexit Nos*, Pope Leo XIV addresses the seminarians: “Never be ashamed to tell others, with all due discretion and respect,

about your friendship with him... Dare to tell others how good and beautiful it is that you found him” (no. 211). Friendship with Jesus involves an ongoing journey of conversion. Pope Leo XIV reminds formators that they too are disciples of formation, as they are on a “journey of permanent evangelical conversion,” constantly open to the Word that invites them to change. In this way, priests become shepherds after the heart of Jesus.

2. Formation of the Heart: The Core of Vocation

Reflecting on Pope Francis' encyclical *Dilexit Nos*, Pope Leo XIV takes up the image of heart as “the core of your [their] being and the engine that drives your [their] journey through life” and invites seminarians “attend to your [their] own hearts.” Seminaries are “training grounds” where future priests learn to love as Jesus loved. “Just as Jesus loved with a human heart, so you are called to love with the Heart of Christ!” Seminarians' primary responsibility is to work on their interior life, because it is there that they hear the voice of God and make the deepest decisions of their lives.

The Pope urges them to confront their wounds and hurts with the help of others. Confronting these issues will enable them to become more “sympathetic and compassionate towards others who suffer.” Moreover, genuine spirituality is impossible without an interior life because God speaks in the heart, and seminarians must learn to hear his voice. The Pope emphasises the importance of authenticity and warns against

the temptation to “hide behind masks.” It is through prayer that one can gain an honest understanding of oneself: “The royal road that leads to a rich interior life is prayer.” In the age of hyper-connectivity, however, it has become difficult to experience silence and solitude. Therefore, prayer and silence are essential for discernment and authenticity.

3. The Art of Discernment

Pope Leo XIV encourages seminarians to learn the art of discernment through silence, meditation and prayer. This process encourages them to ask themselves questions such as: “What is my life experience teaching me? Where is the Lord leading me?” The Pope urges the seminarians to pray to the Holy Spirit, the teacher of the heart, so that the Spirit can mould a docile heart within them and enable them to embrace the presence of God. “Allow the Holy Spirit to ‘anoint’ your human qualities even prior to the anointing you will receive at your ordination.” He broadens the scope of formation beyond philosophical and theological studies, emphasising the importance of human sciences, as well as listening to the voices of nature, art, poetry, literature and music. Furthermore, formation should involve critically engaging with the challenges posed by recent developments in social media and artificial intelligence. Seminarians are called to imitate Jesus by listening to “the often silent cry of the little ones, of the poor and the oppressed, and so many others, especially the young, who are searching for meaning in their life.” Here, the Pope underlines the

significance of discernment and listening to those on the margins, as set out in the final document on synodality.

B. Reflections on Human Formation

Pope Leo XIV considers human formation to be the essential foundation of priestly life. Referring to Matthew 11:29 and Philippians 2:5, he encourages seminarians: “Have a meek and humble heart like that of Jesus... put on the mind of Christ and grow in human maturity.” He emphasises the importance of cultivating emotional and interpersonal maturity, and of eliminating all forms of dissimulation and hypocrisy. It is important that seminarians learn “how to acknowledge and express your [their] emotions of sadness, fear, anxiety and indignation and to bring these to your [their] relationship with the Lord. “Limitations, crises and weakness are not stumbling blocks; rather, they are opportunities for grace, leading seminarians to a deeper understanding of the Paschal Mystery. Pope Leo XIV underlines three important aspects for the training of future priests:

I. Formation as Growth in Relationship

Pope Leo XIV states: “Formation is a process of growth in relationship.” Becoming a friend of Jesus involves more than just learning theological concepts or acquiring practical skills; it also involves “training in how to relate to others.” Priestly formation is a journey of growing in intimacy with the Lord, involving “the entire person - heart, mind and freedom - in order to shape him in the image of the Good Shepherd.” This process involves learning to listen patiently to others, pray meditatively

and cultivate a rich, well-ordered inner life. Only when priests are imbued with the Holy Spirit can they “preach with conviction, console with compassion, and lead with wisdom.” The Pope emphasises that priestly formation is a process of interior growth and a school of relationships, rather than merely academic preparation.

ii. Fraternity as the Heart of Priestly Life

Fraternity is an important aspect of priestly ministry. Pope Leo XIV emphasises the importance of both affective fraternity (emotional depth) and effective fraternity (practical collaboration) among priests. Referring to Pope Francis' reflections on “Towards a Fundamental Theology of the Priesthood,” Pope Leo XIV highlights four types of closeness that are essential for priests: i) closeness to God, ii) closeness to the bishop, iii) closeness to fellow priests, and iv) closeness to the people of God. These relationships enable priests and religious to live as brothers within the presbyterate and religious communities, overcoming individualism, the desire to overtake others, and clerical self-sufficiency.

Pope Leo XIV underscores: “Becoming friends of Christ entails living as brothers with our [their] fellow priests and with our [their] bishops, not as competitors or in an individualistic way.” Therefore, the formation of priests should help to cultivate strong bonds within the presbyterate, making the synodal Church visible and enabling everyone to grow together by sharing the joys and challenges of ministry. In presenting this idea, the Pope poses a rhetorical question: “For how could we, as

ministers, be builders of living communities, unless we first experience a genuine spirit of fraternity among ourselves?” The Pope emphasises the connection between synodality and priestly fraternity, inviting priests to practise what they preach.

iii. Forming Priests Capable of Friendship, Love, and Service

The core of priestly ministry lies in exercising ministry in the compassion of Christ, “the Good Samaritan of all humanity.” Hence, seminarians are encouraged to make their entire life a gift of love. The Pope underscores the deeply anthropological dimension when he states: “Forming priests who are friends of Christ means forming men, men capable of loving, listening, praying and serving together.” Emphasising the key role of seminary formators, the Pope stresses that their effectiveness depends primarily on the example of life and communion that they set. Seminaries exist because the formation of future priests cannot happen in isolation; rather, it involves “all those friends of the Lord who live as missionary disciples in the service of the People of God.” Pope Leo XIV's vision mirrors the communal dimension of formation, where priestly formation is always within and for the Church.

The Pope underscores the importance of missionary collaboration with all baptised members. In the early Church, it was not merely the responsibility of the ordained to carry out the mission, but of all the faithful. The priestly ministry was at the service of the common mission of all the

faithful. The Pope calls for a renewed awareness of the baptismal vocation, in which priests can appreciate, discern and encourage the gifts of the laity, helping them to take on an active role in the life of the Church and in society. Here, the Pope signals a shift in formation models, moving from a hierarchical isolated approach to a participatory, inclusive, collaborative environment based on a synodal vision of the Church. Pope Leo XIV aptly puts it: “The preparation of future priests must be increasingly immersed in the reality of the People of God and carried out with the contribution of its members: priests, laity, and consecrated men and women.” This is a significant theological affirmation of co-responsibility in mission, rooted in the sacrament of baptism and the ministry and charisms of all the faithful in the Church.

C. Practical Implications

a. The Pope urges seminarians to avoid passivity and mediocrity. “Certainly, not to be content with the minimum, or to settle for being passive recipients of formation.” Seminarians should be passionate about their preparation for priestly life, embracing the present moment while looking to the future with a prophetic heart.

b. The Pope emphasises the need for priests and seminarians to make a concerted effort to examine themselves, heal their wounds, and overcome their insecurities, and find the courage to abandon their masks and cultivate an intimate friendship with Christ, allowing Him to transform their hearts.

c. The Pope encourages the seminarians to persevere in their formation with steady

effort. “Do not be discouraged if at times the journey ahead of you becomes hard.” He invites them to foster a sense of community among themselves, with their formators, and with the wider Church.

d. The Pope offers words of advice to seminarians and formators, encouraging them to build authentic relationships with one another. He tells the seminarians: “Have complete trust in your formators, without reserve or duplicity.” The Pope also encourages formators to be good companions to the seminarians in their care. “Offer them the humble witness of your life and your faith; accompany them with sincere affection.”

e. Citing Romans 12:2, the Pope emphasises that the purification of one's intentions and motivations forms the basis of a priestly vocation. Therefore, the priesthood should not be reduced to “achieving ordination,” nor should it be used “as an escape from what one does not want to face, nor as a refuge from emotional, family or social difficulties; nor is it a promotion or a shelter, but a total gift of one's existence.”

f. Urging caution against a worldly or functional understanding of the priesthood, the Pope asserts: “When considered in worldly terms, the ministry is confused with a personal right, a distributable position; it becomes a mere prerogative or bureaucratic function.” In reality, it is the Lord who chooses people to share in His saving ministry. Those who seek ordination for shallow or worldly motives have built their foundation on sand (cf. Mt 7:26–27).

g. Seminary life is a journey of inner

rectification. Therefore, it is important for seminarians to allow the Lord to examine their hearts and renew their intentions. Formation involves continuous discernment and sincerity and transparency with both God and formators. “A seminarian who learns to live with this clarity becomes a mature man, free of ambition and human calculation, free to give himself without reserve.”

h. The intellectual formation is necessary for the mission, and the encounter with the Lord should be grounded in doctrine and intelligence. Therefore, theological study is an essential way to make faith solid and reasoned, and capable of enlightening others. “Those who are trained to be priests do not devote time to academia for the sake of mere erudition, but out of fidelity to their vocation.”

i. The spiritual and intellectual life cannot be separated: “Prayer and the search for truth are not parallel journeys, but rather a single path that leads to the Master.” A balanced integration enables priests and seminarians to authentically proclaim what they live and live coherently what they proclaim.

j. The Eucharist is the centre of priestly life. All priestly formation is oriented towards the altar, where priestly identity is built. “By nourishing himself with the Eucharist, he discovers the unity between ministry and

sacrifice, and understands that his vocation consists in being a sacrifice together with Christ” (cf. Rom 12:1).

Conclusion

Pope Leo XIV's theological vision of priestly formation integrates friendship with Jesus, fraternity with others, and missionary collaboration with all the faithful. In all his letters and speeches, the Pope has emphasised that friendship with Christ is the foundation and goal of priestly life. Forming the heart and learning the art of discernment are both essential parts of the journey of priestly formation. Seminarians are formed through their relationships with God, bishops, priests, their companions, and the people of God, and by following the example of the Good Shepherd. Fraternity among priests demonstrates the communal and synodal nature of the Church. The people of God should be involved in the formation of priests. It is important to form priests who are capable of loving, listening, praying and serving together. Priests are joyful because this is an expression of their identity as priests, as well as being the outcome of their faithfulness to their friendship with Jesus and their service to his people. Although Pope Leo XIV's corpus of papal writings is small, he provides profound insights into priestly formation.

“Let the Church be a lamp, not a mirror”

Pope Leo XIV



Bro. Ebin Varghese is a seminarian of the Archdiocese of Verapoly in Kerala, studying in Third year Philosophy.



Introduction

Humans are rational beings, goes the fundamental and simple logical definition of human beings given by Aristotle. The pre-contemporary world saw human from intellectual perspective. Till the medieval era, knowledge was objective. Ontology of beings were understood from an objective perspective. But the arrival of Rene Descartes was a breakthrough in the philosophical arena. He shifted the emphasis from object to subject, whether it is epistemology or ontology. His famous dictum “*Cogito, ergo sum*” I think, therefore I exist, underscores this shift. But, in the contemporary world human being is analysed in an integrated way. Humans are a blend of different domains. To the early thinkers contradict this thought pattern? The difference lies in the emphasis given to the existential property of human being. The pre-contemporary thinkers gave emphasis to the rational aspect whereas the contemporary thinkers focused also on the other aspects.

Cogito, Ergo Sum

The importance of the notion of rationality is well expressed in this dictum of Rene Descartes. Is there any other wonderful proof that has been given for the existence of

human beings? Indeed, no. The basic existential assertion is that humans exist. But 'why' aspect of existence needs to be considered. Existentialists and other contemporary philosophers are connoisseurs in telling what and how of human existence. Some argue that 'to be' is a meaningless effort and the only way out is to endure. Some others argue that 'being' is wonderful and 'to be' is to live with authenticity. With this understanding one may agree or disagree to the characteristics of humans such as emotions, feelings, freedom etc. But the cognitive feature of the mind, rationality, always stands as the *species intelligibilis* of human. The dictum clarifies that it is “I” who find meaning in things that are. It is true that I am the creator of meaning, I am the one who is existing to give meaning to that I perceive.

The problem was of the emphasis given to the rational aspect. The existentialists are not disagreeing to the thinking facet proposed by Descartes. They ask whether reason alone defines the existence of humans. It is true that human person is a complex being in every aspect. Certain dimensions of humans such as emotions, feelings, desires, appetites etc. are

really hard to explain just through rationality. It may be true that human is guided by 10% of his reason and 90% of emotion. If 'rational' is conceived as mathematico-scientific thinking, this is true. Phenomenologist Heidegger gives a wonderful concept of "letting appear". Perhaps, if we understand rationality as the capacity or power to let meaning appear, it expresses an alternate way of outlook. 'Letting-appear' can take place from different angles. To have emotions is a way of understanding my existence, my feelings give rise to meaning for my existence etc. Therefore, all the cognitive and affective natures of human being can be brought under the domain of rationality with the understanding of 'letting appear.' In this new sense, his entire person is involved including feelings and emotions.

Indian Notion of 'Human'

The Indian terminology for human person is *manuṣ* or *manuṣya*. It has come from the primitive or primordial human Manu. He is the prototype of humanity according to the Hindu mythology. The term *manuṣya* etymologically means the descendants of Manu (Manu, the progenitor and *uṣya* means dwelling, living or belonging). It can also be investigated from the term *man* or *manas*, which means mind. In this sense, human being is one who possesses thought and rationality. The very name Manu is derived from *manas*. From one of the eastern perspectives also it is evident that human ultimately refers to the being that possesses rationality. In Indian philosophy, therefore, the impression of *jñāna* is very important. In this line, the role

of jnana or knowledge is given great importance. But other aspects, action (*karma*) and devotion (*bhakti*) should not be obtained.

Finding the Harmony

The logical necessity for human to be human being is his rationality. However, the existential necessities of humans such as to live with emotions, to be with others, to live authentically and dignified should be of great concern. And through this the rational dimension helps us to understand the existential dimensions. So, they are not mutually exclusive, but mutually inclusive and complimentary. Moreover, the logical necessity of human existence becomes the primary and principal aspect within the existential realm. There is no gap between them in case of human beings.

Conclusion

Human existence finds its foundation in rationality, for it is through the power of thought that we become aware of ourselves and the world around us. Descartes' dictum "*Cogito, ergo sum*" echoes this timeless truth, the very act of thinking affirms our being. While emotions, relationships, and authentic living enrich our existence, it is reason that gives meaning and coherence to these dimensions. Rationality is not opposed to the existential dimensions of life but harmonizes with them, enabling us to understand, interpret, and live authentically. Thus, the uniqueness of the human person lies in this integrated capacity: to think, to know, and thereby to exist meaningfully. To think is to exist; but to think meaningfully is to live fully human.

13.

The Dignity of Human Person

(Inspiration from the Pastoral Constitution on the Church in the Modern World:
Gaudium et Spes)

Deacon Pius Khangrah belongs to the Diocese of Itanagar in Arunachal Pradesh, presently serving in St Joseph's Parish, Seppa.



Every human person is created in the image and likeness of God (Genesis 1:27). Therefore, every human has an inherent dignity which is to be valued and respected as human person. This human dignity is an intrinsic goodness of every person that does not depend on one's subjective likes and dislikes. Every individual is endowed with freedom and responsibility to respect one another. This freedom is not to do anything we like but a freedom to say yes to what is right and say no to what is not right. Our life is filled with choices. The best choice what one thinks is what he or she strives for and aim to achieve it. Everyone moves along with each ideal value what he or she thinks is right and lacks the awareness of what is taking place around us.

The Pastoral Constitution on the Church in the Modern World: *Gaudium et Spes (The Joy and Hope)* Promulgated by Pope Paul VI on 7 December 1965 teaches us that it is the dignity of human person that requires him or her to act out of conscious and free choice and not by blind impulses in himself or herself or by mere external constraint. Since human freedom has been

weakened by worldly affairs, it is only by God's grace that humans can achieve their full and proper relationship to God (*GS* No.17).

Our daily experience shows us that we have neglected to respect the dignity of a person and uplifted the functional quality of a person. We often forget that our quality of living is based on the holiness and sanctity of our life. This degradation of the qualities of life seems normal at the present situation. The wars and tension between nations, the infective politics within the Church, the unrest in the society, murder in the name of love, accidents due to human error, the lack of the sense of community life, the lack of prayer life, lack of caring and sharing for one another, all these motives become as though necessary and no alternative available. In the name of progress and development, the exploitation of human looks to be necessary. In fact, the violation towards our own self, the harm, the murder and violation towards others and community is a violation to the dignity of a person and to the image of God. Pope Paul VI teaches us that human should not despise their bodily life; they should

regard their body as good and to hold it in honour since God has created it and will raise it up on the last day (14).

Living in the era of Artificial Intelligence, we could sense that the worth and respecting the dignity of human person seems diminishing. The control of the virtual world is so strong that it has led to the mechanization of humans without conscience and will. The basic rights such as right to life, right to personal freedom, right to worship and right to choose one's state in life are buried. The world of social media brings isolation up to certain extent though in reality its functions are for connection and communication. In this world of talents, skills, intellect and wealth many have turned away from the Church and spirituality with who cares attitude. Many forget the source of their life and talents because they are afraid to make an examination of conscience of their own actions. Many are scared to encounter God and come to the truth. Many failed to listen to the spirit of God who is at work eternally in all contexts, cultures and creation. Many ignored the need for healing and transformation of our own self, neighbors and community. It seems the gift of conscience, reason and reflections are

meant for nothing. Actually, our capacity to know something, to make choices, to respect and to love indicates the possibility of having intimate relationship with God and with one another. But more than that Pope Paul VI says that it is only in the mystery of the Incarnate Word that is in Jesus Christ that the mystery of humanity truly becomes clear (GS No. 22).

The Church being aware of all these problems never abandons her faithful in the sheepfold but always seeks to rescue the lost and the least. She holds and believes that the dignity of human is the basic foundation that which obligates one to protect and respect a human person. Pope Paul VI teaches us that every human person shares the light of the divine mind and by his or her intellect he or she surpasses the world of mere things. We also believe that through intelligence and talents human has indeed made lots of progress in the empirical sciences, in technological field and arts. However, the intellectual nature of human would find its perfection only in wisdom, which gently draws the human mind to look for and to love what is true and good (GS No. 15). For us believers, the source of wisdom is Jesus Christ Himself.

“Hope is the discipline of seeing God in tomorrow”

“Unity begins with the courage to listen”

Pope Leo XIV



14. Human Formation in the Seminary: A Journey of Becoming

Deacon Joyal Jolly belongs to the Diocese of Allepey in Kerala, doing his ministry at Sacred Heart Minor Seminary, Cherthala.



I once asked ChatGPT, “What does it mean to be human?” Its response stayed with me: “To be human is to live with the tension of weakness and greatness, of now and eternity. It’s a journey of becoming, always incomplete, always reaching out.”

I felt this deeply. Life is truly a journey of becoming — becoming more and more human, and hopefully a better human each day. This idea is at the very heart of human formation in the seminary.

During a recollection, a priest posed some piercing questions: “*What am I? Who am I standing for? Am I for the poor?*”

Days later, while at my ministry place, I found myself living out the answer in an unexpected way. One afternoon, after lunch with the parish priest, I was about to throw the leftover food into the garbage. Just then, a street dog came by, likely drawn by the smell. Instinctively, I chased it away and dumped the food.

Sometime later, as I walked in front of the presbytery, I saw Jenny, a pet dog raised by one of our parishioners. I often played with her. Seeing her, I went inside, picked up some food from the table, and fed her happily.

That evening, I returned to the seminary. The next morning, while in the chapel, I opened my diary and saw the words I had written earlier: “*Am I for the poor?*” Suddenly, the memory of the hungry street

dog came back. The one in need, I drove away. The one who was already cared for, I fed. It struck me deeply. Was I truly for the poor? This small incident became a powerful moment in my human formation — a lesson in awareness, compassion, and honesty with myself.

Human formation in the seminary doesn’t only happen through classes or spiritual talks; it often comes through simple, personal encounters. One day, I went to meet my spiritual director, only to find he wasn’t in his room. As I was about to leave, Fr Felix passed by and asked what happened. I told him I was waiting for my director. Immediately, he offered to help. He took me to his room to call him, but then realized he had left his phone in the meeting hall. When I offered to fetch it, he insisted, “*No, you wait. I’ll get it myself.*” And he did — he walked all the way, took his phone, and called my spiritual director for me.

It may seem like a small thing. After all, he didn’t have to do anything. But he did. That’s what struck me. It showed me that what makes us truly human is how we respond to others — not out of duty, but out of genuine care.

This is why I cherish my time in St

Joseph's Seminary. It's not just a place to study theology or prepare for priesthood. It's a place where, through countless little moments like these, we learn to become more human — more compassionate, more thoughtful, more Christ-like.

Human formation is exactly that: a slow, sometimes painful, yet beautiful process of becoming. Becoming more aware

of our weaknesses and strengths. Becoming more sensitive to others, especially the poor and those who cannot repay us. Becoming a better version of ourselves each day.

And so, as I continue my journey here, I hold on to that first definition I received: *"To be human is to become — always incomplete, always reaching out"*.

LIVING WHAT WE PRAY FOR

I knelt to pray when day was done,
And prayed, "O Lord, bless everyone,
Lift every sad heart from pain
And let the sick be well again."

And then I woke another day
And carelessly went on my way,
The whole long day I did not try
To wipe a tear from any eye.
I did not try to share the load
Of any brother on the road.

I did not even go to see
The sick brother just next door to me.

Once again when day was done,
I prayed, "O Lord, bless everyone."
But as I prayed, there came a clear
Voice into my ear,

"Pause now, my son, before you pray.
Whom have you tried to bless today?
God's sweetest blessings always go
By hands that serve him here below."

And then I hid my face and cried,
"Forgive me, God, I have not tried,
But let me live another day
And I will live the way I pray."



Bro. Rostan Fernandes
I Theology

Rev. Dr Sunil George D'Souza the present Director Basic Ecclesial Community of Mangalore Diocese articulates the need of EI in seminary life which is a significant aspect of human formation.



Books can sharpen the mind, but emotional intelligence shapes the heart. And priesthood is finally a ministry of the heart. Seminary life is a special and life-changing journey. It is not only about studying, passing exams, or learning theology. It is also about becoming a person who can understand, handle, and express emotions in a healthy way. This is what we call Emotional Intelligence (EI).

The seminary becomes a “home away from home.” It is a place where we learn discipline, responsibility, and how to live with others. In today's world of social media and fast reactions, emotions can easily get confused. That is why learning emotional maturity during formation is very important. Human beings are naturally connected to one another. Our feelings influence our thoughts, decisions, and relationships. In seminary life, EI begins with self-awareness:

knowing what we feel and why we feel it. It also includes managing stress, staying calm, and responding wisely. EI also means understanding others listening well, respecting differences, and showing empathy.

A seminarian with strong EI becomes more motivated and effective. Even if one's IQ is average, emotional intelligence helps a person do well in ministry. Pastoral life is filled with real people and real problems. Handling conflicts, comforting the suffering, communicating clearly all these require emotional maturity.

Community life becomes the best training ground. Living together teaches patience, dialogue, teamwork, and forgiveness. Ultimately, emotional intelligence helps a seminarian become balanced, compassionate, and ready to serve God's people with a true priestly heart.

We are one family, with one Father, who makes the sun to rise and sends rain on everyone (cf. Mt 5:45). We inhabit the same planet, and we must care for it together. I therefore renew my strong appeal for unity around integral ecology and for peace!

Pope Leo XIV

Mr Jackson Castelino is a Parishoner of Derebail Parish. He is a student of Faith Instruction Course. He is qualified in Mechanical Engineering, currently working in the field of marketing.



The faith instruction classes for the laity in the seminary helped us as a way to deepen our understanding of the Holy Catholic faith. The classes we had on subjects like the sacrament of baptism, the sacrament of confirmation, the sacrament of extreme unction, the sacrament of matrimony and the canon law related to the sacrament of matrimony.

The faculties of the class played a very significant role in the faith formation. They were well prepared for the classes, their teaching style, their passion for the subject matter, their ability to connect with students and their willingness to help the students and provided us good time to discuss the subject matter. The faculties, their expertise in theology, their teaching methods and approaches, their mentorship and guidance helped us to understand as simple as we can understand. This helped us to understand and know better the Holy Sacraments according to the mind of the Church, which was handed down to us from the apostles, by

our Lord Jesus Christ himself, which was preserved throughout the centuries of which we are proud of. The professors were helping us to understand The subject by giving us facts from the Sacred Scripture and the catechism of the Catholic Church. The professors We are good Who helped us to enhance our learning experience and made the subject matter more engaging. From them we learnt many new Things our early church fathers, the history of the church, which helped us to deepen our understanding on the sacraments.

After attending the classes, it seems to have a profound impact on our spiritual journey, encouraging us to live out the sacraments in a more meaningful way.

From the Holy Sacraments, we enter into a sacramental life which helps us in our own sanctification and the sanctification of the people of God, the society, which provides a way to experience God's grace and unite with God Almighty through sacred rituals and symbols.

Chronicles 2024-2025

(Continued from December 2024)

Bro. Joel Fernandes is a seminarian of the Diocese of Mangalore, studying in First year Theology.



December

5. Seminary Day: The 146th Seminary Day began with a Thanksgiving Mass at 6:15 AM, led by Rev. Fr Richard Coelho, Director of Father Muller Charitable Institutions, honouring benefactors and well-wishers. A vibrant cultural program commenced at 5:30 PM, expressing gratitude to God and supporters through heartfelt performances. Most Rev. Dr Duming Dias, Bishop of Karwar Diocese, graced the event as the chief guest.

6. Christmas Holidays Begin: Most Rev. Dr Duming Dias, Bishop of the Karwar Diocese led the Eucharistic celebration to mark the start of the day. A class-wise evaluation of Seminary Day activities followed, reflecting on the community's efforts. We began our Christmas holidays, departing for home to engage in pastoral ministry.

January

2. Seminarians Return from Holidays: Seminarians returned to the Seminary after Christmas holidays, renewed by the festive season. The New Year's spirit inspired hopes for innovation and growth in 2025.

3. Recollection: A full-day recollection on the theme "Prayer grants grace to live God's

Plan" set a spiritual tone for the year. Rev. Fr Alexander Kalarikkal guided the community with insightful reflections. The day deepened our commitment to spiritual growth.

5. The Epiphany and Eucharistic Procession: The feast of Epiphany of the Lord was celebrated, reflecting on our role as guides leading others to Jesus. In the evening, the community joined the Diocesan Eucharistic Procession from Our Lady of Milagres Church to Our Lady of Holy Rosary Cathedral. The procession expressed deep devotion to Christ, the King of kings.

9. Study Session: A study session on "Psychological Issues in Priestly Formation: A Way through Integration" was held from 6:45 to 8:00 PM. Rev. Fr Joyson Vaz, S.J. led the session, offering valuable insights. The discussion enriched understanding of challenges in formation.

16. Feast of St Joseph Vaz: The Seminary celebrated the feast of St. Joseph Vaz. The Konkani Academy marked the occasion with a Mass in Konkani, presided over by Fr Nilesh Crasta, Assistant Administrator, FMMCH. The celebration honoured the

saint's legacy with devotion.

18. Unity Octave: The Week of Prayer for Christian Unity was inaugurated at 5:30 PM in the Seminary. Most Rev. Dr Aloysius Paul D'Souza, Bishop Emeritus of Mangalore, led the service alongside Rev. Hubert M. Watson, Rev. Pranhu Raj, Rev. Steevan, Rev. Fr Roopesh Madtha, and Rev. Fr Francis D'Souza. Staff, students, priests, religious, and lay faithful from SJS and KTC participated in the prayer service.

22. Philosophical English Academy Program: The Philosophical English Academy, in collaboration with the Chair in Christianity, organized a program on "The Role of Leaders in Shaping Skilled Youth" at 6:00 PM in C.M. Hall. Dr Alwyn Misquith, Assistant Professor at St. Aloysius Deemed to be University, served as the resource person. Rev. Fr Stany Pinto, Parish Priest of Holy Spirit Church Mukka, moderated the session.

23. Centenary Birthday of Rev. Fr Aloysius D'Souza: The centenary birthday of Rev. Fr Aloysius D'Souza was celebrated with a Mass and felicitation at 10:30 AM. A festive lunch followed at 12:30 PM in the C.M. Hall. The community honoured his remarkable milestone with gratitude.

27-29. Sports Events: Sports events were held over three days, fostering fellowship and physical activity. Brothers participated with enthusiasm. The events strengthened community bond through friendly competitions.

30. Community Day: Community Day began with an inaugural ceremony at 8:30 AM, followed by games for priests, auxiliary

staff, and students. The Eucharistic celebration at 5:30 PM preceded a vibrant cultural program. Certificates for blood donation were distributed, and the day concluded with a communal dinner.

February

6. Recollection: A recollection on the theme "Prayer Strengthens Our Vocation" was held to deepen our spiritual commitment. Rev. Fr Praveen Joy Saldanha facilitated the session with inspiring reflections. The day brought a renewed sense of purpose among brothers.

10. Requiem Mass: Requiem Mass was celebrated at 6:30 AM for Br Arun Kumar who died in accident, was doing his regency in Diocese of Bellary. The liturgy brought together the community in prayerful remembrance.

13. Late Bishop Basil Memorial Lecture: The Bishop Basil Memorial Lecture took place at 6:00 PM in the C.M. Hall, focusing on the theme "Anchoring our Hope in Christ." Rev. Dr Ratan Almeida, O.C.D. delivered an engaging talk, moderated by Rev. Fr Praveen Joy, Professor at St. Joseph's Interdiocesan Seminary. Some guests from the neighbourhood enriched the event's vibrant atmosphere.

23. Winding up of the Sunday Ministry: The Sunday ministry concluded with a wealth of pastoral experiences. The community gathered to reflect on the fruitful service rendered over time. Gratitude filled our hearts as we closed this chapter.

27. Fellowship Group Picnic: The fellowship group enjoyed a refreshing picnic, strengthening bonds among members. The day was filled with joy and

shared moments of relaxation. It provided a welcome break from routine activities.

March

5. Recollection and Ash Wednesday: The Lenten season began with the imposition of ashes, calling us to repentance and to follow the crucified Lord. A recollection themed “Prayer purifies our heart from sin” was facilitated by Rev. Fr Flavian Lobo. This final recollection of the academic year inspired deeper spiritual reflection.

6. Seminary Board Meeting: Most Rev. Dr Peter Paul Saldanha, Bishop of Mangalore, Most Rev. Dr Alexander Vadakumthala, Bishop of Kannur, Most Rev. Dr Gerald Issac Lobo and Very Rev. Dionysius S.J., Provincial of Karnataka Jesuit Province, met the staff at 9:00 AM. They reviewed the formation program with students of philosophy and theology at 10:30 AM. Valuable suggestions were shared to enhance the quality of formation.

8. Election of Students' Council Chairman: The election for the Students' Council Chairman took place at 1:15 PM in the C.M. Hall. Br Rajath Lobo was elected as the new Chairman. The event marked a significant moment of transition in the leadership.

10. Revision Holidays and Examinations: With the conclusion of classes, revision holidays began as students prepared for semester examinations. The community sought divine assistance to face the exams with confidence. This period marked an intense focus on academics.

12. Prefect and Sub-prefect Election: At 1:15 PM in C.M. Hall, Br Prinston D'Souza

was elected as the prefect and Br Jerin George as sub-prefect of Theology. The election strengthened the students' leadership structure. The community expressed enthusiasm for the new appointees.

17. B. Ph. Comprehensive Oral Exam: The Second-year philosophy students undertook their comprehensive oral examinations. The process deepened their understanding of philosophical studies. It was a significant milestone in their academic journey.

19. Feast of St. Joseph and Benefactors' Day: The feast of St. Joseph, our Patron, and Benefactors' Day was celebrated with a Holy Eucharist at 11:00 AM, presided over by Most Rev. Peter Paul Saldanha, Bishop of Mangalore. A modest festive meal followed, bringing joy amidst Lenten observance. The day honoured our patron and supporters with gratitude.

23. Golden Birthday Celebration of Fr Vincent Menezes: A Holy Mass at 7:00 PM marked the golden birthday celebration of Fr Vincent Menezes. A sumptuous meal at 8:00 PM, filled with joy and fellowship followed it. The community came together to honour this special occasion.

25. B.Ph. Comprehensive Written Exam: The comprehensive written examination concluded the philosophical studies for the second-year students. The rigorous process marked the end of their philosophy course. Students felt a sense of accomplishment as the exams ended.

31. Summer Vacations: After lunch, students departed from the Seminary for a two-month summer vacation. The break

offered time for rest and personal reflection. The community looked forward to return refreshed.

June

1. New Academic Year: The Seminary campus buzzed with energy as both present and new students arrived. They quickly settled into their rooms, filled with the joy and of a fresh beginning. This annual renewal marked the beginning of a new journey in formation and study.

2. Full Day Recollection: Following the long summer break, a day of prayer was essential to enrich the community spiritually. Fr Vincent Menezes guided the recollection, focusing on the theme “The priest as a person of compassion and love”. This reflective day provided a strong spiritual foundation for the academic year ahead.

3. Lectio Brevis: The academic year was formally inaugurated with a Mass of the Holy Spirit presided over by Bishop Peter Paul Saldanha. Following the liturgy, the Bishop delivered a short lecture outlining the central thrust for the year’s formation: human formation. The community thanked Rev. Fr Ronald Serrao, the outgoing Rector and welcomed Rev. Fr Rajesh Melvin Rosario, the new Rector.

4. Classes Begin: With the formalities concluded, the seminarians immediately embarked on their academic pursuits. The classroom sessions marked the official start of their scholarly march through philosophy and theology. This initiation into rigorous study was met with earnestness and dedication.

5. Initiation to Sunday Ministry: Rev. Fr Edwin Francis Pinto, Parish Priest of Our Lady of Mercy Church, Manjeshwar provided valuable insights into the practical challenges of parish ministry. This session served as an essential orientation for all, especially for those undertaking Sunday ministry for the first time. It was a crucial step in bridging the gap between academic learning and pastoral practice.

5. Initiation to Social Ministry: The Social Ministry was inaugurated. Mrs Nikitha Fernandes addressed the students on the dynamics of social ministry.

6. Inauguration of Social Academy: Fr Praveen Joy Saldanha, the Director, briefed the community on the pressing social issues in contemporary society. The program was formally initiated by Br Loywin Rodrigues, the secretary of the Social Academy. This inauguration highlighted the Seminary’s commitment to social awareness and responsibility.

7. Commissioning for Sunday and Social Ministries: A special prayer service was held to commission brothers for their Sunday and Social ministries. Rector Fr Rajesh Rosario presided over the ceremony and offered words of caution and encouragement for effective service. This ritual formally sent the seminarians out to apply their learning in real-world contexts.

9. Fellowship Groups Begin: The weekly Fellowship gatherings commenced, aiming to build strong community bonds. These sessions were particularly focused on making new members feel welcome and integrated into the group. This initiative

fostered a spirit of brotherhood and mutual support among the seminarians.

16. Farewell to Three Dedicated Priests: A heartfelt farewell was organized for Fr Naveen Pinto, Fr Francis Dsouza, and Fr Joswin Praveen Dsouza as they concluded their service. The event began with a solemn Eucharist presided over by Fr Naveen Pinto and was followed by a felicitation program. Fr Francis Dsouza expressed his gratitude on behalf of other priests. The farewell concluded a joyful fraternal meal, celebrating their contributions.

19. Spiritual Conference: Rector Fr Rajesh Rosario animated the first Spiritual Conference of the year. He spoke on the theme “Priestly Formation in Seminaries” providing essential guidance for the journey ahead. This conference effectively tuned the hearts and minds of the seminarians to stay on the right path.

20-21. Theologians' Day: The Theology students organized a vibrant cultural program in the evening. Rev. Fr Joseph Martis, Parish Priest of Derebail, was the chief guest for the event. The program showcased the talents and camaraderie of the student community. This special day celebrated the birthday and feast day of Bishop Aloysius Paul D'Souza and the feast of the Theologians' patron, St Aloysius. The highlight was a Holy Mass celebrated by Bishop Aloysius himself. It was a day of dual celebration.

24. Inauguration of the Philosophers' English Academy: The Philosophers' English Academy was inaugurated. Fr Ivan Dsouza, Director of the SJIP, was the chief guest.

26. *Laudato Si'* (Environment) Day: The community observed this day with a practical program of cleaning the entire Seminary compound. Brothers worked diligently from 8:00 AM to 10:00 AM to care for their common home. The afternoon was dedicated to an outing, on the occasion of Theologians' Day.

28. Session on Journalism: The Philosophers had a lecture titled “The Story of Us: Mapping Faith through Memories and Media” which was conducted by Mr Vincent D'Souza, a journalist and the Editor of *Mylapore Times*.

30. Board Inaugurations: The day featured two inaugurations: the Observer Board by Fr Jencil Alva and the Cosmopolitan Board by Fr Praveen Joy Saldanha. The themes, “Called to be Human, Called to Love” and “Formed to Love, Sent to serve,” perfectly captured the year's focus. These Boards encourage creative and intellectual expression among the brothers.

July

3. St Thomas Feast: The feast of St. Thomas, the Apostle of India, was celebrated with great devotion. The main celebrant for the Mass was Rev. Fr Sebastian (Binoy) Kassamkuttiyil from the Eparchy of Mananthavady. This celebration honoured the apostolic roots of the faith in India.

8. Faith Formation Course: St. Joseph Institute of Theology launched a Faith Formation course open to both laity and religious. The course was inaugurated by Rector Fr Rajesh Rosario along with Fr Alexander Kalarikkal and Fr Ronald Serrao. This initiative extends the Seminary's educational mission to the wider community.

10. Recollection: The monthly recollection was facilitated by Rev. Fr Harry Dsouza. He guided the seminarians through the theme, "I AM called to be a person in contact with God." This time of prayer reinforced the primacy of a deep and personal relationship with God in their vocation.

14. Felicitation to Archbishop Varghese Chakkalakkal: On the occasion of the elevation of the Diocese of Calicut to the status of an Archdiocese, a felicitation program was held to honour Archbishop Most Rev. Dr Varghese Chakkalakkal, the Archbishop of Calicut and a member of the Board of Administration of the Seminary. The celebration began with a solemn Thanksgiving Eucharist, followed by a formal felicitation ceremony, during which heartfelt wishes were extended to the new archbishop for success in his pastoral mission in tending the sheep.

15. Spiritual Conference: Fr Antony George Pinto, HOD of Theology, led the spiritual conference of the month. He spoke on the vital theme of "Honesty a virtue for life," addressing its importance for personal and pastoral integrity. His talk provided profound insights into this foundational virtue for ministerial life.

24. Seminarians' Jubilee: This event was celebrated at Our Lady of Holy Rosary Cathedral, Mangalore. It began with a formal procession and included a session on synodality by Fr Praveen Joy Saldanha. The Jubilee Mass was celebrated by Fr Wilfred Prakash Dsouza, Director of St Joseph's Engineering College, Vamanjoor and the event concluded with a sumptuous meal, marking a day of great joy and fraternity.

30. Visit of Bishop of Mandya: Most Rev. Dr Mar Sebastian Adayantharath, the Bishop of Mandya Diocese, visited the Seminary. His visit was highlighted by his celebration of the Holy Mass for the community. His presence was a source of encouragement and spiritual enrichment for all.

31. Free Thursday: The community enjoyed a well-deserved break with a declared "Free Thursday". The brothers quickly departed after breakfast to enjoy their day off. This day of relaxation provided a necessary pause from the rigorous routine of Seminary life.

August

1. Monthly Recollection: We contemplated our spiritual response to God and planned our commitment for the coming month. Fr Clifford Fernandes, Parish Priest of Holy Cross Church, Cordel, spoke on "We are called to be chaste," motivating us to total dedication to the service of the church.

7. New Priests' Day: We warmly welcomed new priests as we celebrated the Feast of St John Mary Vianney. A lively basketball match built fraternity, followed by a Mass at 10:45 AM presided over by Rev. Fr Jeevan Lobo. Thereafter a felicitation with songs and flowers was followed by a festive meal.

8. Funeral of Msgr Aloysius Dsouza: Seminarians attended the funeral of Msgr Aloysius Dsouza, a beloved former spiritual director of our Seminary. The funeral was held at St Vincent Ferrer Church, Valencia, honouring the legacy of enthusiasm priest.

12-13. Cultural Program on Philosophers' Day: Philosophers' Day began with solemn Vespers, followed by a vibrant cultural

evening themed *Tattva – Love, Live, and Lead*. There were various cultural performances by brothers which added glamour to the evening. Sr Lilly B.S. was the chief guest and delivered her inspiring message to the audience. A solemn Mass was celebrated for Philosophers' Day, by Rev. Dr Praveen Martis, S.J., Vice-Chancellor of St Aloysius (Deemed to be) University, as the main celebrant.

15. Assumption of BVM and Independence Day: Rev. Fr Yashveer Minj, CMF, led a festive Hindi Mass, followed by a flag-hoisting ceremony showcasing our patriotism. The Hindi Academy organized events with precision. A football match marked the solemnity of the Assumption and Independence Day, fostering unity.

16. Visit to Father Muller Hospital: First-year philosophy students visited Father Muller's Medical College Hospital for a session on Biology, exploring Anatomy, Physiology, and Simulation labs for hands-on learning.

19. Spiritual Conference: Fr Harry Dsouza led a spiritual conference on "*Justice*", offering profound insights into its role in personal, social, and spiritual life, deepening our understanding.

21. Laudato Si' Ecological Exposure Program Held at Kanthavara Forest : An exposure program was organised at the Kanthavara Base Camp, Moodabidri to explore the importance of nature and to deepen our understanding of the science behind *Laudato Si'*. As part of the program, we also visited the forest area and the Miyawaki forest, gaining valuable insights into ecological preservation and restoration. (56)

21. Ad Auds Exam: Ministerial-year students appeared before three professors for exams, recognizing the need for deeper study to enhance their pastoral skills.

26. Plantation of Mangroves: Philosophy students planted mangroves at the Netravati river basin, contributing to ecosystem preservation and environmental protection.

31. Journey across Faiths and Traditions: Philosophy students visited religious places, including Shri Digambar Jain Temple, Zeenath Baksh Jumma Masjid, St. Francis Xavier Church, Brahma Kumaris, Bangara Gurudwara, Sri Manjunatha Temple, Ramakrishna Math, and the Thousand Pillars Jain Basadi, gaining insights into interfaith harmony.

September

3. Thiru Onam: Onam was celebrated with joy, featuring traditional games like tug of war. Rev. Fr Justin Edathil led the Eucharist. A cultural program and Sadhya meal, prepared by brothers, strengthened community bonds.

4. Monthly Recollection: Fr Ronald Serrao led a recollection on "*A Person of Interpersonal Relationship*", encouraging reflection on building meaningful connections.

5. The Feast of St Theresa of Kolkata: The Kannada Academy held a Kannada Mass honouring their patroness. Fr Colin Lobo, a former student, celebrated and urged seminarians to emulate St Theresa's compassion.

6. Monthi Festh: St. Joseph Vaz Academy organized a Konkani Mass for Monthi Festh, led by Fr Pradeep Cardoza. The community offered flowers to Infant Mary.

9. Revision days and Exams: Seminarians diligently studied notes and books, preparing for semester exams to progress in their academic and spiritual journey.

15. B.Th. Oral Examination: Ministerial-year students sought divine guidance for their oral B.Th. exams, to answer questions before professors.

17. Farewell to the Ministerial Year Brothers : The community joyfully had a farewell for ministerial brothers. Br Vinol spoke on behalf of the community, and Fr Rector addressed on the theme *Administri Salutis* and wished them good pastoral ministry. A video tribute honored 27 new laborers for the Lord's vineyard.

27. B.Th. Written Examination: Ministerial students tackled lengthy written B.Th. exams, reflecting four years of theological study, with some staying late to complete their responses.

27. Election of the Prefect and Sub-Prefect: Theologians elected Br Royston Brayan Dsouza as Prefect and Br Praveen Francis as Sub-Prefect. Fr Rector appointed Br Ajil Anilkumar Reeja as Sub-Prefect for First-Year Theology.

28-29. Annual Picnic: After exams, seminarians enjoyed a two-day picnic in small groups, relaxing in scenic destinations, filled with joy and companionship.

October

1-4. Josiad: After returning from the picnic, the next highlight was Josiad-2025. The event began with a vibrant inauguration featuring four groups: St Monica, St Theresa of Kolkata, St Francis Xavier, and St Joachim. The Josiad team organized games

and competitions for four days, keeping us engaged day and night! Some participants set their sights on the trophy and barely rested for days.

5-11. Annual Retreat: We entered a period of spiritual renewal with the six-day annual retreat. Rev. Fr Paul Melvin D'Souza OFM Cap. guided the theology students, while Rev. Fr Mechenzy Mendonca OP led the philosophy students.

12. First Step towards the Altar: As the evening Angelus bell rang, Most Rev. Dr Aloysius Paul D'Souza, Bishop Emeritus, admitted 21 First-Year Theology students as candidates for the priesthood.

14. Ministries of Reader and Acolyte: The day began with Holy Mass celebrated by Most Rev. Dr Peter Paul Saldanha, Bishop of Mangalore Diocese. During the Mass, he conferred the Ministry of Reader on 29 Second-Year Theology students and the Ministry of Acolyte on 20 Third-Year Theology students. A quick breakfast followed, as Second Term classes commenced that day.

17. Mission Symposium: We organized the annual Mission Symposium on the theme "Mission in the Contemporary Church: Challenges and Opportunities". Rev. Dr Antony Lawrence, President of SPPI, was the resource person, and Rev. Dr Michael Santhumayor, Administrator of FMMC, moderated the session. Brothers and sisters from neighbouring communities attended.

31. Annual Mission Auction: We organized and enthusiastically participated in the Annual Mission Auction. It was an opportunity to express our love for the

missions in quiet, often unseen ways, while showcasing our organizational talents and cooking skills.

November

3. All Souls' Day: Since November 2 fell on a Sunday, we commemorated our departed loved ones, especially former Rectors, staff, and students on the following day. Rev. Fr Vincent Menezes presided over the Mass and reminded us that love is stronger than death and that we are pilgrims of hope. In the evening, we visited the priests' cemetery in Valencia and prayed for their souls. The prayer service was led by Most Rev. Dr Aloysius Paul D'Souza, Bishop Emeritus.

7. Monthly Recollection: Fr Jencil Alva led the monthly recollection on the theme "A Person of Emotional Maturity and Empathy", highlighting the vital role of human formation in the priestly journey.

11. 1700th Anniversary of the Nicene Council: A special session was held at Karnataka Theological College, Balmatta, to mark the 1700th anniversary of the Nicene Council. The event was graced by Most Rev. Dr Peter Paul Saldanha, Bishop of Mangalore Diocese; Most Rev. Dr James Patteril, Bishop of Belthangady Diocese; and other dignitaries. Two scholarly papers were presented, and our Brothers performed a skit

commemorating the Council.

18. Spiritual Conference: Fr Maxim Dsouza led a spiritual conference on "*Priest-A Man Full of Human Qualities*", offering profound insights into how to be more human in personal, social, and spiritual life, deepening our understanding.

20. Seminar for students of Philosophy at Dharmaram : The final year students of St Joseph's Institute of Philosophy along with the Director Fr Ivan DSouza participated in the seminar organised by Philosophy Faculty of Dharmaram Vidya Kshetram, Bangalore on the occasion of World Philosophy Day on 20 November 2025

22. Feast of St Cecilia: As the choir sang in melodiously on the feast of St Cecilia, we contemplated the beauty of heavenly glory. O Cecilia, pray for us! The Holy Mass was celebrated by Fr Ronald Serrao which enhanced the vibe of feast.

25. International Conference on affiliated Institutes in Philippines: Fr Alexander Kalarikkal and Fr Rajesh Rosario participated in an International Conference on affiliated Institutes organized by AVEPRO, Vatican at University of Santo Tomas, Manila in Philippines on 25-26 November 2025.



ST JOSEPH'S INTERDIOCESAN SEMINARY

P. B. NO. 503, KANKANADY POST,
MANGALORE – 575 002, INDIA

BURSE PROJECT OF THE SEMINARY

Dear Friends and well-wishers,

St Joseph's Interdiocesan Seminary, Jeppu, Mangalore provides an integral formation to the future priests. The members of the Board of Administration and the dedicated staff of the Seminary work tirelessly in this endeavour. The task of formation involves economic investment, for which the Seminary turns towards the people of goodwill for their contribution to this mission of the Church.

We have about one hundred and fifty seminarians from different parts of India studying for priesthood. We have a "Burse Fund for Seminarians" to finance the formation of seminarians. The amount donated by the donors is accumulated in this Fund and its interest is used for the formation of seminarians and the maintenance of the Seminary.

We request you to show your generous heart to this noble cause. God will surely reward you for the great generosity that you will show towards us. Many seminarians and priests will pray for you daily during the Mass, Rosary and the adoration of the Blessed Sacrament. You could also send us your intentions of prayer. Kindly speak about this to your relatives and friends. Please pray for the vocations to priesthood and religious life.

THE BURSES ARE OF FOLLOWING TYPES:

PLATINUM BURSE	Rs 6,00,000/-
DIAMOND BURSE	Rs 5,00,000/-
GOLDEN BURSE	Rs 3,00,000/-
RUBY BURSE	Rs 2,00,000/-
SILVER BURSE	Rs 1,00,000/-

CONTACT US

Rev. Fr Rajesh Melvin Rosario
Rector (8792998770)

Rev. Fr Vincent Anil Menezes
Administrator (8088116694)

Rev. Fr Maxim D'Souza
Treasurer (8050615849)

(Reception: 9606715996)

You can draw a cheque in favour of: **St Joseph's Seminary.**

Please contact us for bank transfers.

Faith Instruction Courses offered for the Laity: 2025–26

St Joseph's Seminary has been reaching out to the the Laity by offering instruction on Catholic faith. This year too the Faith Instruction Courses for the Laity XVIII Batch 2025–2026 began with great enthusiasm and fervor. The main focus of the courses is the Scripture and Sacraments. These courses help the faithful to deepen the faith and theological understanding of divine mysteries and enable them to live and witness their Christian vocation more meaningfully in the Church and society. The courses are organized under the leadership of Rev. Dr Rajesh Rosario, the Rector of the Seminary and were conducted under the guidance of Rev. Dr Alex Kalarikkal and Rev. Dr Antony George Pinto, the main coordinators of this program. The inaugural program was held on 8th July 2025 during which Rev. Dr Rajesh Rosario, and Rev. Dr Alex initiated this journey of inculcating

faith and knowledge, with their encouraging words and blessings.

This year the classes have been arranged in both languages: Konkani and English, catering to the needs of all participants. So far, enriching sessions have been held on topics such as the Sacrament of Baptism and Confirmation, the Sacrament of Marriage and its canonical procedures, and the Sacrament of the Anointing of the Sick. Each session has helped the participants to grow in their understanding of the faith and strengthened their commitment to the life of the Church. The other courses of learning this year are: The Infancy Narratives of Jesus, History of Israel, and the Sacrament of Penance and Reconciliation. Through this work of imparting knowledge on the Biblical and Sacramental themes, the Seminary strives to promote the lay participation and

Christ, Our True Hope

Hope is a wonderful companion,
It fills us our life with Light,
Though darkness of the world puts
us into despairing night,
But it lifts us up like a champion.

Hope does not put us to shame,
Rather, it opens success' door,
It lights our heart with God's own flame
To keep us close to Him evermore

Hope is the shining star,
That guides us from afar,
Even if dense darkness tries
to cover it completely,
It never fails to shine brightly.

This hope is Christ Himself,
Who is the way for desperate heart;
He drives the darkness from our self,
And calls us never to depart.

Bro. Vinol Robin Fernandes
III Theology

Jubilarians**Silver Jubilarians – Priests Ordained in 2001**

SI. NO	Name	Date of Ordination	Diocese
1.	Amado Beed Manoj G.	27-12-2000	Trivandrum
2.	Braggs Pius Cyril	10-05-2001	Belgaum
3.	D’Cunha Ronald Francis	03-05-2001	Shimoga
4.	D’Souza Denis	26-04-2001	Mangalore
5.	D’Souza Vincent	26-04-2001	Mangalore
6.	Fernandes Francis	01-05-2001	Shimoga
7.	Kalathoor George	27-12-2000	Thamarassery
8.	Kallumkoottathil S. Joseph	06-01-2001	Calicut
9.	Kannampilly Varghese	26-12-2000	Ernakulam
10.	Karichery Johnson Rocha	12-05-2001	Kottapuram
11.	Sagayanathan P.	16-12-2000	Jhansi
12.	Tauro Deepak	30-12-2000	OCD
13.	Karimkuttikulam Siby	01-01-2000	Balasore
14.	Koilparambil Joselad	01-01-2001	Alleppey
15.	Marneni Bala Prasad	18-03-2001	Nalgonda
16.	Narickat Sebastian	28-12-2000	Chanda
17.	Pais Richard	03-05-2001	Shimoga
18.	Pinto Stany	10-05-2001	Karwar
19.	Ponthempilly Varghese	01-01-2001	Ernakulam
20.	Rodrigues Joseph	26-04-2001	Mangalore
21.	Serrao Alwyn	26-04-2001	Mangalore

New Priests (2024-2025)

SI No.	Name	Diocese	Date of Ordination	Present Address
1.	Dn Rohan Fernandes	Karwar	28-05-2025	Mary Mother of God Church, Shanti Dham, Kodani Post, Via Melin Idgunji, Honavar Taluk - 581423 Uttara Kannada District
2.	Avith Pais	OCD	02-05-2025	Krista Shanti Dham, St. Joseph Nagar, behind Holy Cross Convent School, Mira Road East, Mira Bhayandar, Maharashtra- 401107
3.	Avith Pais	Mangalore	30-04-2025	Our Lady of Miracles Church, Milagres, Hampankatta Mangalore - 575001
4.	Bhaskar Dass	Mysore	08-05-2025	St Joseph's Cathedral Ashoka Road, Lashkar Mohalla, Mysore - 570001
5.	Jeevan Shailesh Lobo	Mangalore	30-04-2025	St Joseph the Worker Church Vamanjoor, Post Mangalore - 575028
6.	Jesvin Tom Benoy	OCD	02-05-2025	Sadbhavana, Carmelite Provincialate, Dr. Rajkumar Road, Rajajinagar I Block, Bengaluru - 560 010, Karnataka
7.	Marwin Praveen Lobo	Mangalore	30-04-2025	Mai De Deus Church Puttur Post, Mangalore- 574201
8.	Movin Pereira	OCD	02-05-2025	The Director, Mount Carmel Hostel, Mount Carmel School Road, Ramnagar, Joida Taluk, Uttara Kannada District - 581453
9.	Pranay Pereira	OCD	02-05-2025	Carmel Ashram, Jnana Vihara Road, Vidya Nagar, Shivamogga, Karnataka - 577203
10.	Prithesh Crasta	OCD	02-05-2025	Asha Deepa, Door number 2-51, Carmelite Father's, Madanthyar Post, Belthangady, Mangalore. - 574 224
11.	Stany Pinto	OCD	02-05-2025	Avila Jyothi, Carmelite Seminary, Peddem, Near Sports' Complex, Mapusa, Goa - 403507
12.	Vikas Periera	Mangalore	30-04-2025	St Joseph Vaz Church Mudipu, Kurnad Post, Mangalore - 574153
13.	David Pao	Itanagar	25-01-2025	St Joseph's School, District East Kameng, Seppa - 790102, Arunachal Pradesh

14.	Ajith Antony	Calicut	24-04-2025	Lurdu Matha Church Pallikunnu, via Manandhavady, Wayanad - 673 121
15.	Albin Arakkal	Alleppey	08-02-2025	Asst. Vicar St Peter's Church, Vattayal, Alleppey District- 688 002
16.	Jerlin George	Calicut	24-04-2025	Sacred Heart Church Cheruvannur, Feroke Calicut- 673 631
17.	Libin Joseph	Calicut	24-04-2025	Immaculate Conception Church Mananthavady, Wayanad- 673 645
18.	Linus Wungreithan	Itanagar	25-01-2025	Mary Immaculate Church, Hapoli Ziro – 791120, Arunachal Pradesh
19.	Manuel Kerketta	Ambikapur	09-05-2025	Vianney Catholic Ashram Sarbhoka – 497335, District MCB, Chhattisgarh
20.	Rejin David	Trivandrum	24-04-2025	St Theresa of Avila Church, Kulathoor, Uchakkada P.O, Trivandrum District, Kerala - 695 123
21.	Sherin Johny	Ernakulam	27-12-2024	St George Basilica, Angamaly, Ernakulam, Kerala - 683572
22.	Thomas Pallillarambu	Alleppey	08-02-2025	St. John Maria Vianney Church, Punnapra P.O, Alleppey District, Kerala - 688 004
23.	Viraj Xalao	Jasphur	15-05-2025	St. Xavier's Orientation Gholeng, Post Gholeng – 496338, District Jashpur, Chhattisgarh
24.	Dhinu E.	Trivandrum	24-04-2025	Assistant Parish Priest, Our Lady of Assumption Church, Mariyanadu, Puthucurichy, Kadinamkulam, Trivandrum, Kerala - 695 301
25.	Godson Antony	Verapoly	28-04-2025	St. Joseph's Church and St. Jude Shrine Konthuruthy, Thevara, Ernakulam District, Kerala - 682-013
26.	Jijo Jose	Trivandrum	24-04-2025	Assistant Parish Priest, St. Joseph's Metropolitan Cathedral, Palayam Vikas Bhavan P.O., Trivandrum - 695 033, Kerala
27.	James Britto	MSIJ	26-04-2025	MSIJ, Mangalore
28.	Joseph Thami	MSIJ	26-04-2025	Assistant Parish Priest, Immaculate Conception Church, Guntur Diocese, Andhra Pradesh
29.	Dn Wilfred Rodrigues	SCJ	05-12-2025	Sacred Heart Church, Tiptur KR Extn, Tiptur, Tumkur District Karnataka - 575020

STATISTICS

TOTAL STRENGTH (2025- 2026)

Sl. No.	Name of the Diocese	THEOLOGY				REGENCY	PHILOSOPHY		Total
		I	II	III	IV		I	II	
1	Alleppey	1	2	1	1				5
2	Ambikapur		1	-	1				2
3	Bagdogra		1	1					2
4	Bangalore	2	1	-	2		2	2	9
5	Belgaum		1		1				2
6	Bellary				3		1		4
7	Belthangady	1			1				2
8	Bongaigoan	1	1	-					2
9	Calicut	4	4					1	9
10	Chikmagaluru	1							1
11	Ernakulam				1				1
12	Gulbarga		1	1	-				2
13	Itanagar			2	2		1		5
14	Jabalpur			1			1		2
15	Jashpur		1	1				1	3
16	Kannur	2	5	3	3				13
17	Karwar	1			1			-	2
18	Kottapuram		1	2					3
19	Mandya		1						1
20	Mangalore	4	3	6	5		7	5	30
21	Mysore		1	1	1			2	5
22	Neyyattinkara	2					1		3
23	Quilon	1	2						3
24	Raigarh				1				1
25	Shimoga		2						2
26	Tellichery	1							1
27	Trivandrum		1						1
28	Udupi				3		1	1	5
29	Verapoly	2	2	1	1		1	2	9
SUB - TOTAL		23	31	20	27	-	15	14	130
DAY SCHOLARS									
30	O.Carm	1						-	1
31	O.C.D.	4	3		5				12
32	MSIJ	1							1

SUB - TOTAL	6	3	-	5	-	-	-	14
TOTAL	29	34	20	32	-	15	14	144

No. of Staff	:	14		
No. of Students				
Theology	:	115	}	144
Philosophy	:	29		
Day Scholars	:	14	}	144
Residents	:	130		
Regents	:	17		

Human Formation Through Encounter: Insights from *Dilexi te*

When Pope Leo XIV takes up Pope Francis' unfinished text and presents *Dilexi te*, he invites the whole Church to rediscover something profoundly human: that love for the poor shapes us from the inside out. Human formation, in this sense, is not an academic theory but the slow shaping of the heart so that it learns to see the world as Christ sees it. Throughout the exhortation, the Pope speaks about the development of the person not in abstract language but through the concrete themes of education, dignity and relationships. He recalls how the Church has long viewed education as one of the highest expressions of Christian charity, because real teaching forms the whole person: conscience, character, and the capacity to recognize God's action in one's life.



This integral human formation, the Pope emphasizes, belongs especially to the poor. Educating them is not a favour but a duty, since each child has the right to grow in knowledge, dignity and hope. At its best, Catholic education becomes a place where a person learns to think, to discern, to love and to believe that his or her life has meaning. Yet *Dilexi te* goes further. The poor themselves become teachers. Their lives, often marked by struggle and perseverance, remind the Church that human maturity includes humility, compassion, and the ability to see Christ in fragile places. When the Church bends toward the poor, she is not only serving them; she is being formed by them. Ultimately, Pope Leo XIV shows that Christian human formation is always relational. God shapes us through prayer, community, service and especially through encounter with those who suffer. In such encounters, something in us is refined and awakened. This is the quiet heartbeat of *Dilexi te*, a school where Christ forms the human person from within.

Reports of the Academies

a. Theologians' Social Academy

The Theologians' Social Academy (TSA) has been a significant academy in the seminary.

TSA of the current year began its proceedings with inaugural session held on 4 June 2025 where Dr Praveen Joy Saldanha, the director of TSA addressed the students.

The theme of the Academy is 'Forming the Human Heart in the Current World'. The members were divided into 10 groups and each group assigned to study, evaluate and present ideas and issues one each book. The findings were presented at different sessions. The books selected for study and discussion were the following:

1. *Ethics, Artificial Intelligence and Human Destiny: Our Collective Search* by Kuruvilla Pandikattu
2. *Homo Deus. A Brief History of Tomorrow* by Yuval Noah Harari
3. *The Silent Coup* by Josy Joseph
4. *Argumentative Indian* by Amartya Sen
5. *The Caste of Merit Engineering Education in India* by Ajantha
6. *Polarized Times: Living in India Today* by Anil Maheshwari



Bro. Loywin Rodrigues
Secretary

7. *Commonwealth of Cricket* by Ramachandra Guha
8. *The Afternoon of Christianity: The Courage to Change* by Tomas Halik
9. *But I Am One of You* by Samarth Choudhury Preeti Gill
10. *Christianity in Largest Democracy* by Steven Menezes

TSA, with its rich vision of empowering the students to reflect theologically and intellectually on pastoral and human realms of life, continues to be a milestone in the integral formation of the Seminarians.

b. Philosophical English Academy

The Philosophical English Academy is a space for students to explore philosophy, social issues, and ethical questions. Through discussions and presentations, students learn to think critically, express ideas clearly, and engage with contemporary challenges. The goal is to nurture students into thoughtful and responsible individuals who can engage with challenges wisely and with care.

This year, the focus was on Contemporary Feminist Philosophers and their ideas, giving students the opportunity to understand different perspectives on gender, society, and culture. The Academy stays closely connected to contemporary philosophical discussions, providing a space for rich learning and exchange of ideas. Every fortnight, students come together to engage in thoughtful discussions on topics such as ecofeminism, gender equality, abjection in society and religion, gender performance, and reimagining gender through cultural perspectives.

The inauguration of the 2025–26 academic year took place on 24 June 2025, with Rev. Dr Ivan D'Souza, Director, leading an inspiring session for the members. The event marked the beginning of a new chapter for the Academy. For this academic year, a total of 29 members were organized into five



Bro. Austin Vaz
Secretary

groups, each exploring contemporary feminist philosophical perspectives:

1. *Ethos*: A Philosophical Analysis on Gender Performance in the Feminism of Judith Butler
2. *Logos*: Nature, Women, and Resistance: Ecofeminist Philosophical Insights from Vandana Shiva's *Staying Alive*
3. *Kairos*: A Feministic View of Abjection in Religion, Culture and Society According to Julia Kristeva
4. *Pathos*: Re-reading Simone de Beauvoir's Writings on Gender Equality
5. *Mythos*: The Invention of Women: Reimagining Gender through Yoruba Perspective

These presentations reflect the students' commitment to research, insight, and creative engagement with philosophical texts.

c. Mar Thoma Malayala Samajam

The Mar Thoma Malayala Samajam, the literary association of the students from Kerala at St Joseph's Seminary, steps into the 107th year of its existence.

At present, the association consists of 47 members, from various dioceses belonging to both the Syro-Malabar and Latin Catholic traditions. The Malayalam Homiletic Classes, conducted every Saturday, play a vital role in nurturing the art of public speaking. In addition, various literary competitions further encourage scholarly and artistic development among the members.

Each year, the Samajam takes the lead in organizing the feast of St Thomas, the patron of the Mar Thoma Malayala Samajam. This year, the Holy Qurbana was celebrated in the Syro-Malabar Rite by Rev. Fr Sebastian Kassamkuttiyil from the Eparchy of Mananthavady. The Samajam also hosted a celebration of *Thiru Onam*. Rev. Fr Justin Edathil from the Diocese of Kannur was the main celebrant



Bro. Libin C J
Secretary

for the Holy Mass. The day's celebrations included traditional games, *pookkalam*, Maveli and a delicious Kerala traditional meal. On the same occasion, two of the Samajam's publications were released: '*Punchiry*', the annual literary magazine, and '*Vachanamozhikal*', a compilation of Malayalam homilies.

Fr Manoj Mathew is the present Director of the Samajam and Fr Alex and Fr Milton too give guidance and support throughout the year.

d. Kannada Academy

The Kannada Academy, founded in 1952 by the late Fr Cyril Pereira SJ, has completed 73 years of dedicated work in faith and language education. Over the years, it has helped many young people grow in knowledge and spiritual formation.

Fr Harry D'Souza is the new director of the Kannada Academy. The members are grateful to Fr Francis D'Souza for his faithful service, constant support, and guidance during his time as director. Currently, the Academy has 18 seminarians from both Philosophy and Theology, continuing its mission to form future leaders in the Church.

The Kannada Academy celebrated the feast of its patron, St Teresa of Kolkata, with great devotion and joy. The celebration began with solemn Vespers led by the new director, Fr Harry D'Souza. The following day, a festive Mass was presided over by Fr Colin, a priest from the Diocese of Chikkamagalur and a former member of the Academy.

After the Mass, the Academy released its annual magazine 'SAMPIGE', guided by Fr Harry. The theme, "Hope Blossoms Even Amidst the Fear of War," was reflected in the articles, poems, and artwork. Fr Rajesh Rosario released the magazine and presented



Bro. Manoj Francis
Secretary

it to the new director. The Academy's secretary, Manoj Francis, thanked everyone for their support and prayers.

The Kannada Academy held a farewell program for the brothers of Ministerial year. Bro. William led the ceremony, while Bro. Chinappa shared words of gratitude on behalf of his classmates. Fr Harry D'Souza gave an inspiring message, encouraging everyone to do marvellous work in the Lord's vineyard.

In the second semester, the Academy began homiletics classes to help brothers to improve their Kannada language skills and become confident speakers. A study session was also held on a selected topic, enriching their learning experience.

e. Hindi Academy

The Hindi Academy has a proud history of 45 years. It continues to promote various cultural beliefs, ideas, and languages.

The Academy has 13 members belonging to five dioceses from North India and two dioceses from the North East.

The Academy has tried its best to imbibe human values through different activities.

Fr Yashveer Minj, CMF and Fr Sushil Xess, SVD, have celebrated Holy Mass for the Academy members. Fr Yashveer Minj, CMF was the main celebrant of Hindi mass on 15 August 2025. The members conducted the flag hoisting, parade and sang patriotic songs.



Bro. Amit Kujur
Secretary

The Seminary also provides an opportunity to celebrate a Hindi Mass once a month.

The Academy has a Hindi Library to enhance the knowledge of its members. On the occasion of Seminary Day, the Academy presents cultural item every year.

This year, the Academy bid farewell to its former Director, Fr Joswin D'Souza, and warmly welcomed the new Director, Dr Jencil Alva.

f. Konkani Academy

St Joseph Vaz Konkani Academy celebrates 30 years of fruitful existence. The Academy comprises 29 members from Mangalore, Karwar, and Udupi Dioceses. It continues to uphold and nurture the vibrant cultural and linguistic heritage of the Konkani community. The Academy remains committed to helping in the formation of seminarians by organizing formation sessions, cultural events, and festal celebrations that enrich the life of the Seminary and foster a deep love for the Konkani language.

The Academy continues its activities under the guidance of its Director Fr Vincent Anil Menezes. Konkani Mass is celebrated once every month, allowing members to prepare the liturgy in their own language and to experience the beauty of faith expressed in their mother tongue.

A key highlight of the Academy was the celebration of the *Monthi* Fest. In preparation for the feast, the Academy shared nine days of online reflections, presented by the brothers and priests, helping the faithful to deepen their devotion to Mother Mary. The solemn celebration was held on 6 September 2025, with the festal Mass presided over by Fr Pradeep Cardoza, Assistant Parish Priest of Kallianpur Cathedral, Udupi. The Mass was followed by a festive meal, fostering a spirit of joy, unity, and gratitude among all participants.



Bro. Johnson Crasta
Secretary

The Academy also organized a farewell program on 4 September 2025 to honor the brother of ministerial year, expressing gratitude for their dedication and wishing them God's blessings in their pastoral journey ahead. As part of the homiletics formation, Fr Praveen Joy Saldanha conducted an inspiring session on 18 October 2025, offering practical insights and useful tips for preparing and delivering meaningful homilies.

In addition to these activities, the Academy achieved a significant literary milestone by publishing two books this year:

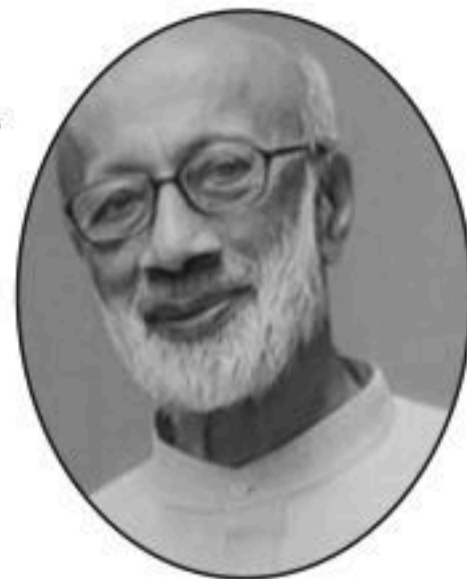
1. *Bhorvosheachim Hateram* – A Collection of ten one-biblical plays.
2. *Bhavadthache Zaith* – A Collection of five Religious dramas.

These publications stand as a testament to the Academy's commitment to promoting Konkani literature and theatre.

Obituaries

Fr Richard Sequeira SJ (1934-2025)

Rev. Fr Richard Sequeira SJ, was a priest of the Society of Jesus. He was the former Rector of the Seminary. He passed away peacefully on 10 January, 2025, at the age of 90. He is known for his unwavering dedication, scholarly contributions and quiet humility. Fr Sequeira leaves behind a profound legacy that spans seven decades of selfless service to the Church.



Fr Richard Sequeira was born on 12 May, 1934, to Albert Sequeira and Pauline Pinto in Makale, Mangalore. He joined the Society of Jesus on 1 July, 1954, was ordained a priest on 29 March, 1967, and took his final vows on 15 August, 1973. Throughout his life, he remained deeply committed to his faith, his vocation, and the mission of the Church.

Fr Sequeira's ministry within the Society of Jesus was marked by diverse and impactful roles across various institutions. He began his service at Loyola Nivas, Mangalore, from 1970 to 1971. He served as Socius to the Provincial at Loyola Mandir, Bangalore, from 1972 to 1975 and again from 1977 to 1978, and later from 1992 to 2001. At St Joseph's Seminary, Mangalore, he was the teacher of Philosophy and Spiritual Father from 1975 to 1977, Minister of students of Philosophy and teacher of Anthropology and Cosmology from 1978 to 1983, and Rector from 1983 to 1988. After a sabbatical from 1988 to 1989, he returned as teacher of Philosophy at the same Seminary from 1989 to 1992. Later on he served in various Jesuit institutions at Bangalore until his death.

Fr Sequeira was widely admired for his humility, intellectual depth, and quiet dedication to his calling. His influence extended far beyond academia, touching the lives of countless Jesuits, students, and faithful through his guidance, wisdom, and example of faithful service.

Fr Richard Sequeira SJ is survived by his sister, Carmelita Dias, and mourned deeply by his Jesuit brethren and the wider Church community.



Fr Matthew Aadatt (1951-2025)

Rev. Fr Matthew Aadatt, a priest from the Diocese of Calicut, was born on 31 January 1951 to Devasia and Mariamma. He hailed from a devout Catholic family and was the seventh among twelve children. He began his early education at Government LPS Peechi school AUPS Kannara and continued at Government High School, Pattikad, Thrissur. He pursued his college studies at St Aloysius College, Mangalore. Responding to the call to priesthood, he joined St Joseph's Seminary, Mangalore, and earned a Bachelor of Arts (B.A.) and a Bachelor of Theology (B.Th.). He received his diaconate on 19 March 1981 and was ordained Priest on 2 April 1981. He devoted his life to pastoral ministry and social service within the Diocese of Calicut.



Fr Matthew served the Church in various capacities over the decades. He began as Assistant Parish Priest at St Paul Church, Thrikaripur, in 1981, and later at St Joseph's Church, Meppadi, from 1981 to 1984. From 1984 to 1989, he served as the Consignee for Catholic Relief Services and Director of Social Service in Chirakkal, Kannur Region, while also being a Parish Priest at S.H. Church, Payangadi, and St Francis Assisi Church, Nereivambam. He served as Parish Priest at Fathima Church, Thavam, from 1989 to 1995; St Joseph's Church, Kattakulam, from 1994 to 1995; Ottapalam from 1995 to 1996; St Joseph's Church, Meppadi, from 1996 to 2001; Lourdu Matha Shrine, Pallikunnu, from 2001 to 2004; St Joseph's Church, Vythiri, from 2004 to 2009; and St Thomas Aquinas Church, Thenhipalam, from 2009 to 2013. He was also the Chancellor in the Diocese of Calicut and served as Parish Priest at St Mary's Church, Koyilandy, and Little Flower Church, Mavoor. In 2010, he was appointed as the Diocesan Director of the Catholic Mothers' Association.

Fr Matthew's priestly journey spanned over 44 years, characterized by an unwavering commitment to his pastoral duties and dedicated service to the Church. He was a holy, humane, bright, people-friendly, and loving priest. He went to eternal abode on 12 May 2025. He was buried at Holy Redeemer Latin Church, Kozhikode. May he enjoy eternal life in God's Kingdom.



Fr Gerald Pinto (1953-2025)

Rev. Fr Gerald Pinto, a priest of the Diocese of Mangalore, was born on 2 October 1953 to the late Sylvester R Pinto and the late Benny Pinto. He was ordained a priest on 4 May 1982 and dedicated his life over four decades in priestly service. Fr Gerald Pinto served the Church in various capacities over the decades. He began as Assistant Parish Priest at St Rita Church, Cassia, in 1982, followed by Most Holy Redeemer Church, Derebail, from 1982 to 1984; St Lawrence Church, Moodubelle, from 1984 to 1986; and Our Lady of Dolours Church, Vittal, from 1986 to 1987. He then served as the Parish Priest at Holy Cross Church, Pavor, from 1987 to 1991; St Joseph's Church, Belve, from 1991 to 1997; St Philip Neri Church, Basrur, from 1997 to 2004; Our Lady of Mercy Church, Panir, from 2004 to 2005; St Antony Church, Kulur, from 2005 to 2010; and St Antony Church, Fermai, from 2010 to 2012. He was Socius at Palimar from 2012 to 2013 and at St. Antony Ashram from 2013 to 2014. From 2014 to 2015, he served as the Assistant Administrator at Father Muller Homeopathic Medical College and Hospital, Deralakatte. He later returned as the Parish Priest at Sacred Heart of Jesus Church, Shamboor, from 2015 to 2021, and served at Mariashram Parish from 2021 to 2023. From 2023 to 2025, he was on medical leave and resided at st. Zuze Vaz Home, Jeppu.



The Seminary deeply mourns the passing of Rev. Fr Gerald Pinto. He went to his eternal rest at St Zuze Vaz Home, Jeppu, on Wednesday, 26 March 2025, at the age of 72. His Funeral was held on 28 March, at St Vincent Ferrer Church, Valencia.

Fr Gerald Pinto was known for his humility, dedication, and compassionate pastoral care. His strong commitment to his parishioners and selfless service marked his life of ministry. May the merciful Lord grant him eternal life and count him among His numbered in heavenly Jerusalem.



Fr Vincent Monteiro (1954-2025)

Rev. Fr Vincent Francis Monteiro, a priest of the Diocese of Mangalore, was born on 24 July 1954 in Angelore to Mr Raymond Monteiro and Mrs Christine Monteiro. Fr Vincent was ordained to the priesthood on 22 April 1981. He ministered with compassion, guided communities with wisdom and inspired youth with his leadership for over 44 years.



Fr Vincent's pastoral ministry in the diocese spanned across parishes and institutions. He served as Assistant Parish Priest at Kirem from 1981 to 1983. Beyond the diocese, Fr Vincent rose to national prominence as the National Director of the Young Christian Students/Young Students Movement (YCS/YSM) of India from 1989 to 1995. He served as the Parish Priest at Pangla Church from 1995 to 2002. In recognition to his calibre, he was later appointed as Asian Chaplain of YCS in 2004, extending his ministry to the youth of the Asian Church. He served as the Director of the Pastoral Institute from 2002 to 2004, and thereafter he pursued studies in the Philippines from 2004 to 2006, later he was appointed as Director of the Pastoral Institute, Mangalore, from 2006 to 2014. Then he served as Parish Priest of Kinnigoli Church from 2014 to 2018 and Bendur from 2018 to 2024. In 2024, he was on sick leave at st. Zuze Vaz Home, Jeppu.

He was known for his simplicity, pastoral dedication and a heart that embraced people of all walks of life. His dynamic leadership invigorated the movement across the country, forming generations of student leaders in faith, responsibility, and social commitment. Through his decades of service, Fr Vincent left a lasting mark as a pastoral visionary, a champion of youth, and a faithful shepherd of Christ's flock. His contributions to the Church, both in Mangalore and at the national level, will be remembered with gratitude and admiration.

His funeral was held on 31 August 2025 at St Vincent Ferrer Church, Valencia. May the merciful Lord grant him eternal rest and a place in His heavenly kingdom.



Rev. Msgr Aloysius D'Souza (1925-2025)

Rev. Fr Aloysius D'Souza, a priest of the Diocese of Mangalore, was born on 29 January, 1925, in Puttur to the pious couple Martin D'Souza and Piedade D'Souza. Msgr Aloysius was their only son. St Joseph's Seminary bids a tearful farewell to one of its most revered and longest-serving priest, Rev. Msgr Aloysius D'Souza, who entered eternal life on 7 August, 2025, at St Zuze Vaz, Home for Priests, Jeppu, at the age of 100 years and 7 months.



Losing his father in his adolescence, he was nurtured by his devout mother, who fostered his vocation to the priesthood. After early education in Puttur, he joined the St Joseph's Seminary and pursued theological studies in Kandy, Sri Lanka. He was ordained a priest on 24 August, 1953, dedicating 72 years to priestly ministry, a testament to his unwavering commitment.

Msgr Aloysius was a man of purity, humility and profound faith, embodying the Beatitude: "Blessed are the pure in heart, for they shall see God." Known for his simplicity, discipline, prayerful life, intellectual depth, pastoral zeal, mastery of languages (including Latin and English), and devotion to the Eucharist. He served under six Bishops of the Diocese and left an indelible mark on parishes, institutions, and formation house. Remarkably, during his century-long life, he witnessed the tenures of 9 Popes and 7 Bishops.

He began his priestly ministry as an Assistant Parish Priest at Bejai from 1954 to 1963, and then as Parish Priest at Arva for a year from 1963 to 1964. He was the Secretary to the Bishop from 1964 to 1965, and the Director and Manager of Codialbail Press from 1965 to 1973. As Parish Priest and Vicar Forane, he ministered at Pezar from 1973 to 1982 and Kinnigoli from 1982 to 1987. He held the prestigious position of the Vicar General of the Diocese from 1987 to 1995, Director of St Antony's Charitable Institutions, Jeppu from 1995 to 2000, and even after retirement at 75, devoted more than 22 years from 2000 to 2022 as the Spiritual Director at St Joseph's Seminary, Jeppu, and also teaching Latin and English to seminarians.

In his final years, he resided at St Zuze Vaz Home, Jeppu, immersed in prayer and reflection. Msgr Aloysius D'Souza's life was a radiant witness to God's love a holy, humble shepherd who connected deeply with people in every walk of life. May God grant him eternal rest.



Bro. Arun Kumar (2000- 2025)

Bro. Arun Kumar was a Seminarian belonging to the Diocese of Bellary. St Joseph's Seminary mourns the sudden and tragic death of Bro. Arun Kumar, a young, energetic and ever-joyful Regent, who was called to eternal rest on 9 February 2025.

Born on 25 March 2000 to Vinod Kumar and Shanthamma in Jawalgera, Raichur District, Karnataka, Bro. Arun was the second of four children, with an elder sister and two younger brothers. He completed his primary education at St Antony's Higher Primary School, Jawalgera, and pursued high school at St Joseph's Boys' High School, Bellary, while residing at St Martin's Home. It was during his time there that he discerned God's call to priesthood in 2016 and joined the Minor Seminary at Dheeksha Bhavan, Bellary. He completed his Pre-University Course at St John's PU College, Fort, Ballari, and earned his undergraduate degree in Arts from Veerashaiva College, Bellary. After completing his minor seminary formation, he entered the propaedeutic program at St Joseph's Inter-Diocesan Seminary, Mangalore, where he also pursued his philosophical studies.

Bro. Arun served as regent at K. Mariammanahalli Parish from June to November 2024. In December 2024, he was assigned to Kottur Mission, where he ministered with great zeal until his untimely death. On 9 February 2025, Bro. Arun, along with Fr Nikson, had attended the Infant Jesus feast and the Missionary Childhood Day celebrations in Hadagalli. While returning to Kottur around 2:45 p.m., their motorcycle collided with a speeding truck and he was seriously injured. Despite the doctors' best efforts, the injuries proved fatal and Bro. Arun breathed his last.

Known for his boundless energy, joyful spirit and readiness to serve, Bro. Arun left a deep impression wherever he went. During his time in the minor and major seminaries, he was always eager to help. At K. Mariammanahalli Parish, he built strong bonds within the community, especially through his dedicated catechism teaching and pastoral involvement. In his brief time at Kottur Mission, he served with love and commitment, particularly at the budding Queen of Angels School. May the Risen Lord welcome him into paradise and grant him the fullness of eternal joy.



Fr Denis D'Souza (1935- 2025)

Rev. Fr Denis D'Souza, was the priest of the Diocese of Mangalore. He was born on 15 February 1935 in Thodambila. He was born to late Paul Dsouza and late Mary Magdalen Noronha. He had a large family of 13 siblings of which only 8 of them survived. His brother Fr Valerian Dsouza is a senior priest of the Diocese of Mangalore. He was ordained on 4 December 1961. He lived his priesthood with unwavering faith, deep compassion, and a heart rooted in prayer. Throughout his life, he touched many souls through simplicity, kindness, and readiness to serve anyone who came to him in need. He was a priest for the poor.



In his long and fruitful ministry, Fr Denis served the Church with great dedication in various parishes. He began his priestly journey as Assistant Parish Priest in Shirva from 1962 to 1968. He then shepherded the faithful as Parish Priest in Pamboor Church from 1968 to 1977, then at Bondel from 1977 to 1987 and Niddodi from 1987 to 1994. His service continued in Mukamar from 1994 to 1995, followed by Cascia from 1995 to 2002, then at Surathkal Church from 2002 to 2005, and later Sampige from 2005 to 2010. After decades of tireless ministry, he retired to the Bishop's House, where he continued to inspire many with his gentle presence. Later in 2019, he moved to St Zuzze Vas home, where he continued his stay till his last

Father Denis went to eternal abode on 16 November 2025. He lived his 91 years of his faithfully. His funeral was held on 17 November 2025 at St Vincent Ferrer Church, Valencia. May the merciful Lord grant him eternal rest and a place in His heavenly kingdom.



List of Donors

Contribution towards Bursaries for Seminaries

Rs 2 Lakh and above : NN, Mumbai; Ms Maise and Claude Rodrigues, Valencia; Ms Jane Pereira, Derebail; NN.

Rs 1 Lakh and above : Fr Michael Marcel D'Silva, Ammembal; Fr Victor Machado, St Zuze Vaz Home, Jeppu; Mr Lawrence Mendonca, Vamanjoor; Ms Lucy Leena D'Souza, Jeppu; Fr Marcel Saldanha in Memory of Late Mary Saldanha; Mr Richard Celine D'Souza, in Memory of Late Jerome & Severine D'Souza & Late Maurice & Cosses Mascarenhas; Ms Gladys Roche, Kundapur; Mr Ritesh Sweeta Pinto, Shirva; Priests Ordained Batch-2015; Ms Arlena Lewis, Mumbai; Mr Oscar D'Silva, Kodialguttu West; Mr Nelson D'Souza, Bajpe; Priests Ordained Batch-2000; Mr Gerald Pinto, Padavinangady; Mr Kiran & Asha Menezes, Bendur; Mr Manish Elvin Saldanha, Udupi; Mr Johnson Valerian Fernandes, Pamboor, Udupi; Ms Pauline Augustie Fernandes, Moodbidri; Fr Michael Tauro, Maroli; Priests Ordained Batch- 2014; NN; Ms Juliana Benedicta Correa, Bejai; Mr Henry J. Pinto, Kadri Tollgate; Mr Marvin D.G. Nazareth; Ms Leena Fernandes, Kirem; Ms Nathalia Connie Selvaraj, Manna Gudda; Mr Richard Rodrigues, Velankanni Constructions, Kulshekar; Mr Ignatius Ronald D'Souza, Bejai; Ms Mavis Philomena Rodrigues, Kadri; Mr Joseph Santhosh Monteiro in the name of Callistus Natha, Tejas Immanuel and Austin Ignatius, Monkey Stand; Mr Herald Monthu Monteiro, Bendur; Mr Harold Rasquinha & Hilda Rasquinha, Jeppu; Fr Godfrey Saldanha, St Zuze Vaz Home, Jeppu; Fr Anil Avild Lobo, Nainad.

Rs 50,000/- & above : Ms Jessie D'Silva, Kadri; Ms Sylvia Calvin Mendonca, Mumbai; Mr James & Juliana Sequeira, Kankanady; Ms Nalini Mable Shalet Alva, Udupi; NN; Priests ordained batch-2025; Mr Stany Richard Goveas, Moodbidri; Ms Severine Saldanha, Gorigudde; Ms Stella Mary D'Souza, Bangalore; Fr Vincent Anil Menezes, Jeppu; Mr John P. D'Souza, Kulshekar.

Rs 20,000/- & above : Fr Clifford Fernandes, Cordel; Ms Gretta & Stany Carvalho, Jeppu, Ms Daisy Pinto, Jeppu; Mr Edward Hilary Rocky Mascarenhas, Falnir; Fr Vincent D'Souza, Sampige; Mr John D'Souza, Sajipanadu; Fr Maxim D'Souza, Jeppu; Mr Albert Vincent John Machado, Shirva; Ms Benedicta Crasta, Attavar; Mr M. J. Mascarenhas, Pumpwell; Mr John Furtado, Jeppu, Mr Royston Farias, in memory of Emilda Farias; Mrs Agnes & Felix D'Souza, Bejai; Ms Jane Flora Sequeira.

Rs 10,000/- & Above : Mr George & Nora Lobo, Jeppu; Mr Alex D'Souza, Ajekar; Ms Annie Castelino, Bejai; Mr Baptist & Juliana Monteiro, Eliyarapadavu; Mr Ligoury Fernandes, Jeppu; Mr Lancy Mascarenhas, Derebail; Mr Vincent and Elveera Fernandes, Bejai;

Below Rs10,000/-: Ms Rita Vaz, Bejai; Mr Fredrick Clement Mathias, Chilimbi; Mr Marian J. Rego, Morgangate; Mr Joseph Thomas Lasrado, Kodialbail; Mr Walter Pinto, Maroli.

Donation to Poor Students' Fund

Rs 50,000/- & Above: Fr Victor Machado, Maroli.

Rs 10,000/- & Above: NN; Fr Anil Roshan Lobo, Nirkan; Fr Thrishan D'Souza, Bishop's House, Mangalore; Rev. Fr Fredrick D'Souza, Mudarangady; Fr Wilson, Vitus D'Souza, St Zuze Vaz Home Jeppu; Fr Alvine, Shimoga; Bishop Aloysius, D'Souza, Jeppu; Fr J. B. Saldanha, Bejai; Fr Bonaventure, Milagres; Parish Priest, Puttur.

Rs 5,000/- & Above: Fr Wilson D'Souza, St Zuze Vaz Home; Fr Alban D'Souza, St Zuze Vaz Home; Fr Richard Saldanha, St Zuze Vaz Home; Fr Valerian, D'Souza, St Zuze Vaz Home Jeppu; Rev. Fr Godfrey L. A. Saldanha, St. Zuze Vaz, Home; Mr Audy Rego and Mallikatta II Ward Members, Bendur; John Walter, Mendonca, Hirgan; Ms Assumpta Fernandes, Kapikad; Parish Priest, Padukone; Fr Stephen D'Souza, Udupi; NN; Fr Joseph Cardoza, Belvai; Fr Josway Fernandes, Yermal.

Rs 1,000/- & Above: Fr John Vettimalayil, Calicut; Fr Francis D'Souza, Kripa Sadhana, Bajpe; Fr Dennis D'Souza, Parapady; Fr James D'Souza, Ferar; Fr Louis Cutinha, Kasaragod; Fr Vincent Crasta, Udupi; Fr Basil Vaz, Vorakdy; Fr Alphosus D'Lima, Udupi.

Donation to Seminary

Rs 5 Lakh & Above : Mr Michael D'Souza, Bejai.

Rs 2 Lakh & Above : Mr R.C. Rodrigues, Karnataka Agencies, Kottar Chowki.

Rs 1 Lakh & Above : Bishop Aloysius Paul D'Souza, Jeppu; Rev. Msgr Leslie F. Shenoy, Urwa.

Rs 25,000 & Above : Mrs Lenny Saldanha, Daffodil; Parish Priest, Immaculate Conception Church, Kinnigoli.

Rs 10,000 & Above : Fr Antony George Pinto, Jeppu; Fr Richard Pais, Bangalore; Most Rev. Duming Dias, Bishop of Karwar; Mr Roshan Rebello and Priya Prema Lewis, Kunjathabail; Mrs Christine Maria D'Souza, Bendur; Mrs Gracy Maria D'Souza, Near Jeppu Market; Mr Jerome Lawrence Saldanha, Thokur; Mr Prakash Richard Lasrado, Valencia; Mr Vasanth Joachim Carvalho, Mumbai; Mr Gleron Quadros, Bangalore.

Rs 5,000 & Above : Mrs Judia D'Souza, Mangalore; Mrs Angeline Sequeira, Urwa; Mr Santhosh & Leena Fernandes, Valencia; Augustine, Bangalore; Mr Jarman Mathias D'Souza, Karwar.

Rs 2000 & Above : Mrs Betsy Pereira, Kankanady; Mr Ronald Wilson Pinto, Karkal.

Rs 1000 & Above : Ms Felcin Mathews, Mangalore; NN, Derebail; Fr Sebastian Karakkal, Mahe.

Donation to Unitas

Rs 50,000 : Fr Victor Machado, St Zuze Vaz Home, Jeppu.

Rs 10,000 & Above : NN; Fr Anil Roshan Lobo, Nirkan; Fr Thrishan D'Souza, Mangalore; Fr Fredrick D'Souza, Mudarangady; Fr Wilson Vitus D'Souza, St Zuze Vaz Home, Jeppu; Fr Alvine Stanyslus, Shimoga; Bishop Aloysius Paul D'Souza, Jeppu; Fr Victor Machado, Zuze Vaz Home, Jeppu.

Rs 5,000 & Above : Fr Wilson D'Souza, Zuze Vaz Home, Jeppu; Fr Alban D'Souza, Zuze Vaz Home, Jeppu; Fr Richard Saldanha, St Zuze Vaz Home, Jeppu; Fr Valerian D'Souza, St Zuze Vaz Home Jeppu; Rev. Fr Godfrey L.A. Saldanha, St. Zuze Vaz Home; Mr Audy Rego and Mallikatta II Ward, Bendur; Fr John Baptist Crasta, Jeppu; Fr Paul Sequeira, Balkunje; Fr Lawrence Culas, Trivandrum; Fr Vincent Sylvester Lobo, Thumaby; Fr Denis D'Souza, StZuze Vaz Home Jeppu.

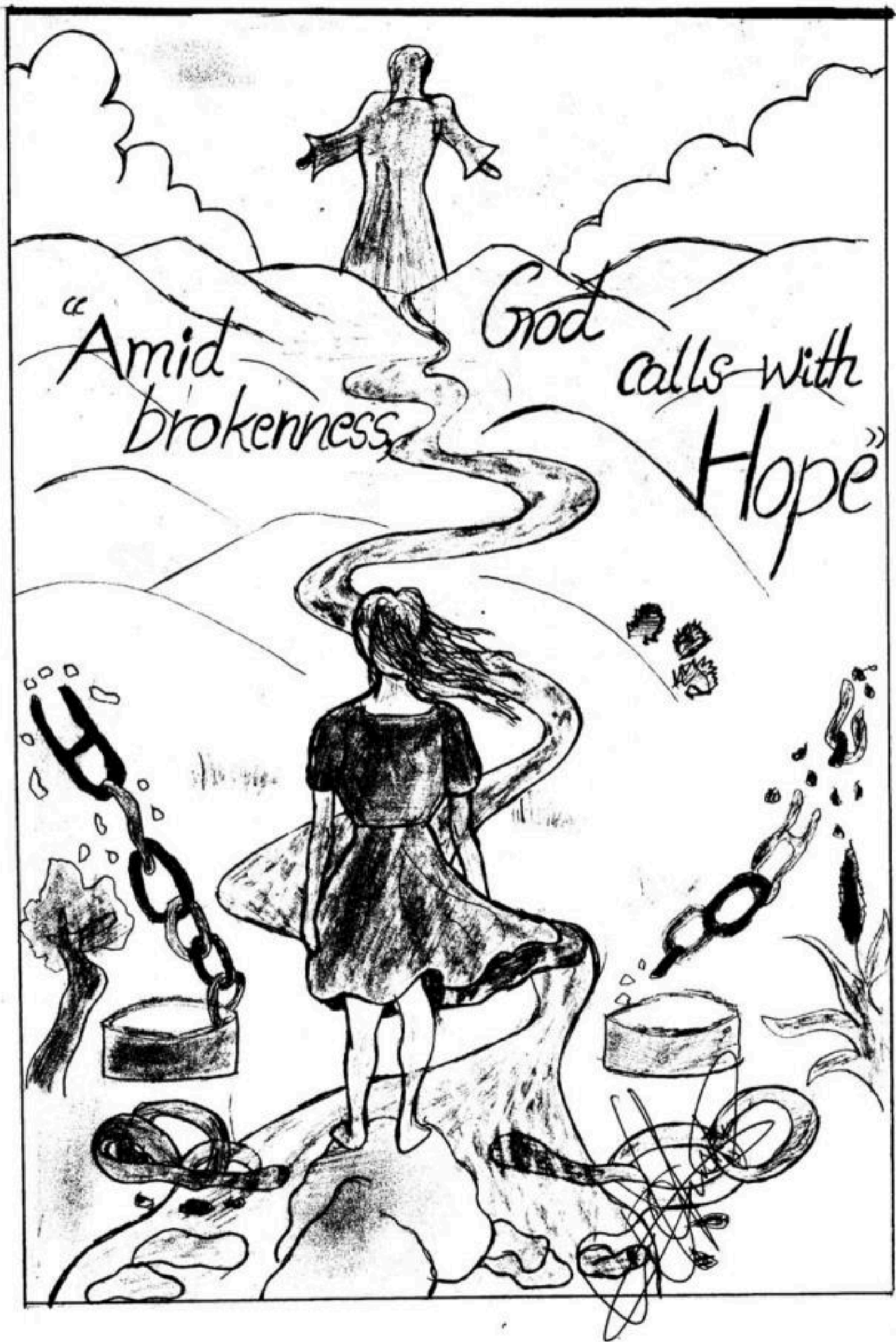
Rs 1,000 & Above : Fr John Vettimalayil, Calicut; Fr Francis D'Souza, Bajpe; Fr Dennis D'Souza, Parapady; Fr James D'Souza, Ferrar; Fr Louis Cutinha, Kasaragod; Fr Denis Menezes, Bellary; Fr Michael Vadakemulanjanal, Kalpetta.

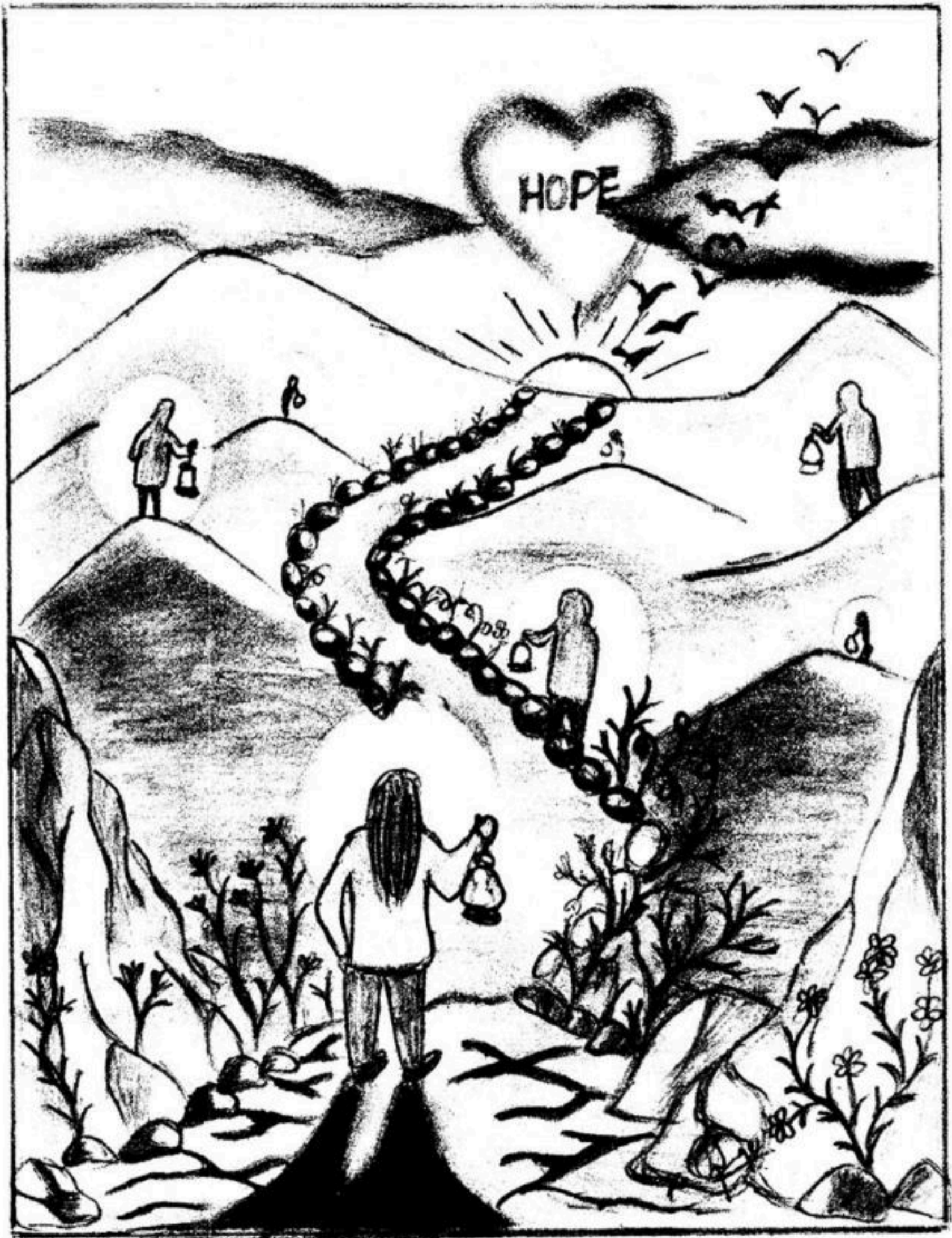
Return to the Heart

In Scripture, the heart is not only the center of feelings and emotions, but the locus of freedom. Although the heart includes reason, it transcends and transforms it, influencing and integrating all aspects of the person and his or her fundamental relationships. The heart is the place where external reality has the greatest impact, where the deepest searching takes place, where the most authentic desires are discovered, where one's ultimate identity is found, and where decisions are formed. It is only by returning to the heart that a true ecological conversion can take place. We must shift from collecting data to caring; and from environmental discourse to an ecological conversion that transforms both personal and communal lifestyles. For believers, this conversion is in fact no different to the one that orients us towards the living God. We cannot love God, whom we cannot see, while despising his creatures. Nor can we call ourselves disciples of Jesus Christ without participating in his outlook on creation and his care for all that is fragile and wounded.



Address of the Holy Father Leo XIV to the Participants in the “Raising Hope” Conference on the Tenth Anniversary of the Encyclical ‘Laudato Si’ on 1 October 2025





Hope is a Human Calling...

George Aabou, II ^{1st Year} Philosophy



Glass Candles



PINK



BLUE



WHITE

EACH
@
RS 60

GST
INCLUSIVE

SJS HOST AND PARTICLES IS ALSO AVAILABLE

To
order

Contact +91 9606715996



CHETHANA TRUST

MURDOM CANDLES

DECORATIVE CANDLES



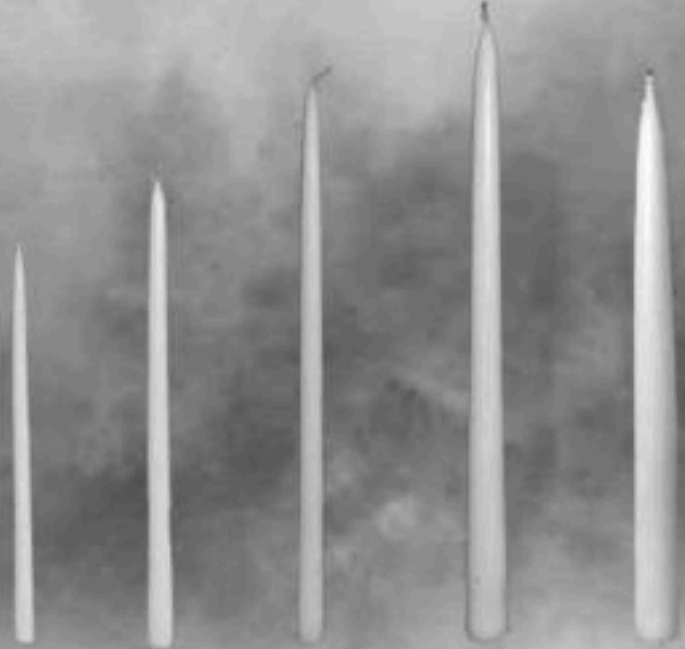
NON DECORATIVE CANDLES

S= SIZE, P= PIECES

10'S - 10'P
 20'S - 20'P
 30'S - 30'P

3'S - 3'P
 4'S - 4'P

1 Kg - Rs 300



SJS HOST AND PARTICLES ARE ALSO AVAILABLE



To order

Contact +91 9606715996



With Best Compliments from

**Parish Priest and Rector,
Resident Priests and Parishioners**

Our Lady of the Rosary Cathedral Mangalore





रोशनी निलय
Love is made Fruitful in Service

School of Social Work, Roshni Nilaya (Autonomous), Mangaluru

Affiliated to Mangalore University
RE-ACCREDITED BY NAAC WITH 'A' GRADE



ADMISSIONS OPEN FOR 2025-26

DOCTORAL PROGRAMMES

Ph.D (Social Work)

POST GRADUATE PROGRAMMES

M.S.W. Specializations: Community Development/ Medical & Psychiatric Social Work/ Personnel Management & Industrial Relations - HRM

M.Sc. (Counselling)

M.Sc. (Criminology & Forensic Science)

Specializations: Forensic Psychology & Criminal Justice/Questioned Documents & Impression Evidences

UNDER GRADUATE PROGRAMMES

B.S.W. (Bachelor of Social Work)

B.A. (The disciplines offered are Psychology, Secretarial Practice, Sociology, Rural Development, Criminology, Economics and English (Optional))

B.Com

SHORT TERM SPECIAL COURSES

Post Graduate Diploma in Human Resource Management (PGDHRM)

Post Graduate Diploma in Counselling (PGDC)

Diploma in Human Resource Management (DHRM)

Diploma in Labour Law (DLL)

Post Graduate Diploma in Event Management (PGDEM)

Diploma in Counselling (DC)

Diploma in French

Certificate Course in French Conversation

Post Graduate Diploma in Criminology and Forensic Science (PGDCFS)

Online Certificate Course in Forensic Psychology

SHORT TERM SPECIAL COMPUTER COURSES

Diploma in Computer Application	MS Excel 2016	Kannada/Hindi Typing using Baraha
Diploma in Web Designing	MS PowerPoint 2016 & Internet	Tally 9.0
Diploma in Desk Top Publication	MS Windows 2016	Macro Media Flash
MS Word 2016	Introduction to Dbase with MS Access	PageMaker 7.0
		Photoshop

For further details, you may contact the college office and reserve your seats

0824-2435791, +916364476721 | E-mail : sswroshni@gmail.com | www.sswroshni.in

Basilica of St Teresa, Mahe

DIOCESE OF CALICUT



Basilica of St Teresa, Mahe

Feast Days : October 5- 22

Main Feast Days : October 14 & 15

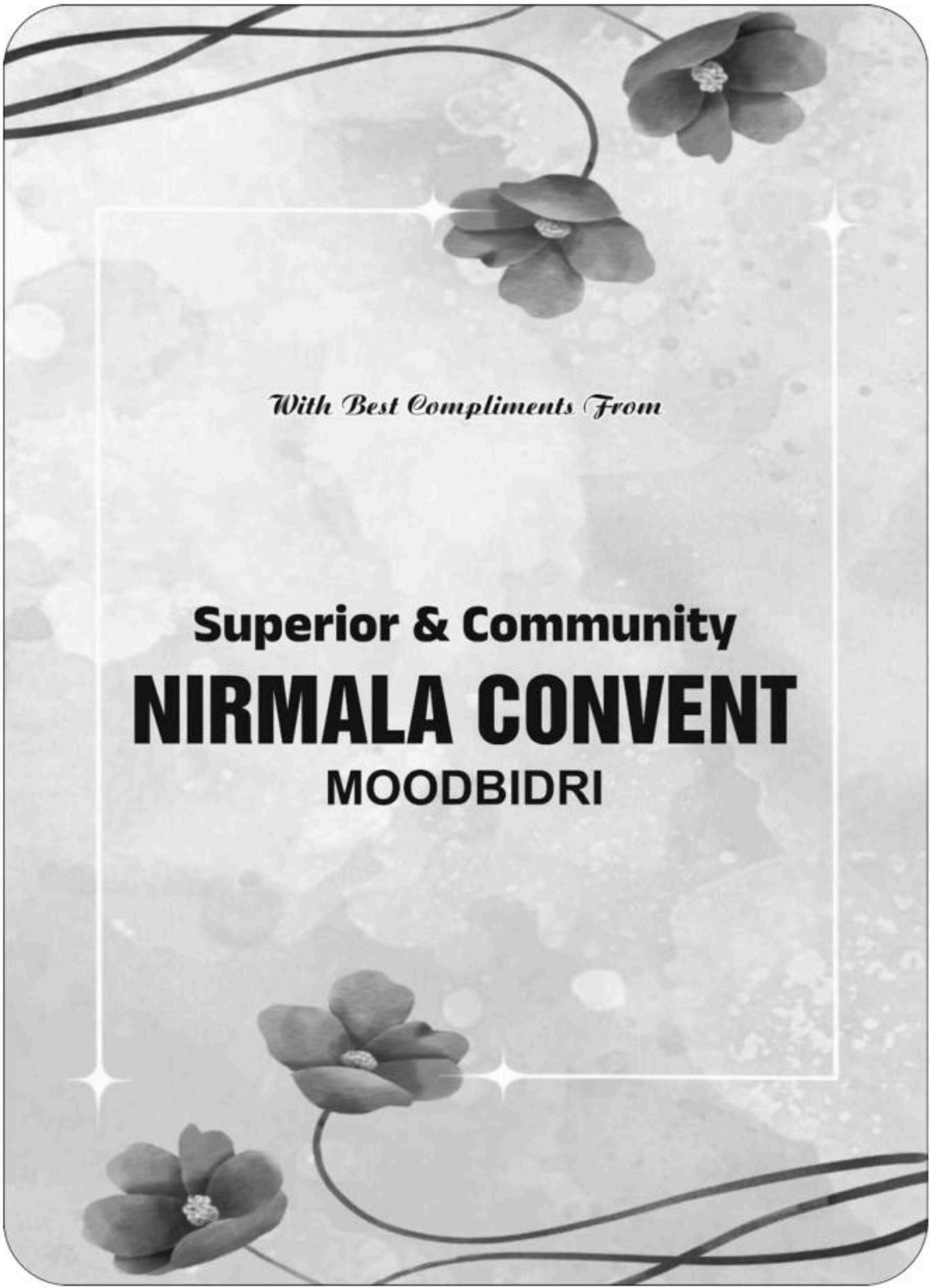
**Welcome to the First Basilica of Malabar
and Renowned Pilgrim Centre of
St Teresa of Avila**

ST. THERESA'S SHRINE
MAHE

With Best Compliments From

**Parish Priest and Parishioners
St Martin De Porres Church
Belvai**





With Best Compliments From

Superior & Community
NIRMALA CONVENT
MOODBIDRI

Best Wishes From

PEREIRA ENTERPRISES

CHRIS ENTERPRISES

Prop :
William Wilfred Pereira



Prop:
Vanitha Juliet Pereira

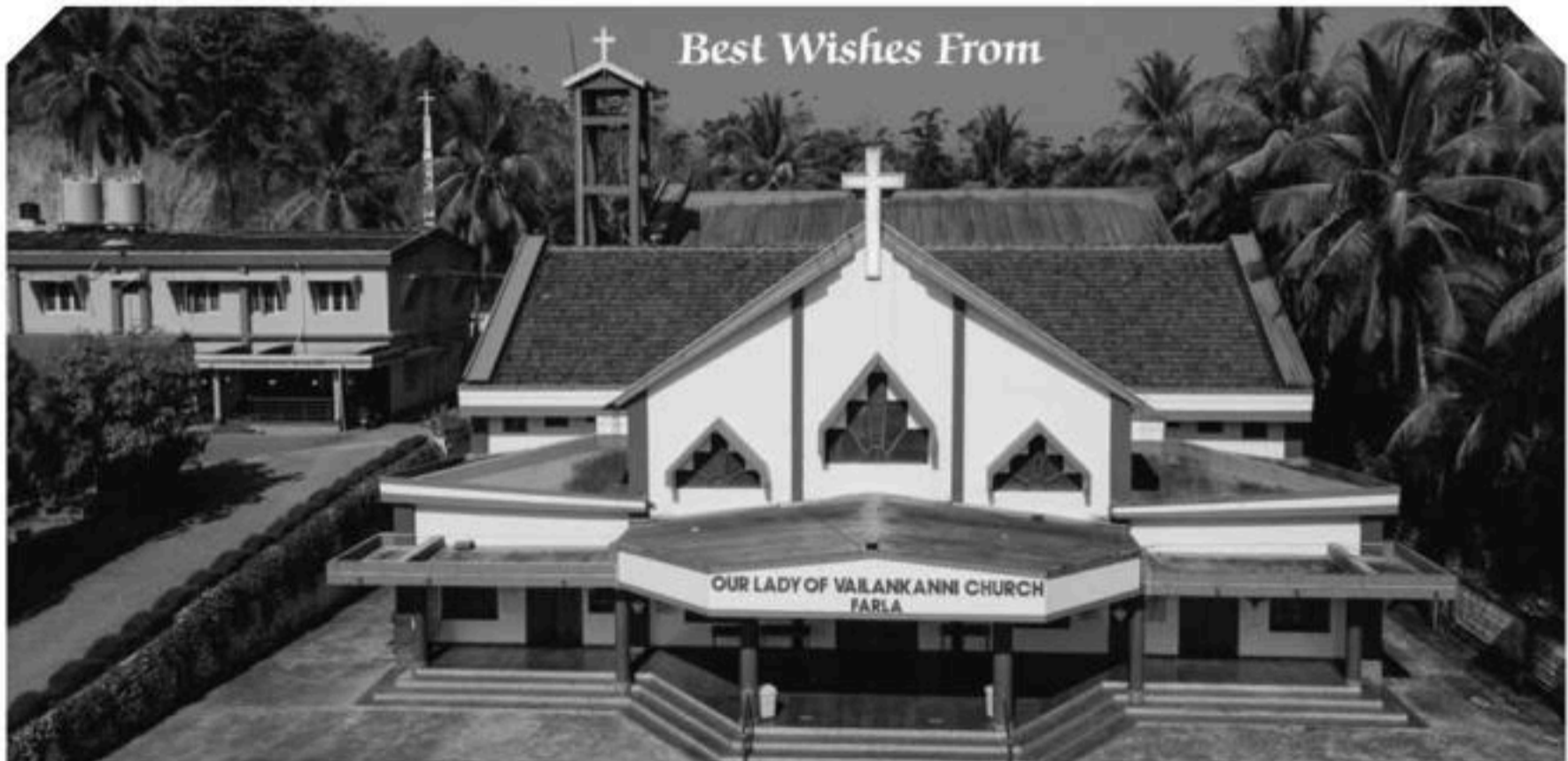
9845207101
Pereira Complex, Naravi
Belthangady T.Q - 574109
wilfyjuethan@gmail.com
GST : 29AAVPW6846P1Z3



Dealers in :

Ultratech, JK Super, Ramco, Ambuja Cement, FE550 Steel, Asian & JSW Paints.
Also deal with All types of Building Products like AC Sheets, GC Sheets, Colour Sheets,
PVC + CPVC + UPVC + FlexPipes & Fittings, Water Tanks, Square Pipes,
Barbed Wires, Window & Door Frames & Fittings, Cement Blocks, W. C.
Bricks & All types of Hardware Products.

Best Wishes From



Parish Priest & Parishioners
Our Lady of Vailankanni Church
Farla

With Best Compliments from

**Parish Priest & Parishioners
St Joseph Church, Pezar
Kalavar**

Vijay Alfred
Proprietor

Ph:0824 2415359
Cell: 9880361882

JEPPU FLOUR & OIL MILLS

Near Gerosa School, Jeppu Workshop, Mangaluru – 2



Manufacturers of:

**VIJITHA RON Masala Powder
VIJITHA RON Nutrimix Powder**



Working Hours: 8:30 a.m. to 8:00 p.m.

ಮಕ್ಕಳಿಗಾಗಿ ಹಾಗೂ ಎಲ್ಲಾ ವಯೋಮಾನದವರಿಗೆ ಅತ್ಯಧಿಕ ಪೌಷ್ಟಿಕಾಂಶ ನೀಡುವ ಏಕೈಕ ಆಹಾರ

With Best Compliments from

**Parish Priest & Parishioners
Holy Spirit Church
Sampige**

Wishing you all a Merry Christmas & a Prosperous New Year 2024



Ground Floor, Church Building
(Bishops House), Opp. Karnataka Bank,
KS Rao Road, Kodialbail, Mangalore
Ph.: 0824-2424477, 2414417,
Mob.: 9448156732, 9845304601, 9480949501
compunetmangalore@gmail.com



2nd Floor, Church Building(Bishops House),
Near St. Aloysius Gonzaga School,
KS Rao Road, Kodialbail, Mangalore
Mob.: 868686 6664, 948094 9506,
948094 9503, 948094 9502
compucaremangalore@gmail.com



"Reliable names in IT industry since 2001"

With Best Compliments from



**Parish Priest & Parishioners
St Anthony's Church
Bannur**

Best Compliments From



**Provincial Superior & Sisters
Queen of Apostles Convent
Vamanjoor**

Best Wishes From

Courses offered at Sandesha

Keyboard
Guitar
Drums
Western Vocal
Hindustani Vocal
Carnatic Vocal
Light Music
Western Dance



Bharatanatyam
Drawing & Painting
Western Violin
Hindustani Instrumental
Public Speaking
Anchoring
Basic Journalism Course
Web Designing
Theatre/ Acting

Studio Services

Sandesha professional Digital studio
Audio Recording/ Music Production/ Mixing
& Mastering / Dubbing / Voice-over

For more details contact

Sandesha Foundation
Premanagar, Bajjodi, Mangalore
+91 7899439016

Best Wishes From

J.M.J Chicken Centre



Opp. Capitanio School, Pumpwell Circle, Mangalore
Contact : John Sebastian - 9663178969

With Best Wishes From

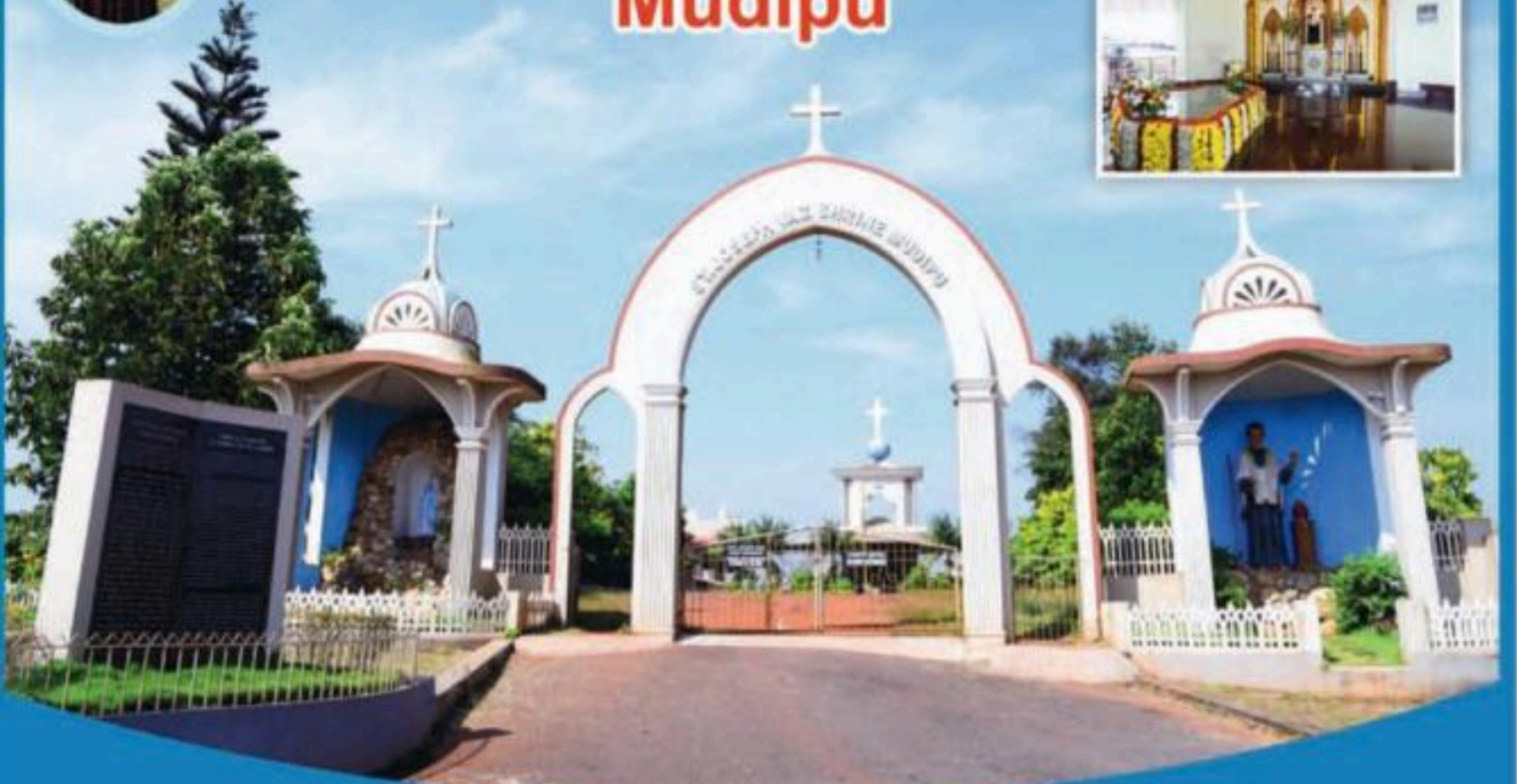


Rector & Parishioners
MILAGRES CATHEDRAL
Kalianpur, Udupi

Best Wishes from



St Joseph Vaz Shrine Mudipu



ನೊವೆನ್

ಸುಕ್ರಾರಾಜಿಂ ಮಾತ್

On Fridays

Novena

ಸಕಾಳಂ 10.00 ವರಾರ್ ತೇರ್ಸ್ ಆನಿ ಕುಮ್ಮಾರಾಂ
10.30 ವರಾರ್ - ಆರಾಧನ್
ಮೀಸ್, ಆನಿ ನೊವೆನ್
ಉಪ್ರಾಂತ್ ಭಕ್ತಿಕಾಂಕ್ ಜೆವಾಣ್

10.00 am : Rosary & Confessions
10.30 : Adoration
Mass & Novena
Meal will be served for the devotees

ಪೆರ್ ಐಂಯ್ಯಾಯ್ ದಿನಾ ಥೆರ್ ದಿವಲ್ಯಾ ಪಂಗ್ಡಾಂನಿ ಪಂಪುಂಕ್ ಕಲೆಯ್ಸಾರ್ ಮಿನಾಟಿ ಮಾಂಡಾವಲ್ ಕರ್ಚೆವಾ.

ಪೂನ್ಶೆತಾಟಿ ವಾರ್ಷಿಕ್ ಪರಬ್ 2025 ದಶಂಬರ್ 5, 6 ಆನಿ 7 ತಾರಿಕೆರ್

ಚಡಿತ್ ದಿವರಾಕ್ ಆನಿ ತೆಸಾಂವಾಂ ಧಾಡುಂಕ್ ಸಂಪರ್ಕ್ ಕರಾ

For more information contact

Parish Priest/Shrine Rector

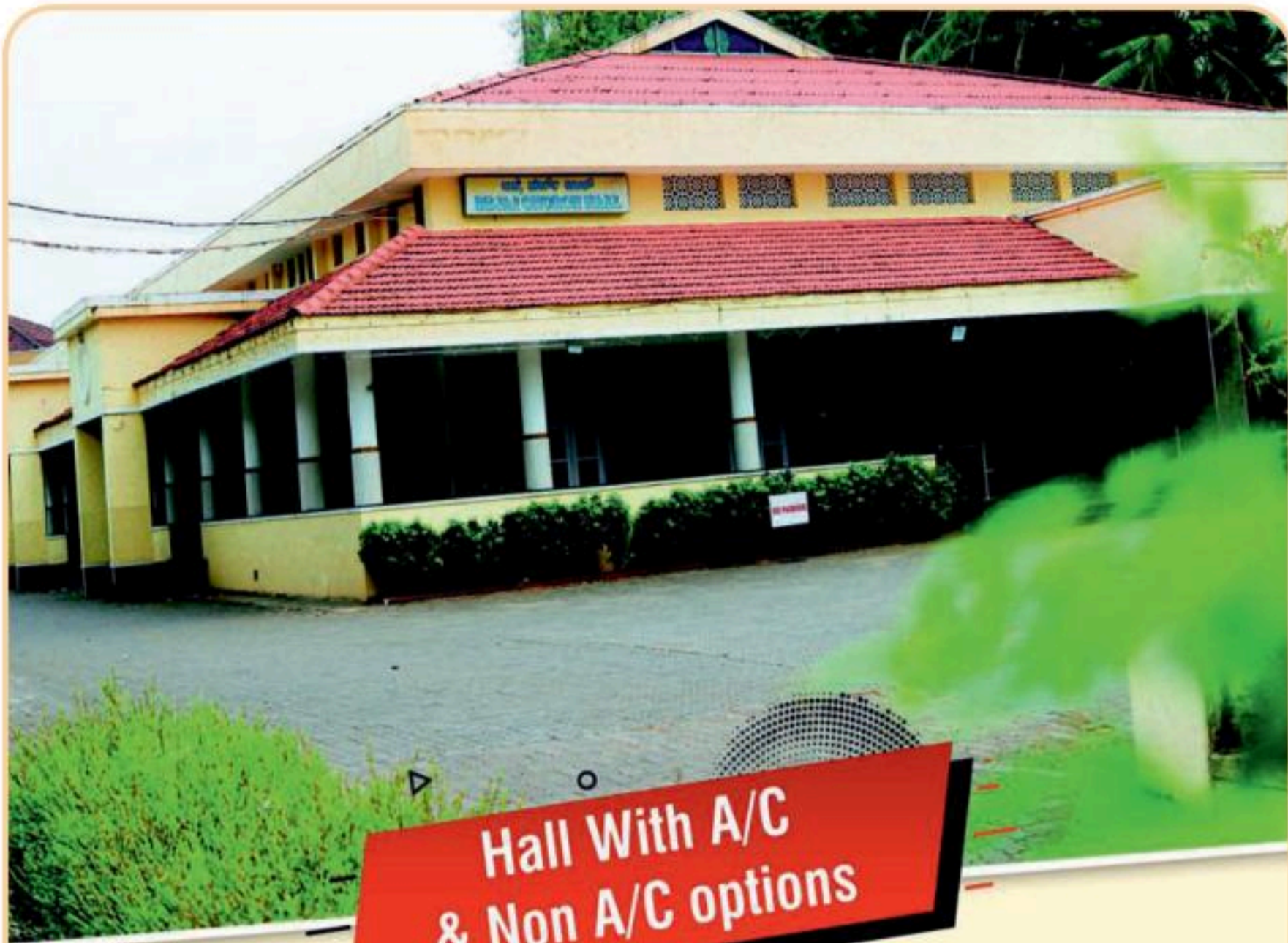
St Joseph Vaz Shrine, Mudipu

Kurnad Post, Mudipu, Bantwal DK 574 153

Mobile: +91 8762535603, +91 8277939373

Email: mudipubljosephvaz@gmail.com

website: www.mudipushrine.com



Hall With A/C
& Non A/C options

BEJAI CHURCH HALL

Bejai Church Road, Bejai, Mangalore - 575004

Please Contact:

Manager: **Alwyn D'Souza**

Tel: 0824 - 2218263, Mobile : 94484 72742

Office Timings : 8:30 a.m. to 1:00 p.m,
2.00 p.m. to 6.00 p.m

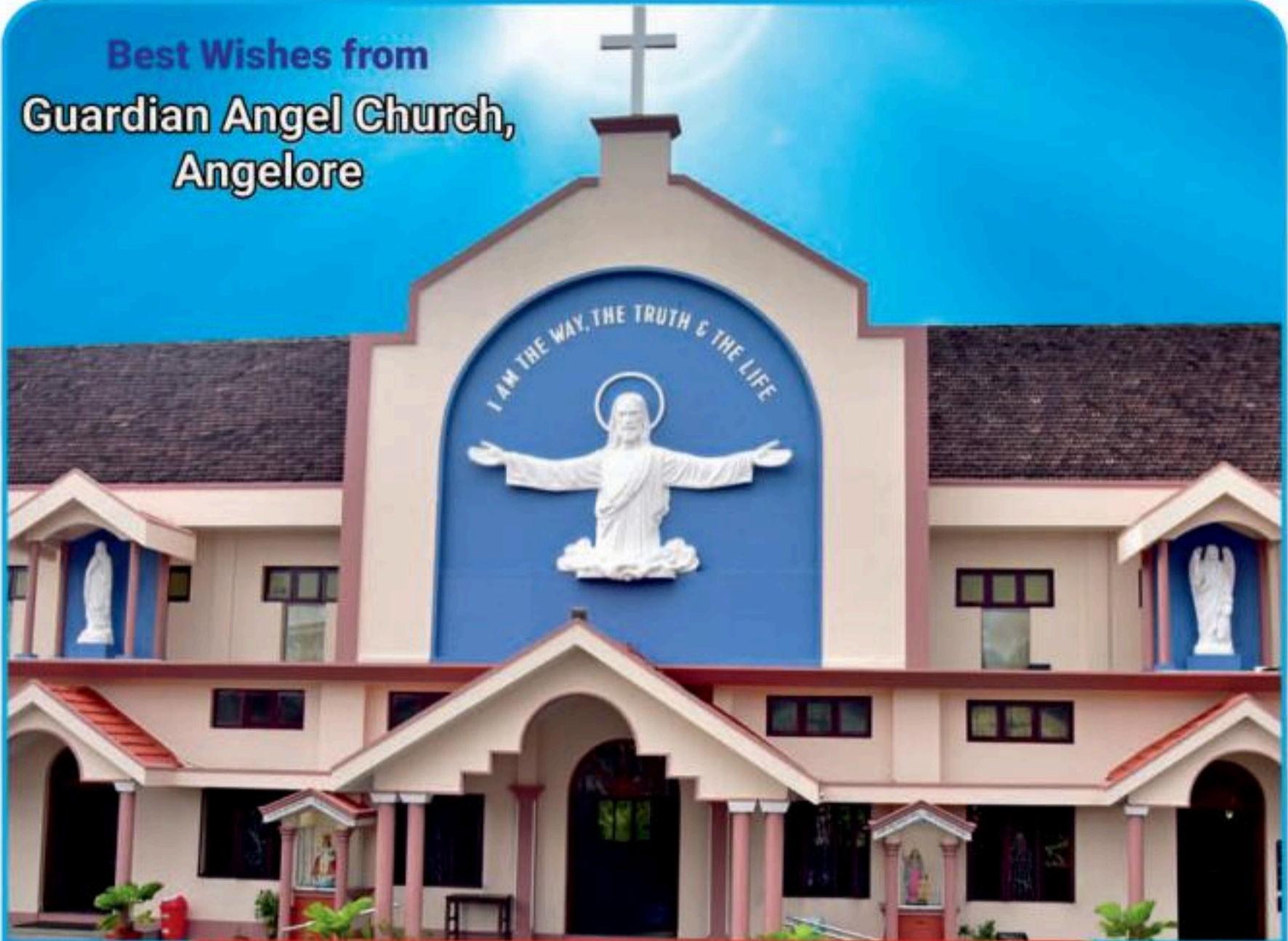
With Best Compliments

**Parish Priest, Parish Pastoral Council
and Parishioners**

**Mother of Sorrows Church
Udupi**



**Best Wishes from
Guardian Angel Church,
Angelore**



Parish Priest, Socius and Parishioners



GUARDIAN ANGEL CHURCH - ANGELORE



**GUARDIAN ANGEL SABHA BHAVAN
AC Hall**



**Seating
Capacity 400**



**GOLDEN JUBILEE MEMORIAL
Non-AC Hall**



Seating Capacity 400

AMPLE PARKING SPACE AVAILABLE

FOR BOOKINGS CONTACT: 8277939307



Milagres Jubilee Hall

Milagres Senate Hall

Milagres Conference Hall

Open Air Auditorium

Fully
Air-conditioned

Provision for
Cooking /
Parking



Facilities Provided

- Fully Furnished AC complex
- Airconditioned Bridal and Groom changing rooms, and well-maintained bathrooms with both hot and cold-water facility
- Airconditioned 'Sado' room
- Guest Lifts and Service lifts to every floor
- Latest Profile Spot Lights, LED moving head wash, RGB Laser, LED Blinders, Smoke machine for entries, 1st Waltz and dances
- 24X7 Backup Generators
- Clean sanitation facilities
- Colourful LED fountain lights and mesmerising Selfie spots at the entrance
- Parking facility for 150 Cars and 100 two-wheelers

MILAGRES HALL COMPLEX

Mother Theresa Road, Hampankatta, Mangalore - 575 001
Contact: Ph: + 91 824 2426222 (Booking Office), 82779 39368
milagreschurch100@gmail.com | milagres.church

Best Wishes from

LOURDES CENTRAL SCHOOL

BEJAI, MANGALURU - 575 004

(Affiliated to Central Board of Secondary Education - New Delhi)

Affiliation No: 830120



ACADEMIC EXCELLENCE

- ✓ CBSE Exam & Spot Evaluation Centre
- ✓ NEET & Competitive Exam Centre
- ✓ In-House Coaching & Foundation Courses
- ✓ Digital Interactive Classrooms
- ✓ Advanced Labs (Science, 3D, Computer & Innovation)
- ✓ Library & Academic Support Classes



STUDENT DEVELOPMENT

- ✓ Extra-Curricular Activities
- ✓ Counselling Services
- ✓ Cricket & Basketball Coaching
- ✓ Educational Trips
- ✓ International Tours

MODERN AMENITIES

- ✓ Indoor badminton & basketball court
- ✓ Safe Synthetic Kids Play area
- ✓ Canteen & Transport Facility

FOR MORE INFORMATION CONTACT

📍 Bejai Church Campus, Bejai, Mangaluru - 575 004
🌐 www.lourdescentralschool.com
📷 @lourdes_central_school_bejai

☎ 0824-2213865, 2223366, 9449615081
✉ admissions@lourdescentralschool.com
📘 Lourdes Central School, Bejai, Mangaluru

Best Wishes from

**Invoking God's choicest blessings on
Rev. Fr Rector, Staff and Students
on the occasion of Seminary Day
May it be an occasion to experience
God's providence and goodness of one another**



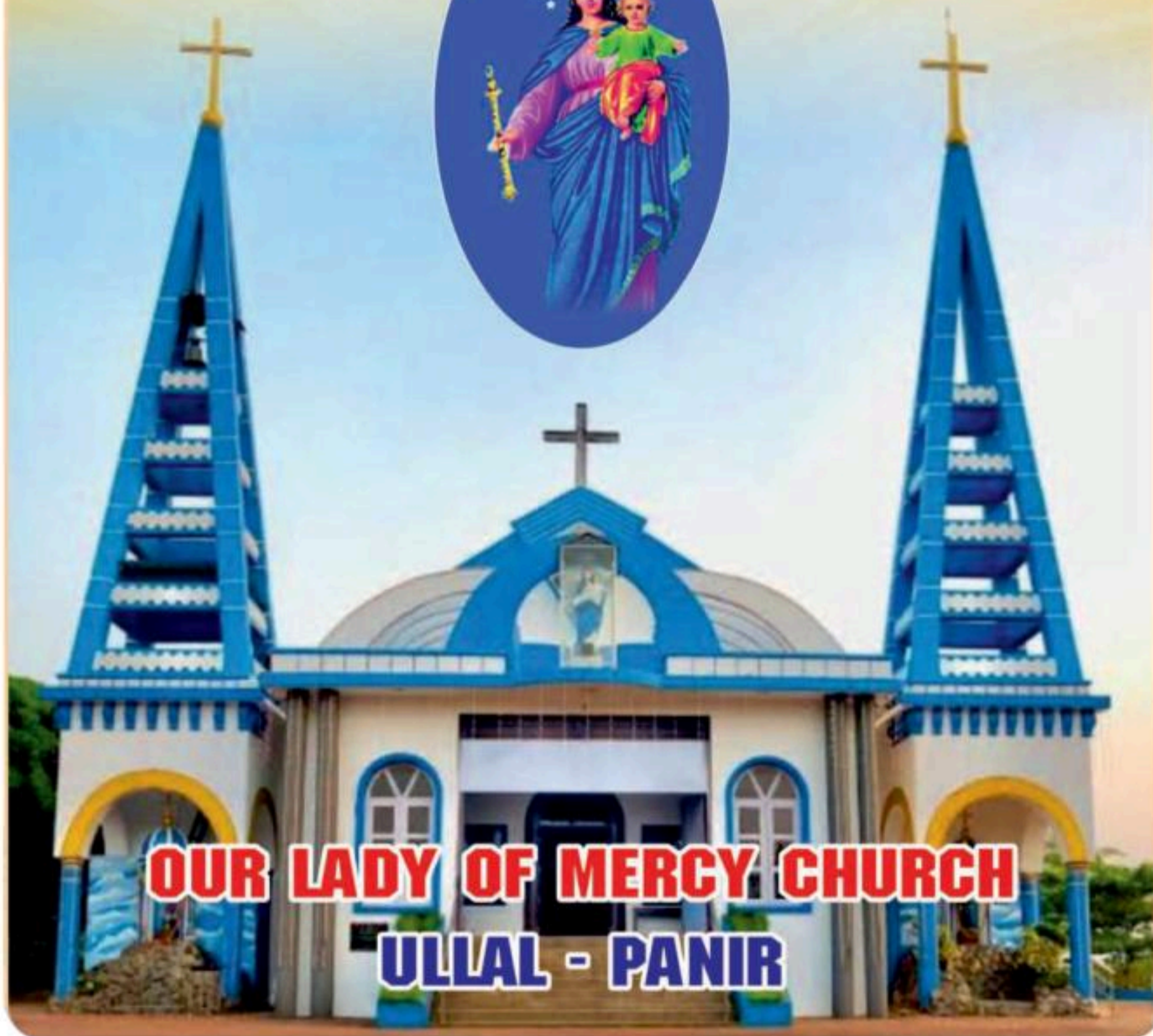
Parish Priest and Parishioners

Holy Family Church

Mermajal, Omzoor

Best Wishes & Prayers

**Parish Priest, Religious Sisters
Vice President, Parish Pastoral Council
& Parishioners**



OUR LADY OF MERCY CHURCH
ULLAL - PANIR

**Sisters of Charity of
Sts. Bartolomea Capitanio
& Vincenza Gerosa(SCCG)**



**An Institute totally
founded on Charity**



**Called to show forth the
Merciful love of the Father
to the most needy.**



*"Let the poor be
very dear to us,
for they are the image of Christ"*

*"I recognize Thee
in each of these
poor troubled people:
be thou their comfort and help"*



**"Whatever you did
for one of the least of these
brothers and sisters of mine,
you did for me"
(Matthew 25:40)**



With Best Wishes

**Provincial Superior
Sisters of Charity
Mangalore Province**

St Sebastian Church, Bendur



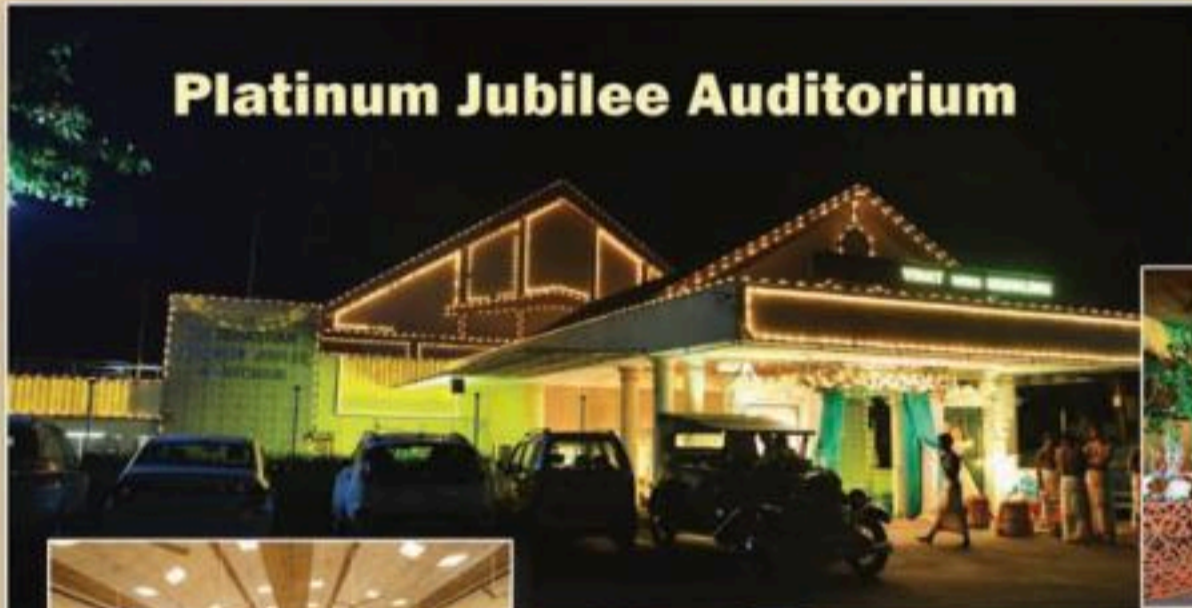
TOP OF THE CLASS COMMUNITY HALLS

ST SEBASTIAN CENTENARY AUDITORIUM BENDUR



Platinum Jubilee Auditorium

In the heart of the city
with Easy Access,
ample Parking Space,
spacious Dining Area.
AC and Non AC halls



Msgr Leslie Shenoy Community Hall

For Booking,
contact:

0824 -
2218761
2218762

Best Wishes from



Parish Priest and Parishioners
Our Lady of Perpetual Succour Church
Nithyadhar Nagar

Best Wishes from



The Parish Priest and Parishioners

**Sacred Heart of Jesus Church
Vorkady**



UNITED TOYOTA



Awesome

POWER MEETS ELEGANCE
THAT'S **URBAN CRUISER**
HYRYDER SPIRIT



URBAN CRUISER
HYRYDER
SELF-CHARGING HYBRID ELECTRIC SUV

UP TO 1,200 KM
ON ONE FULL TANK**

HYBRID
27.97 km/l**

PETROL
21.12 km/l**

STARTS FROM

₹10.94 Lakhs*



📍 PADIL | BUNTS HOSTEL | PUTTUR | UDUPI | KUNDAPURA | KARKALA

📍 T SPARSH : SIRSI | SULLIA | KUMTA | MURDESHWARA

📍 FESTIVE COUNTER : URWASTORE | THOKOTTU | PARKALA

📞 For More Details Please Contact : +91 96866 87581 | ✉ voc@unitedtoyota.net | 🌐 www.unitedtoyota.in/ | 📱 unitedtoyota

Best Compliments From



ST. DOMINIC CHURCH GOLDEN JUBILEE MEMORIAL HALL

Ashoknagar, Mangalore



A/c & Non A/c
Capacity 250



 **0824 - 2454050**
Ashoknagar, Mangalore - 575006

Best Wishes from

St John the Evangelist Church Pangla, Shankarpura

Institutions:

1. St John's Hr. Pry School (Kan. Med), Moodabettu
2. St John's High School (Kan. Med) Shankarpura
3. St John's Academic Pry School (Eng. Med), Shankarpura
4. St John's Academic High School (Eng. Med), Shankarpura
5. St John's Composite P.U. College, Shankarpura

Estd: 1922



Best Compliments from

**THE PARISH PRIEST
ASSISTANT PARISH PRIEST
&
PARISHIONERS**

**ST VINCENT FERRER CHURCH
VALENCIA**



Best Wishes from

Stella Maris Church, Kalmady Shrine of Vailankanni

Mass Timings :

Monday to Friday :

7:00 am

Saturday :

9:00 am, 4:00 pm (Adoration and Mass)

Sunday :

7:30 am, 10:00 am (Mass for Devotees)

Retreat :

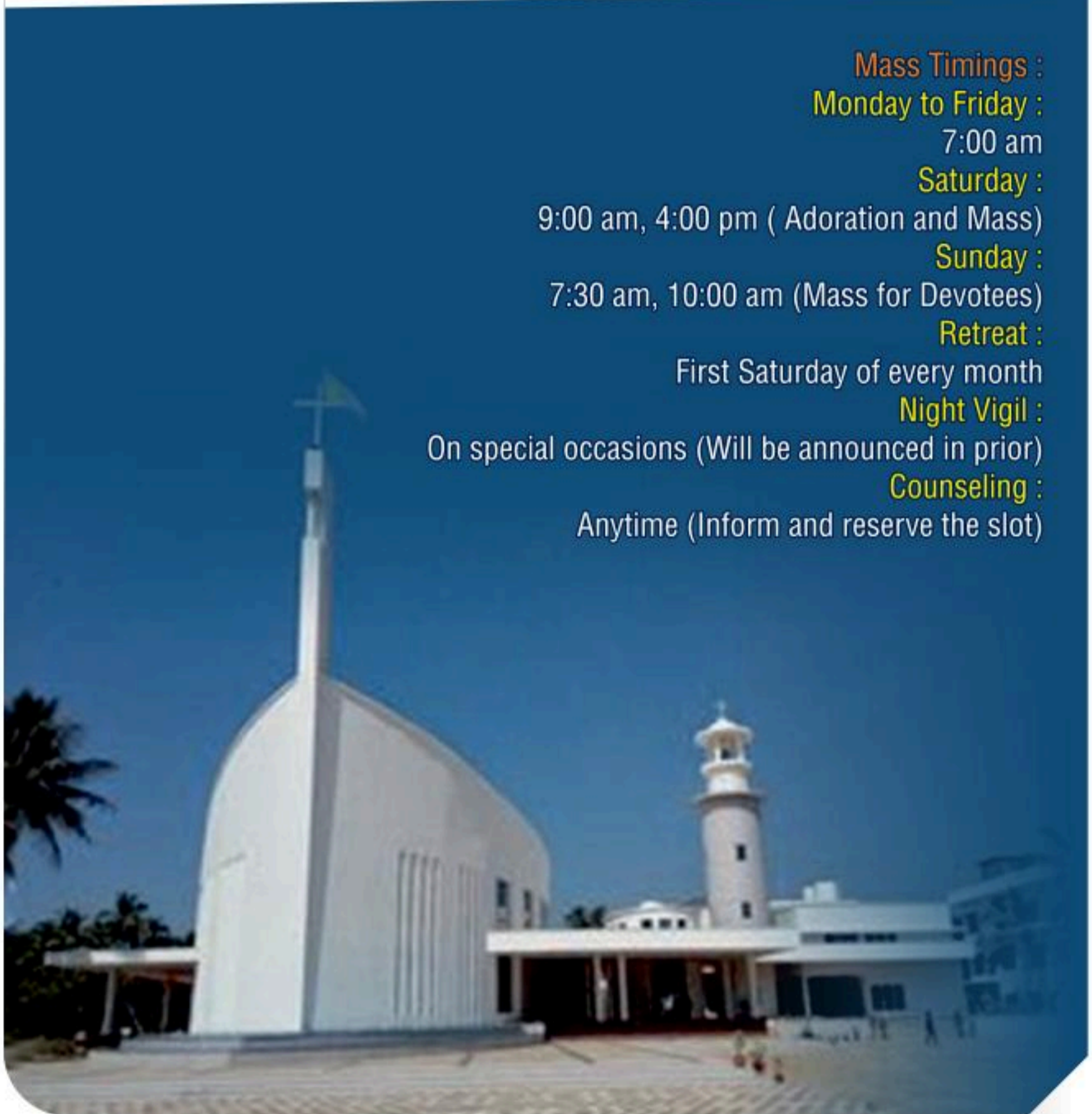
First Saturday of every month

Night Vigil :

On special occasions (Will be announced in prior)

Counseling :

Anytime (Inform and reserve the slot)





ST AGNES COLLEGE (AUTONOMOUS) MANGALURU

**Apply
Now**

**Walk into St Agnes College
to Explore and Excel**

Visit : www.stagnescollege.edu.in

ADMISSIONS OPEN (Men & Women)

UNDERGRADUATE PROGRAMMES

POSTGRADUATE PROGRAMMES



- ❖ Bachelor of Arts (B.A.)
- ❖ Bachelor of Science (B.Sc.)
- ❖ Bachelor of Commerce (B.Com.)
Regular/CA/BPS/CMA/ACCA/Fintech/
Business Analytics/Logistics & Supply
Chain Management (LSCM)/
Enterprise Resource Learning(ERP)
- ❖ Bachelor of Business Administration(B.B.A.)
Business Analytics/Logistics & Supply
Chain Management (LSCM)/ Aviation/CMA
- ❖ Bachelor of Computer Applications (B.C.A.)
Artificial Intelligence/Machine Learning
- ❖ Bachelor of Science (B.Sc.) Data Science

- ❖ M.Sc. Chemistry
- ❖ M.Sc. Psychology
- ❖ M.Sc. Clinical Psychology
- ❖ M.Sc. Counselling Psychology
- ❖ Master of Science (M.Sc.) - Big Data Analytics
- ❖ M.A. English (Morning Shift)
- ❖ Master of Commerce (M.Com.) (Morning Shift)
- ❖ Master of Business Administration(M.B.A.)
- ❖ Master of Computer Applications (M.C.A.)



- Modern Classrooms, Well-equipped Labs and Library, Gymnasium, Cafeteria, Hostel Facility, Campus Placement
- Merit Scholarships, Sports Scholarships, Mid-day Meals

Our Collaborators



For further information :

Ph. 0824-2218414, 2213794, Mob: 9035501438, 8762659042

Email : admission@stagnescollege.edu.in

ENROLL NOW



Best Compliments from



IMMACULATE CONCEPTION CHURCH

URWA

Ladyhill, Mangalore - 06



Parish Clergy

Parish Pastoral Council & Parishioners

STAFF AND STUDENTS OF:

St Aloysius English Medium School

St Aloysius Kannada Medium Higher Primary School

Pompei High School

Best Wishes from
Ursuline Franciscan Congregation



St Francis of Assisi



St Angela Merici



St Ursula



Fr Urban Stein SJ



Fr Pacificus OFM Cap



Mother Nympha Fernandez

Generalate 'Somarpann'
Derlakatte P.O. 575 018
D.K., Karnataka, India
Email: somarpannufc@gmail.com
Website: www.ursulinefranciscans.org



ST MARY'S ENGLISH MEDIUM SCHOOL

Kannarpady, Udipi - 576103
Affiliated to CBSE, New Delhi (Aff.No.830490)



42 years of Academic Excellence

A unit of Catholic Educational Society of Udipi Diocese



V. REV. FR CHARLES MENEZES
Correspondent



The first ever Museum at School level with a rare collection of artifacts and antiques exhibiting the cultural heritage of coastal Karnataka



REV. FR VIJAY J DSOUZA
Principal

A serene campus nestled amidst lush green ambience



PLAY SCHOOL to GRADE 12 with CBSE Curriculum

Facilities

- ◆ 10 acre campus
- ◆ Vast playground
- ◆ Digital classrooms
- ◆ Remedial coaching
- ◆ Advanced Labs
- ◆ Canteen
- ◆ Transport Facility
- ◆ Classical dance
- ◆ Career guidance
- ◆ Counselling
- ◆ Scouts & Guides
- ◆ NCC, YSM
- ◆ Taekwondo
- ◆ Calligraphy
- ◆ Communicative Eng
- ◆ Karate, Skating
- ◆ Guitar, Keyboard
- ◆ Spell bee
- ◆ Drawing & Craft
- ◆ Abacus, Band
- ◆ Yoga, Chess
- ◆ A Folk Museum with unique collection of artifacts



Nurturing values... Fostering holistic growth

Contact : 9481509322, E- mail : admission@stmarysudupi.org,
Website : www.stmarysudupi.org

Best Wishes from



**William Janet Samuel, Marwin Jovita Monis
Noel Vinutha Braggs, Jaden, Mercia, Elyon
Naravi**

**WISHING ALL THE VERY BEST
TO THE SEMINARY AND SEMINARIANS**



**THE PARISH CLERGY AND PARISHIONERS
IMMACULATE CONCEPTION CHURCH, KINNIGOLI**

**PRINCIPAL AND STAFF
ST MARY'S CENTRAL SCHOOL, KINNIGOLI**



Best wishes from

Parish Priest & Parishoners

OUR LADY OF FATHIMA CHURCH

PERAMPALLY



Best wishes from



**The Congregation of the Sisters of
The Little Flower of Bethany
Mangalore**



**Servant of God RFC Mascarenhas
Founder of Bethany**

**Hearty Felicitations and Prayerful Wishes
To the Rector, Staff and Students
ST JOSEPH'S INTERDIOCESAN SEMINARY
On the Occasion
UNITAS 2025**

Superior General and Sisters
Bethany Generalate, Bendur,
Mangalore-575002

Email: generalate.bethany@gmail.com
Website: www.bethanycongregation.org



Pure Blend of Milk & Cream

Winner of **3 National Awards** in the
Great Indian Ice Cream & Frozen Desserts Contest - Season 6



GOLD AWARD
The Best Chocolate Category



SILVER AWARD
The Most Innovative Ice Cream
& Frozen Dessert Category



SILVER AWARD
The Standard Vanilla
Ice Cream Category

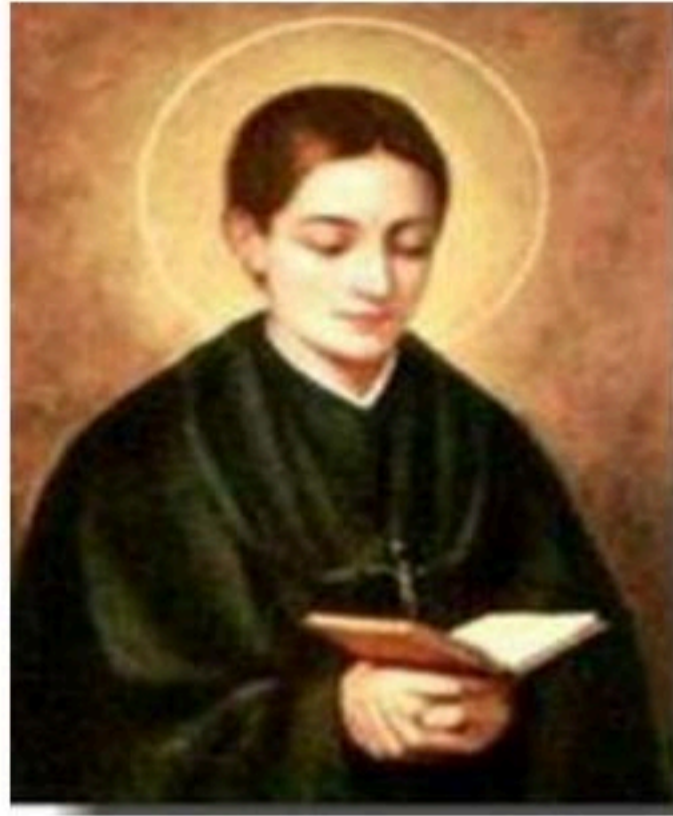


GRACE ICE CREAM

"SHANTI KENDRA", OPP. FATIMA RETREAT HOUSE, JEPPI, VALENCIA, MANGALURU - 575002

TEL.: 0824 2439612 MOB.: 9880159644 | 9886207612 | 8884812612

FACTORY : SOUTERPET END, VALENCIA, MANGALURU - 575002



St. Bartolomea Capitanio

was born on 13th January 1807 at Lovere, in Italy. She lived only 26 years. Founded the Congregation of the Sisters of Charity (SCCG) on 21st November 1832. Her first companion was Gerosa. Both were canonized on 18th May 1950. Today the Congregation has spread to all the continents of the world except Australia.

Best Wishes from
CAPITANIO INSTITUTIONS

Prop: Ronald Fernandez

Ph: 0824-2424752

Mob: 9448354752

7026054752

D DECOR

SRF DISTRIBUTORS

SLEEPWELL MATTRESSES FOAM

BRANDED CURTAINS &

FURNISHING MATERIALS

ART LEATHER



REXINE CENTRE

House of Curtains & Upholstery

MANGALORE FURNISHING CENTRE

Don Bosco Hall Cross Road, Opp. Medical Chambers,

Mangaluru-575001

E-mail: rcfernandez752@gmail.com

Best Wishes From



**ST LAWRENCE MINOR BASILICA,
ATTUR - KARKALA**

BEST COMPLIMENTS FROM

**Rev. Fr Alban D'Souza, Rector/Parish Priest
& Parishioners**

With Best Wishes From

Parish Priest & Parishioners
St Thomas the Apostle Church
Ammembal



With Best Wishes From

ದೇವ್ ಮಾಯೆಚಿ ಫಿರ್ಗಜ್, ಮೊಗರ್ನಾಡ್
MOTHER OF GOD CHURCH, MOGARNAD



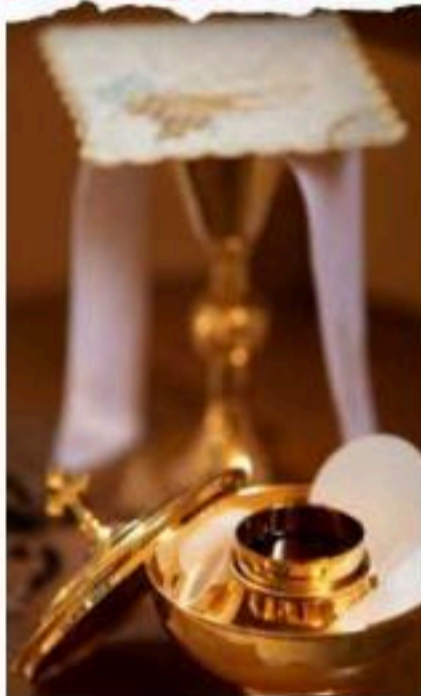
250 ವ್ಯಾ ವರ್ಸಾಚೊ ಸಂಭ್ರಮ್
QUARTER MILLENNIAL CELEBRATIONS

01-01-2025

01-01-2026

With Best Wishes From

**Sacred
Treasures,
Spiritual
Delights**



JEROSA COMPANY

Opp Milagres Church, Hampankatta, Mangalore 575001

☎ : 0824 2423870 ☎ : 97416 94527

Email: jerosaco@yahoo.com

With Best Wishes From
**Parish Priest &
Parishioners**

**Our Lady of Mercy Church
Manjeshwar**

OTE 8 PRO



Best Wishes from



**Anil D'Souza, Sumitha Mendonca
Aallin D'Souza, Ashlin D'Souza
Naravi**





Best Wishes from

**St Mary's
English Higher Primary School
&
St Mary's
Preparatory School
Falnir, Mangalore**





PADUA

COLLEGE OF COMMERCE AND MANAGEMENT



Nanthur, Mangalore - 04
Contact No. 9482597161, 9743078519

B.Com - Morning Batch **8.30 a.m.-12.30 p.m.**

B.Com (Bachelor of Commerce) – Regular
B.Com with CA Foundation
B.Com with Aviation & Hospitality Management
B.Com with Supply Chain & Logistics Management

BBA (Bachelor of Business Administration) – Regular
BBA with CA Foundation
BBA with Aviation & Hospitality Management
BBA with Supply Chain & Logistics Management

BCA (Bachelor of Computer Applications) – Regular
BCA with Cyber Security & Artificial Intelligence
BCA with Graphic Designing
BCA with Hardware & Networking
BCA with Aviation & Hospitality Management

Programmes
Offered
2025-26

B.Com, BBA, BCA

PADUA

PRE-UNIVERSITY COLLEGE

Nanthur, Mangalore - 575 004
Contact No. 9482895308, 2225308, 2989006

Courses Offered – 2025-26

COMMERCE : HEBA, SEBA, CEBA, BSBA, CSBA, BEBA

ARTS : HEPS

SCIENCE: PCMB, PCMC, PCMS

AMAR JYOTHI
AUTOMOBILES

AUTHORISED DEALERS IN TRUCKS AND BUSES

SML
ISUZU

**YOUR PERFECT TRAVEL PARTNER
FOR EVERY JOURNEY**

**SAFE, COMFORTABLE &
ECONOMICAL**



OUR BRANCHES

- MANGALURU
- PUTTUR
- KUNDAPURA
- CHIKKAMAGALURU

CONTACT US :

+81 90084 44747
+81 97402 71489

VISIT US :

Near Padil Masjid, Kannur Village,
Mangaluru - 575007

MATRIX FITNESS



OPP. ASHIRWAD HALL
MAIN ROAD SIDE , MADANTHYAR
574224

CONTACT
+91-7022485858

Martin's

THE MULTI-CUISINE RESTO BAR

1st Floor - Muller Nest,
Fr Muller's Road, Valencia, Kankanady,
Mangalore - 575002

For Bookings :
6366 23 5858 | 6366 24 5858

CORREIA
CONSTRUCTIONS

Proprietor: **MAXIM CORREA**, Madanthyar
+91 9845085019 | correaraconstructions@gmail.com



MILAGRES COLLEGE

Affiliated to Mangalore University, Recognized by UGC, MHRD, Govt. of India under Section 2(f)
Unit of Catholic Board of Education, Mangaluru & Certified Christian Minority Institution & Approved by AICTE

Hampankatta, Mangaluru - 575001, D. K. District.



UNDER-GRADUATE COURSES:

BCA AIML – ARTIFICIAL INTELLIGENCE & MACHINE LEARNING

BCA – BACHELOR OF COMPUTER APPLICATION

BBA – BACHELOR OF BUSINESS ADMINISTRATION IN LOGISTICS

B.Sc.HS – BACHELOR OF HOSPITALITY SCIENCE

B.COM – BACHELOR OF COMMERCE

ELIGIBILITY FOR THE ABOVE COURSES: (12 Std Science, Commerce or Arts, Diploma Holders or Any Graduate Degree)

B.Sc.FND – BACHELOR IN FOOD NUTRITION AND DIETETICS

Eligibility for B.SC FND: II PUC or PLUS 2, All Science Stream

UGC RECOGNISED CAREER ORIENTED CERTIFICATE / DIPLOMA / ADVANCED DIPLOMA IN:

Artificial Intelligence, Big Data Analytics & Cyber Security

Data Analysis, Cloud Computing & Cyber Security

Aviation And Hospitality Management

Logistics & Supply Chain Management

FREE LIFE SKILL COURSES FOR DEGREE STUDENTS:

- Culinary Arts ● Personal Investment Management ● Beautician ● Soft Skills
- Craft & Embroidery ● CA & GST ● Spoken English ● Dance ● Journalism
- Event Management ● Photography ● Basic Computers & Tally ● First Aid
- Yoga ● Home Steady Skills ● Start-up Cell.

SPECIAL JOB-ORIENTED ADD-ON COURSE:

Flaring Skills & Mixology

ASSOCIATIONS:

NCC (Army), NSS, Rovers & Rangers, Youth Red Cross, Dramatics & Others

SPECIAL OFFER:

A 15% one-time concession is available for those who score above 85% marks and those who reserve seats in advance, **BEFORE** the 1st set of PUC results are announced.

For Admissions Contact:

+ 91 824 2423822, +91 9019713760, +91 9620589828 +91 9900280755

www.milagrescollege.edu.in | mchm@milagrescollege.edu.in



ADMISSIONS

+ OPEN

HOSTEL FACILITY
AVAILABLE
FOR BOYS & GIRLS



Best Wishes from



Thomas Villa Family

Uliyathaduka, Kasaragod



MAI DE DEUS EDUCATIONAL INSTITUTIONS

Mai De Deus Church PUTTUR, D.K. 574201

Managed by the Catholic Board of Education, Diocese of Mangalore

08251 - 234570



Magr. Anthony Patro
Founder



Rev. Dr. Peter Paul Saldanha
President, CBE



Rev. Dr. Praveen
Leo Isrardo
Secretary, CBE



Rev. Fr. Lawrence Mascarenhas
Correspondent/Joint Secretary



Value Based Education from KG to PG
Boys', Men's and Women's Hostels Inside the Campus
400 Mts Track, Hockey & Football Ground
Green Campus with Pleasant learning Environment

K.G. to P.G.
CHOOSE FOR
THE BEST

Church Campus



Mai De Deus Hr Pry School

ESTD
1937

☎ 08251 295474



St Victor Eng. Med. Hr Pry School

ESTD
1970

☎ 08251 231270



St Victor Girls' High School

ESTD
1942

☎ 08251 231970

St Philomena Boys' Hostel

St Philomena Men's Hostel



St Philomena Women's Hostel

Silver Jubilee Memorial Hall



Philo Campus



St Philomena K.G. School

ESTD
2015

☎ 08251 200470



St Philomena Eng. Med. School

ESTD
2016

☎ 08251 200470



St Philomena High School

ESTD
1949

☎ 08251 230470



St Philomena P.U. College

ESTD
1958

☎ 08251 236340



St Philomena College

ESTD
1958

☎ 08251 230340



St Philomena P.G. Centre

ESTD
2007

☎ 08251 231640



Best Wishes From



**BUILDING YOUR
DREAM HOME**



ROY CONSTRUCTIONS

Chez Pauline, First Floor, Near Kulshekar Post Office Kalpane,
Kulshekar, Mangaluru, Karnataka 575005

Best Wishes From



ST FRANCIS XAVIER CHURCH



Udyavara



Seating Capacity
800+

XAVIER SABHA BHAVAN

(A/C - Non-A/C)



ALSO AVAILABLE
XAVIER MINI HALL AND
MUSHROOM GARDEN
OPEN AIR SPACE

- * AMPLE PARKING SPACE FOR FOUR WHEELERS AND TWO WHEELERS.
- * SPECIOUS AND CLEAN WASHROOMS FOR GENTS AND LADIES

BOOKING CONTACT

9141031664

Best Wishes & Prayers



Parish Priest & Parishioners
ST JOSEPH'S CHURCH, JEPPI

With Best Compliments From



St Gerosa Convent
Jeppu, Mangalore



Best Wishes from

Parish Priest and Parishioners

Mary Help of Christians Parish, Adyapady



Parish Priest and Parishioners

St Antony Church, Anthonykatte





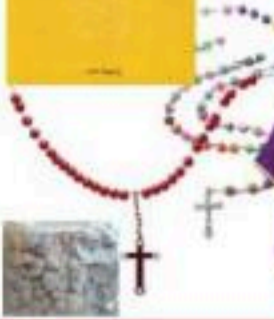
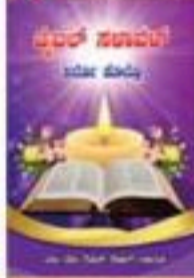
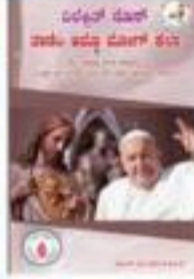
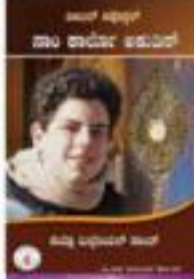
MANGALA JYOTHI

RELIGIOUS BOOKS AND ARTICLES STORE

SHANTHI KIRAN, BAJJODI, MANGALORE - 575 005

PH.: 0824-6666612, MOB.: 8277937784, Email: info@mangalajyothi.com

A PLACE FOR ALL TYPES OF RELIGIOUS BOOKS & ARTICLES



MONDAY TO SATURDAY 9:00 AM TO 6:30 PM.

With Best Compliments From

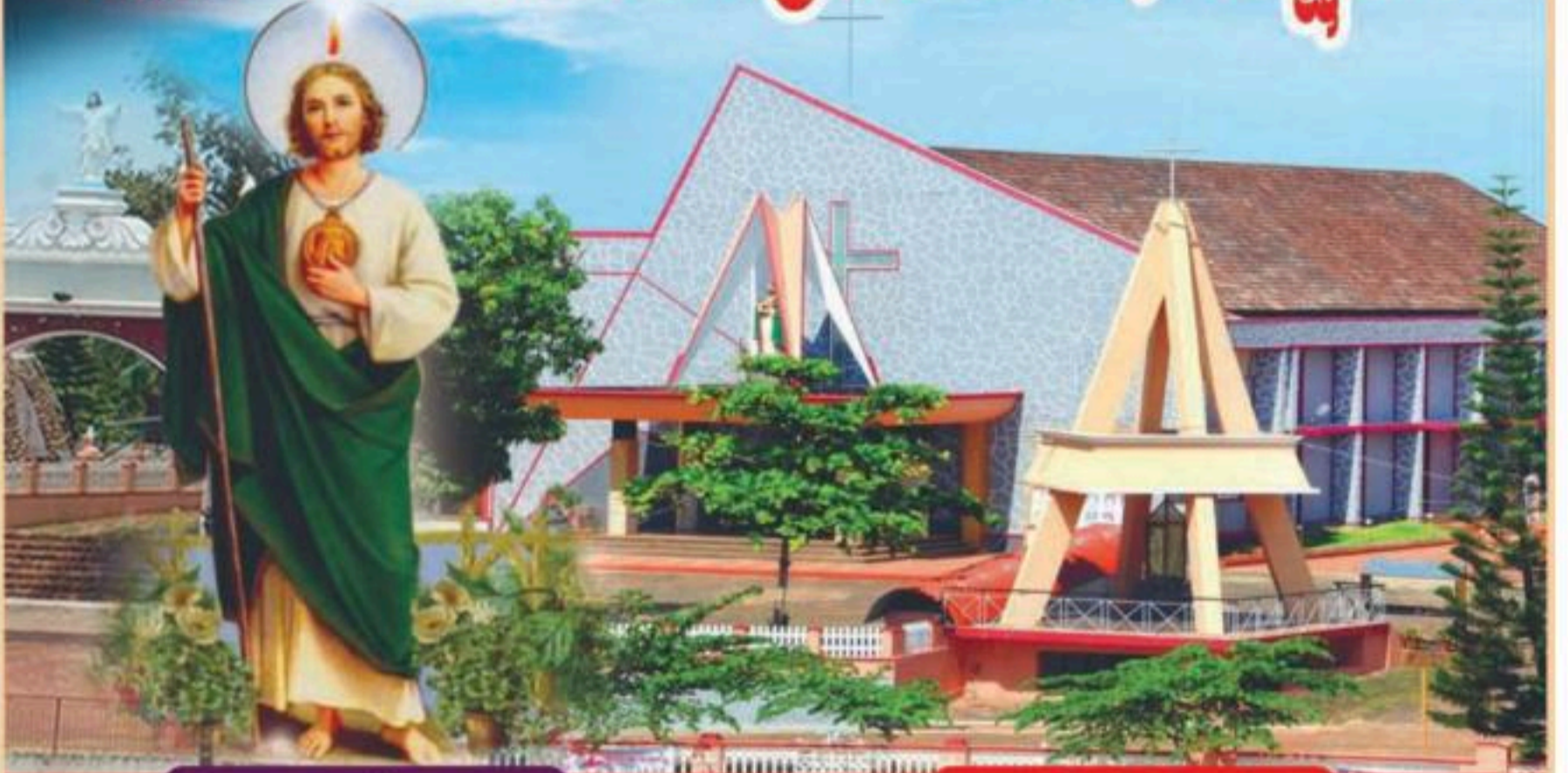


**HOLY REDEEMER CHURCH, BELTHANGADY
CHURCH HIGHER PRIMARY SCHOOL
HOLY REDEEMER ENGLISH MEDIUM SCHOOL
HOLY REDEEMER AUDITORIUM**



With Best Compliments From

ನಾಂ ಜುದಾಚೆಂ ಪೂನಾಶೆತ, ಪಕ್ಶಿಕೆರೆ



ಹಫ್ತ್ಯಾ ಮಧೆಂ ಮಿನಾಂ

- ಆಯ್ತಾರಾ ಸಕಾಳೆಂ 8.00 ವರಾರ್ ಆನಿ 9.30 ವರಾರ್
- ಸೊಮಾರಾ, ಬುದ್ವಾರಾ, ಸನ್ವಾರಾ ಸಕಾಳೆಂ 6.30 ವರಾರ್
- ಬ್ರೆಸ್ತಾರಾ ಸಾಂಜೆರ್ 5.00 ವರಾರ್ ಮೀಸ್ ಆನಿ ಬಾಳೊಕ್ ಚೆಜುಚ್ಯಾ ಮಾನಾಕ್ ನೊವೆನ್
- ಹರೈಕಾ ಸುಕ್ರಾರಾ ಸಾಂಜೆರ್ 5.00 ವರಾರ್ ಮೀಸ್ ಆನಿ ಆರಾಧಾನ್
- ಸನ್ವಾರಾ ಸಾಂಜೆರ್ 4.00 ವರಾರ್ ಆಯ್ತಾರಾಚೆಂ ಮೀಸ್

ನೊವೆನಾಚೆಂ

- 8.00 ವರಾರ್ ತೇರ್ಸ್, ಉಪ್ರಾಂತ್ ಮೀಸ್, ನೊವೆನ್ ಆನಿ ಸಾಕ್ರಾಮೆಂತಾಚೆಂ ಆರಾಧನ್
- 10.00 ವರಾರ್ ಕುಮ್ಬಾರಾಂ
- 10.30 ವರಾರ್ ತೇರ್ಸ್, ಉಪ್ರಾಂತ್ ಮೀಸ್, ನೊವೆನ್ ಆನಿ ಸಾಕ್ರಾಮೆಂತಾಚೆಂ ಆರಾಧನ್, 12.30 ವರಾರ್ ಭಕ್ತಿಕಾಂಕ್ ಚೆವ್ಣಾಣ್
- ಮಂಗ್ಳಾರಾಚೆಂ, ಹಫ್ತ್ಯಾ ಮಧೆಂ ಕೌನ್ಸಿಲಿಂಗ್ ಆನಿ ವಿಶೇಸ್ ವಾಗ್ಣೆಂ, ವಾಂಜೆಲ್ ರಜಾರಾಚಿ ಮಾಂಡಾವಳ್ ಆಸಾ.

ST JUDE CHURCH AND SHRINE,

PAKSHIKERE, KEMRAL POST, VIA HALEYANGADY – 574 146, MANGALORE, D.K

EMAIL: st.judepakshikere@gmail.com WEBSITE: WWW.stjudepakshikere.org

FR ANIL ALFRED D'SOUZA – DIRECTOR MOBILE NO : 7795947579

OFFICE MOB NO - 8277939389

With Best Compliments From



St Joseph's Asylum Industrial Workshops

ಸಾಂ ಜುಜೆಪೊ ಕಾಮೆಲಿ ಸಂಸ್ಥೆ, ಜೆಪ್ಪು, ಮಂಗ್ಳೂರು

ಸ್ಥಾಪನ್ - 1889

ನಳಿ, ಇಟಿ ತಯಾರ್ ಕಲ್ಯಾ ಕಾರ್ಖಾನಾಂನಿ ಗರ್ಜ್ ಪದ್ವಾ ಮಿಟನಾಚೊ (ಪಗ್, ಮಿಲ್ಸ್, ಮಿಕ್ಸರ್, ಪ್ರೆಸ್ ಇತ್ಯಾದಿ) ಭಾಗ್ ಒದಗ್ಪಂವ್ಚೆಂ.

ತೆಲಾ ಮಿಟನಾಚೊ ವಿವಿಧ್ ಸಾಮಾಗ್ರ್ಯಾ ರೂಕ್ ಚಿಲ್ಯಾ ಬ್ಯಾಂಡ್ ಸೊ, ರಿಸೊ, ರುಕಡ್ ಸಪಾಯ್ ಕರ್ಚೆಂ (ಕಸಿಂ) ಪ್ಲೈನಿಂಗ್ ಮಿಟನ್ - ಸರ್ವ್ ಮಿಟನಾಚೆ ಭಾಗ್ (Spare parts) ತರೆಂಚ್ ಮಿಟನಾಚೆಂ ದುರಸ್ತಿ ಕರ್ನ್ ದಿತಾಂವ್.

ಲೇತ್, ಫ್ಲೂಟಿಂಗ್, ಡ್ರಿಲಿಂಗ್, ಪ್ಲೈನಿಂಗ್, ವೆಲ್ಡಿಂಗ್, ಫೈಟಿಂಗ್ - ಕಾಮ್ ಆದ್ಲೊ ಸದಾಂಚೊ ವಾವ್ರ್, ವೀಲ್ಸ್, ಪುಲ್ಲಿ - ಸ್ಪರ್ ಸೇರ್ ವೀಲ್ಸ್, ಇತರ್ ಕಾಂಪ್ಲಿಂಗ್ ಪಸ್ತು ಒದಗ್ಪಂವ್ಚೆಂ ದಿತಾಂವ್.

ಇಗುರ್ತಾಚ್ಯಾ ಫಾಂಟಿಚ್ಯಾ ತೊರಂಚೆಂ ರಿಪೆರಿ ಕಾಮ್.

ದುಲ್ಲಿ ಕೂಡ್ ಹುಲ್ತಾಂವ್ಚೆಂ ಮಿಟನ್ (Silicon Chambers) ಉತ್ಪಾದನ್ ಕರ್ನ್ ಒದಗ್ಪಂಚೆಂ ಆದ್ಲೊ ಪ್ರಮುಖ್ ವ್ಯವಹಾರ್



ದುಕಾಚ್ಯೊ ಸಾಮಾಗ್ರ್ಯೊ (Furniture)



ದೇವ್ ಪುಂದಿರಾಂತ್, ಪಾಲಾ-ಕೊಲೆಚೆಂನಿ, ದಪ್ಪರಾಂನಿ ತಲೆಂ ಘರಾಂನಿ ಗರ್ಜ್ ಪದ್ವಾ ಪುಸ್ತು ಪಸಂದೆಚ್ಯೊ ದುಕಾಚಾಚ್ಯೊ ಸರ್ವ್ ಸಪ್ಲಿಕ್ಯೊ ವಿವಿಧ್ ಡಿಜಾಯ್ನಾಚೆಂ ಕಾರ್ನಿಂಗ್ ತರೆಂಚ್ ಪುಸ್ತು ಅಧಿರುಚಿಚ್ಯೊ ಯೋಗ್ತ್ ಪಸ್ತು ದೇವಾರ್ ಕರ್ನ್ ಒದಗ್ಪಂಚೊ ಆದ್ಲೊ ಕೆವಾಲ್.



ಇಮಾಜಿ ಆನಿ ವೈಯಂಗ್ : ಫಕ್ತ್ ಕಾರ್ಯಾಕ್ ಉಪಯೋಗ್ ಕಲ್ಯಾ ವಿವಿಧ್ ಫರಾಂಚ್ಯೊ ಆನಿ ಗಾತ್ರಾಚ್ಯೊ ಇಮಾಜಿ ಪ್ರತ್ಯೇಕ್ ರಿಪಿನ್ ಮಾತಿಯೆಚ್ಯೊ ತರೆಂಚ್ ಸಿಮೆಂಟಿಚ್ಯೊ ಇಮಾಜಿ ತಯಾರ್ ಕರ್ಚೆಂ (Plaster of Paris, Clay, Cement) ಕಾಮ್ ಪಾತಿ ಘೆತ್ಲಾಂ ಆನುಭವಿತ್ಲೆ ಫಾವ್ನ್ ತಯಾರ್ ಪಾಲ್ಚೊ ಇಮಾಜಿ ದೇವತಾಕ್ ಆಚಾರುನ್ ಆಪ್ಲೆಂ ಇಮಾಜಿನ್ ಆನಿ ರಂಗಾಂನಿ ಉಕಲ್ನ್ ವಾಕುಯ್ತಾತ್. ಆನಿ ದೇವಾರ್ ದಿಲ್ಲೆಂ Order ದೇವಾರ್ ಪಾಟಿಂ ದಿತಾಂವ್. ಆಮ್ಚಿ ದಿಯೆಕುಚಿರ್ ಕರುವಾಚೆಂ ವಿಶೇಸ್ ವಿತ್ ಪೆಂ ವಾವ್ರಾ ಆನಿ ವಾಡೊಂಕ್ ಪುಸ್ತು ಸಪಕಾರ್ ಪಾಟಿಂಚೊ ಆಕಾಂ.

ಗವಾಗಾ ಗೊಲ್ಯಾಕ್ ಇಮಾಜಿ : ಕ್ರಿಸ್ತ್ ಗವಾಗಾ ಗೊಲ್ಯಾಂಚ್ಯಾ ಇಮಾಜಿಚೆಂ ಸೆಟ್ ಪಂಪ್ಲಿಯೆ order ಕೊ.

ತರೆಂಚ್ ವಿವಿಧ್ ಗಾತ್ರಾಚ್ಯೊ ಸೊದಿತ್ ಆಕರ್ಷಿಕ್ ಇಮಾಜಿಂ ಪಾತಿರ್ ಸಾಂ ಪುಜೆ ಕಾಮೆಲಿ ಸಂಸ್ಥಾಕ್ ಘೆತ್ ದಿಯಾ.

ಸಕಾಳಿಂ 8 ಫಾವ್ನ್ 5 ಪರ್ಯಾಂತ್ ವಾ ಫೊನಾರ್ ಸಂಪರ್ಕ್ ಕರಾ : 9480818066

ವಿಳಾಸ್ ಆನಿ ಸಂಪರ್ಕ್ : St Joseph's Asylum Industrial Workshops

P.O. Box 502, Kankanady Post Jeppu, Mangalore - 575 002. D.K.

Contact No: 9480818066 / 9480818068

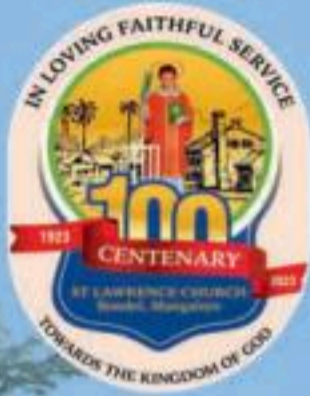
Email : stjosephsaiw@yahoo.com

ಗರಾಯ್ತಾಂಚಿ ತ್ಯಾತ್ವಾಚ್ ಆಮ್ಚಿ ಸಂಪುತ್ಯಿ



Best wishes from

ST LAWRENCE CHURCH & SHRINE **BONDEL**



ADORATION & NOVENA OF ST LAWRENCE

Every Tuesday 10.30 to 12.30 pm

Meal will be served for the devotees

SEND YOUR INTENTION - 9482112974

With Best Compliments From



**Joint Secretary, Management, PTA,
Headmaster, Staff & Students
Infant Jesus English Medium School
Modankap**

Best wishes from

ST RITA EDUCATION INSTITUTIONS

JEPPU MANGALURU

ST RITA PRE- PRIMARY SCHOOL

ST RITA ENGLISH HIGHER PRIMARY SCHOOL

ST RITA ENGLISH HIGH SCHOOL

CASSCIA HIGH SCHOOL - JEPPU, MANGALURU

ST RITA KANNADA HIGHER PRIMARY SCHOOL



With best compliments from



Parish Priest & Parishioners
Holy Spirit Church, Mukka



Joint Secretary, Headmistress, Staff & Students
HOLY SPIRIT ENGLISH MEDIUM SCHOOL, MUKKA

THE CONGREGATION OF THE APOSTOLIC CARMEL (AC) KARNATAKA PROVINCE



Welcome to join

A Legacy of **157 Years** of Service
Rooted in Compassion and Excellence.

COMMITTED TO ↓

VENERABLE MOTHER VERONICA
Foundress of the Apostolic Carmel



- Value-Based Education and Coaching towards Excellence
- Family and Parish Apostolate
- Women Empowerment, Health Care Ministry and Prison Ministry
- Care for the Elderly and the Differently-Abled
- Providing an ambiance for Learning and Refinement through hostels/boarding houses
- Residential Care through Children's Homes



HERE IS A CALL TO BE A JOYFUL CARMELITE
AND BECOME THE VISIBLE FACE OF COMPASSION & EXCELLENCE



📍 The Vocation Promoter, St. Ann's Convent, Mangaluru- 575001

☎ 7349297576

With Best Wishes

Our Lady of Mercy Church, Fajir



Mercy Church Hall

- 1000 Seating Capacity
- Ample Parking Facility
- 2 Dressing Rooms
- Separate Dining Hall
- Separate Kitchen Area



**For Booking: 8277939334,
9449726736**



SACRED HEART CHURCH & EDUCATIONAL INSTITUTIONS

Madanthyar - 574224 , Phone: 7349580408



- > GUARDIAN ANGELS PRIMARY SCHOOL
- > SACRED HEART ENGLISH MEDIUM PRIMARY & HIGH SCHOOL
- > SACRED HEART KANNADA MEDIUM HIGH SCHOOL
- > SACRED HEART P.U. COLLEGE (SCIENCE, ART, COMMERCE)
- > SACRED HEART DEGREE & P.G. COLLEGE
NAAC Accredited with "A+" Grade
- > SACRED HEART BOYS / GIRLS HOSTEL
- > SACRED HEART INDOOR STADIUM & 400 METER TRACK PLAY GROUND
- > SACRED HEART COMMUNITY HALL



Best Wishes from



**St Brigid's Church
Educational Institutions
Sullia**

Best wishes from

Holy Cross Church

Kulashekara

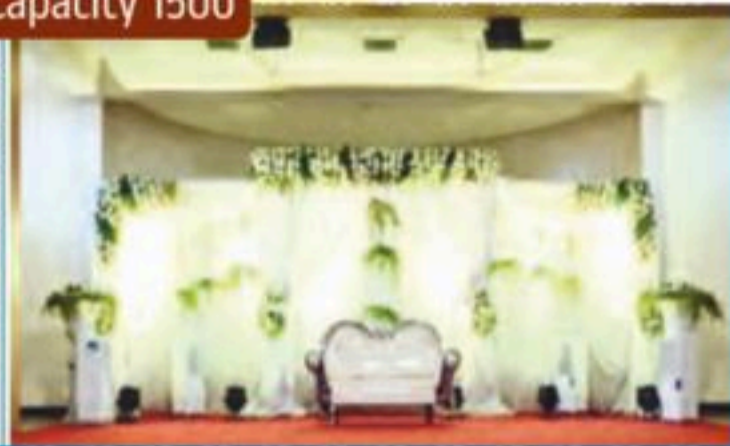


Cordel Open Air Auditorium

Capacity 2000



Cordel Hall Capacity 1500



Kulshekar, Mangalore Contact : 0824 2231372 | 8277939329

Best Wishes from

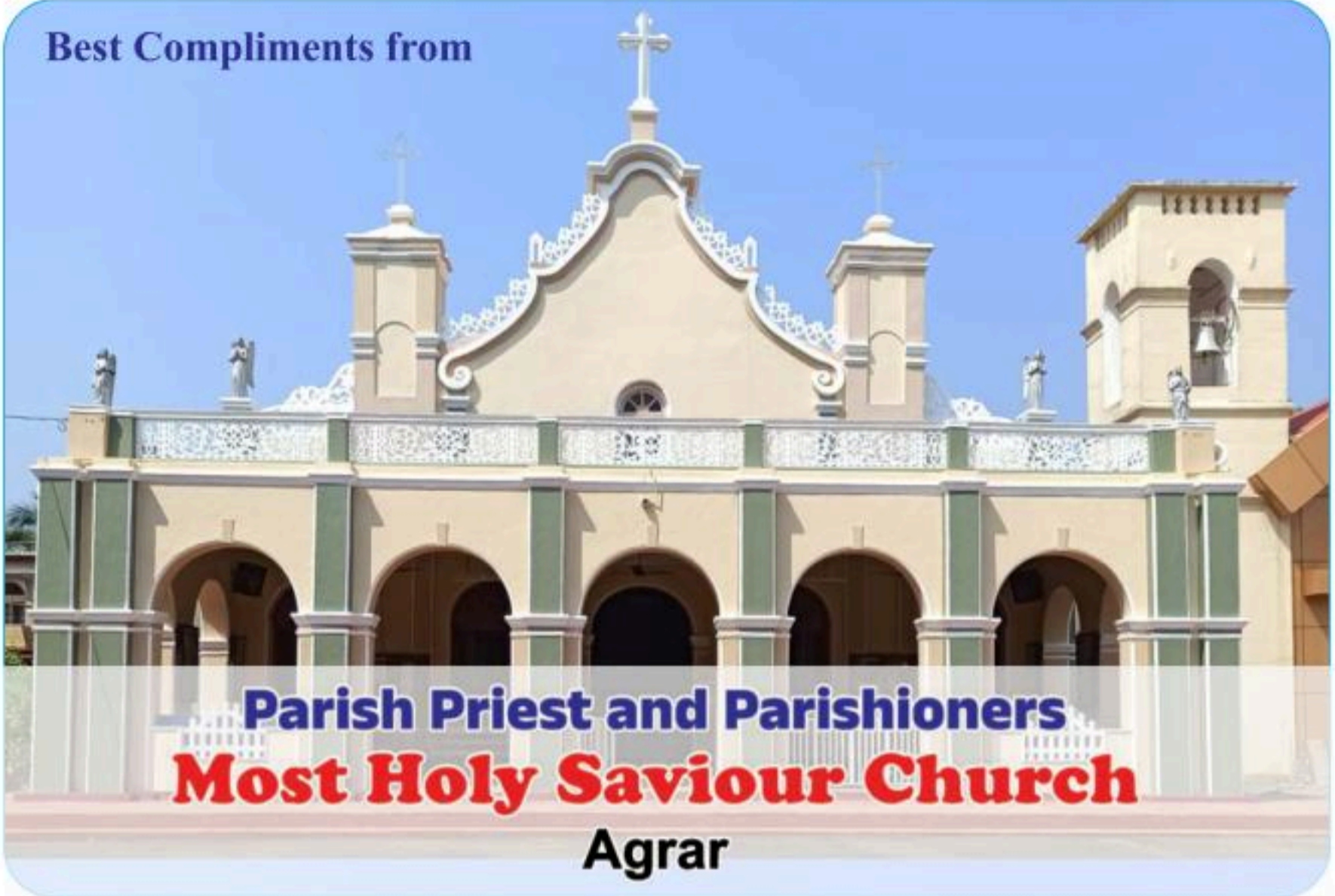


Walter D'Souza and Irene Fernandes
Derick Sonal D'Souza & Fly
Ashley Melroy and Venisha
Aishwarya
Naravi



Parish Priest and Parishioners
Christ the King Church
Venur

Best Compliments from



Parish Priest and Parishioners
Most Holy Saviour Church
Agrar

Best Wishes from



Prop : Sanjay Miranda

Cold Pressed
Pure
Coconut
Oil

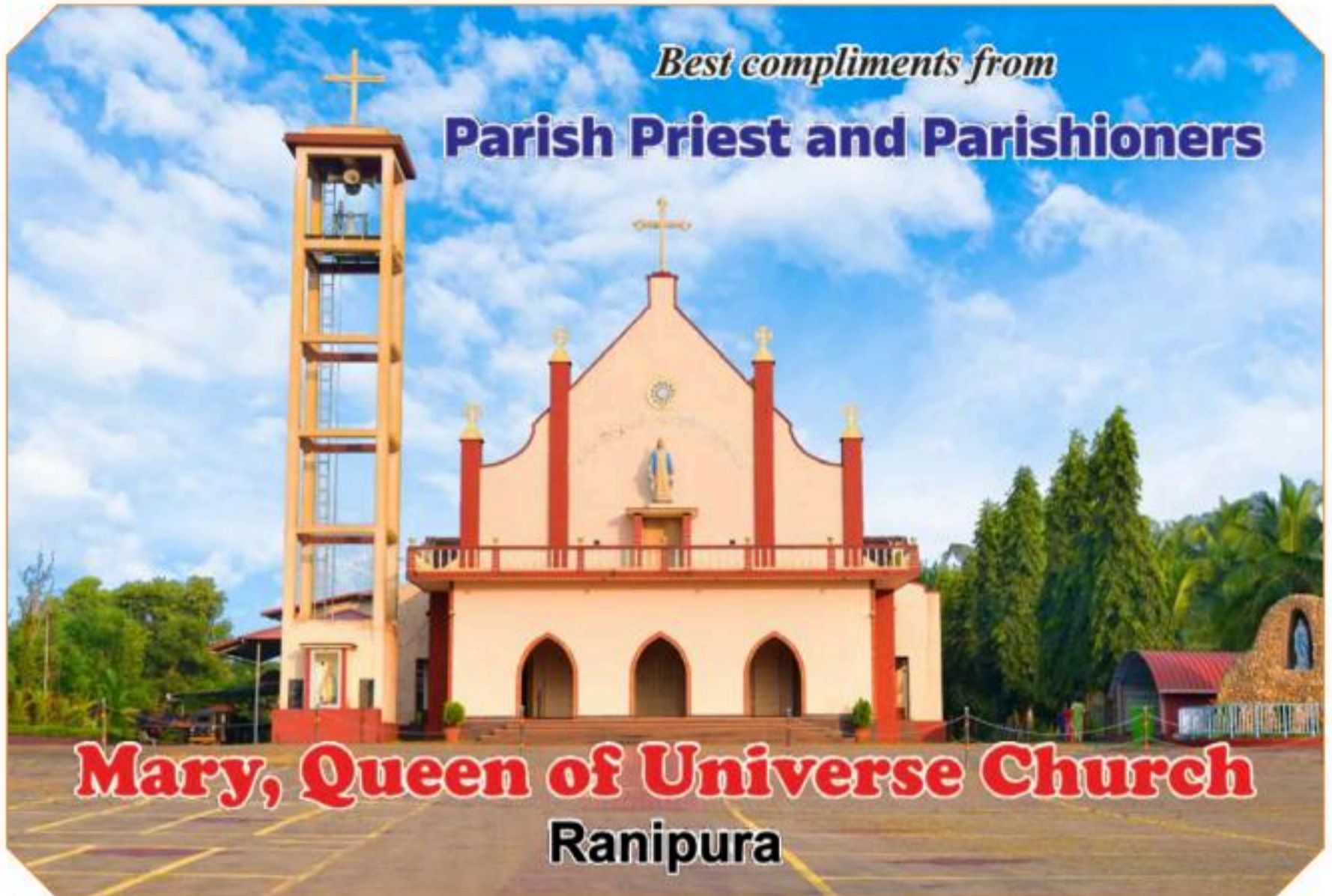
A Quality Product of
MIRANDA
OIL MILL

Prop : Wilma Miranda
MIRANDA
TRADERS



Church Stop Naravi
Belthangady Taluk - 574109
Mob : 9632033316





Boston... *A household name in town
and Middle East since 1987*

Best Wishes from

BOSTON'S



- **Super Cup Tea**
- **Red Cup Tea**
- **Hotel Blend**
- **CTC Leaf Tea**



To reduce cholesterol and to maintain good health use
Boston's Green Tea

We take bulk orders from hotels, catering companies, hostels and all other institutions and supply at wholesale rate.

Perfect blend of quality & taste
Boston's Masala Powders

Our products are available in super markets & local stores, or you can contact us at the below address.

BOSTON TEA (INDIA) LTD

"Boston House", Kankanady, Mangalore 575 002. Ph: 0824 2437628, 4266813
Website: www.bostonteaIndia.com; Email: bostonteaIndiaLtd2021@gmail.com

Best Wishes from



**Wilma Martin, Vijay Martin
Nihal Martin, Ujwal Martin
Naravi**

Prashanth Veigas

ವೆಸ್ಟ್ ಎಂಡ್ ಕೇಟರರ್ಸ್

WEST END CATERERS

**Idly, Seme, Neerdosa, Apam, Pundi, Mude,
Chapathi, Parota**



Near Lions Club Surathkal

Phone No. : 2475690, Mob : 9632094854



OUR LADY OF DOLOURS CHURCH & SHRINE, BELA

ST MARY'S HIGH SCHOOL, BELA

**ST MARY'S COLLEGE &
POST GRADUATION CENTRE, BELA**



JOSKIRAN Journal of Religion and Thought

A Bi-Annual Journal of St Joseph's Seminary, Mangalore



For Correspondence Contact :
The Manager
Joskiran

St Joseph's Seminary, Jeppu
Mangalore-575002, Karnataka, India.

Subscription Rates:

For India:

One Year: Rs. 100/-

Two Years: Rs. 180/-

Three Years: Rs. 275/-

Life Subscription: Rs. 5,000/-

Mode of Payment: MO/DD/Cheque

The Congregation of the Sisters of the Little Flower of Bethany

Mangalore Province



Education



Medical



Pastoral



Hostel



Social



Join Bethany to

LOVE & SERVE

Contact :

Bethany Provincialate
Vamanjoor, Mangalore

7259730795

9482590977

MARUTI SUZUKI

YOUR CELEBRATIONS DESERVE
**THE NEXA
EXPERIENCE**



NEXA

3 YEARS 100,000 km WARRANTY

**BIG
GST
SAVINGS**



BALENO

Save up to
₹ 47,100/-
Starts at ₹ 5,95,200

Fuel Efficiency
Petrol 22.8 km/l, DNG 20.8 km/l

FRONX

Save up to
₹ 70,000/-
+ Velocity Kit worth ₹ 43,000
Starts at ₹ 6,78,900

Fuel Efficiency
Petrol 22.57 km/l, DNG 20.51 km/l

GRAND VITARA

Save up to
₹ 1,89,000
+ Extended warranty
Starts at ₹ 10,76,500

Fuel Efficiency
Petrol Hybrid 22.81 km/l, DNG 20.8 km/l

IGNIS

Save up to
₹ 57,100/-
Starts at ₹ 5,35,100

Fuel Efficiency
Petrol 20.3 km/l

NEXA
MANDOVI MOTORS
PRIVATE LIMITED

Nexa Airport Road, Summit Apt Building,
Airport Road, Maryhill, Mangalore-575008

Meena Rego

99721 39909

Best Wishes from



Peter Sophia Rodrigues
Princiya Sanil Fernandes
Naravi



ST THERESA'S SCHOOL

(Affiliated to CISCE, New Delhi)

**ADMISSION
OPEN
2026 - 27**

From Nursery onwards

Starting on November 10th, 2025

SCHOOL LOCATION

St Theresa's school Bendur,
Mangalore

MORE INFO

9187142655, 0824-2214278

stsbm@yahoo.co.in

Enroll Now!

With Best Compliments From
Parish Priest & Parishioners



OUR LADY OF LORETO CHURCH, LORETTO

Best Wishes from

ST JOACHIM EDUCATIONAL INSTITUTIONS, KADABA

KADABA TALUK, D.K. 574 221

(A UNIT OF CATHOLIC BOARD OF EDUCATION DIOCESE OF MANGALORE)

ST JOACHIM COMPOSITE PRE UNIVERSITY COLLEGE

Mob: 9731142964, Email: St.joachimpuc@yahoo.com

COURSE OFFERED

Language: 1. English 2. Kannada/Hindi

COMBINATION

COMMERCE:

CEBA : Computer Science, Economics,
Business Studies, Accountancy

SCIENCE

PCMB : Phycis, Chemistry, Mathematics, Biology
PCMC: Physics, Chemistry, Mathematics, Computer Science

ST ANN'S ENGLISH MEDIUM SCHOOL

Mob: 8971833135, Email: stannskadaba@gmail.com

1-10
Std

ST ANN'S KINDER GARTEN SCHOOL

PRE KG - UKG

Special Features

Bus Facilities
Well Equipped Laboratories
Play Ground
CCTV Coverage
Play Park

EXTRA CURRICULAR

Drawing
Scouts & Guides
Cubs & Bull Bull
Yoga, Karate, Dance



ST JOACHIM KANNADA MEDIUM SCHOOL

St Joachim High School

8-10 std

St Joachim Higher Primary School

1-7 std

www.stjoachimskadaba.com www.facebook.com/stannsschoolkadaba

ST JOACHIM CHURCH, KADABA



Fr Paul Prakash DSouza
Parish Priest/Correspondent



Fr Sunil Pinto
Headmaster



INFANT JESUS SHRINE

Carmel Hill, Bikarnakatte
Mangaluru

The More You Honor Me, The More Will I Bless You

INFANT JESUS NOVENA MASSES ON THURSDAY

06:00 am : Konkani 04:00 pm : Malayalam
07:30 am : Konkani 05:00 pm : English
09:00 am : Konkani 06:00 pm : Konkani
10:30 am : Konkani 07:15 pm : Kannada
01:00 pm : Konkani

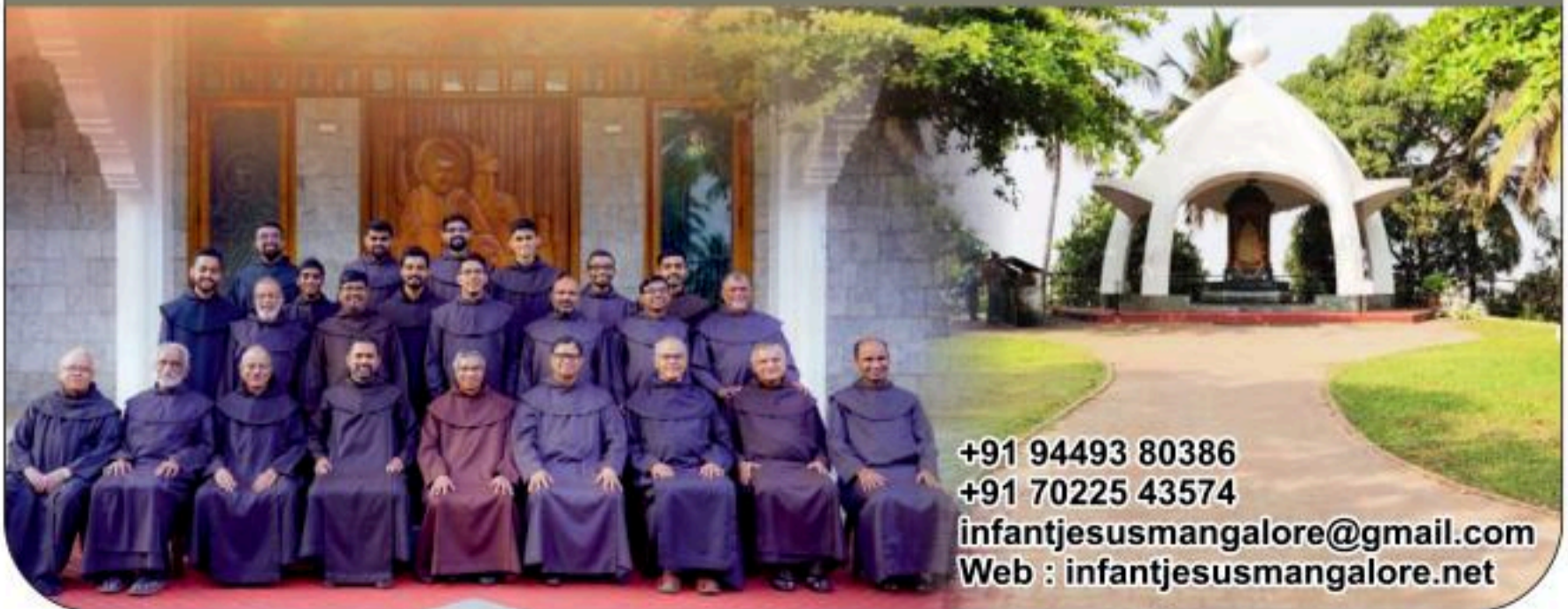
DAILY MASSES

6:30 am
6:00 pm

SUNDAY MASSES

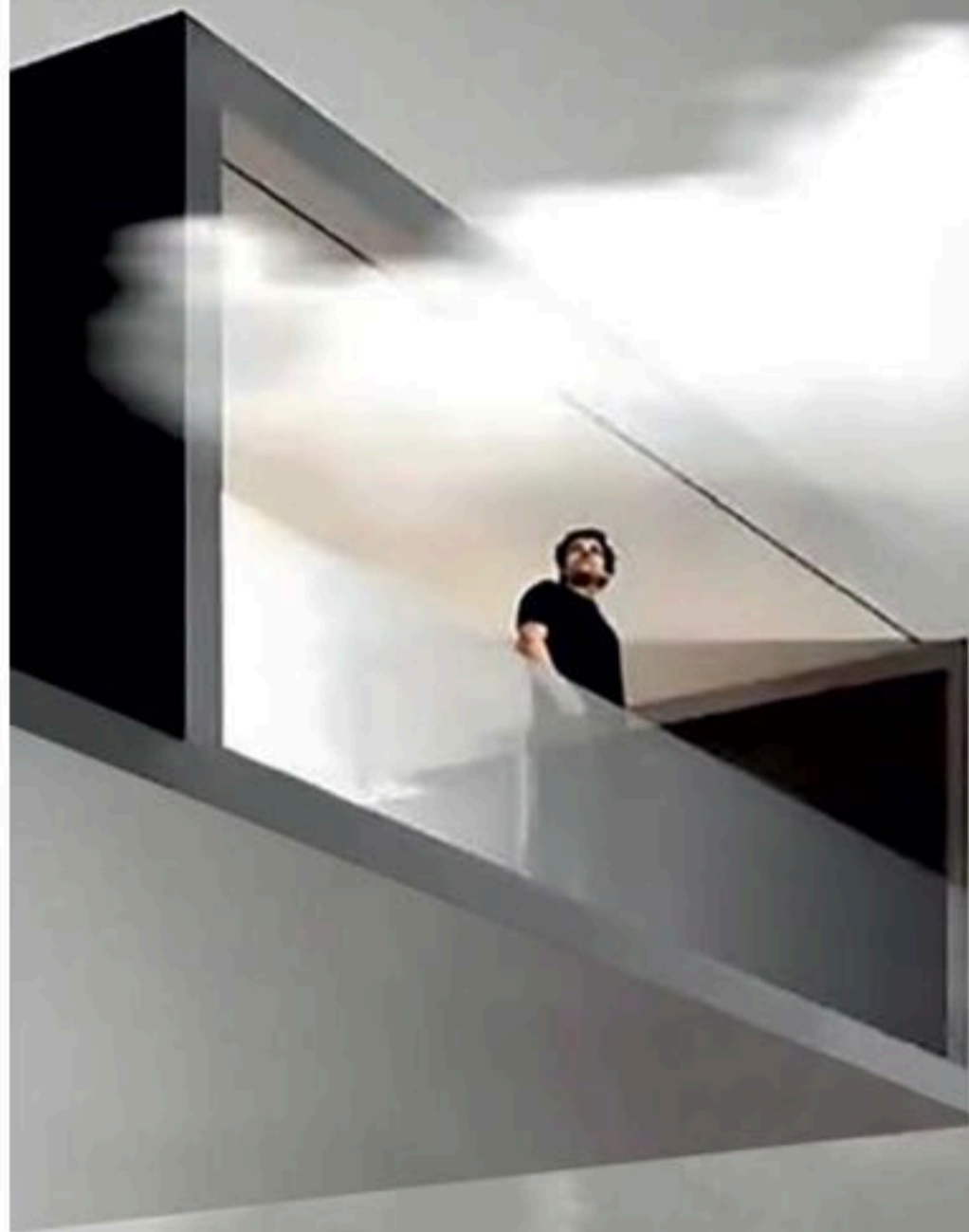
SATURDAY : 6:00 pm (ENG)
SUNDAY : 7:30 am (KON)

Best Wishes From
Carmelite Friars, Carmel Hill, Mangalore



+91 94493 80386
+91 70225 43574
infantjesusmangalore@gmail.com
Web : infantjesusmangalore.net

MATHIAS



INFRASTRUCTURE
PROPERTIES
RESORTS
ELECTRONICS
INTERIORS



Diego Gregory Mathias
+91 98805 30641 India
+971 54 4009239 Dubai
gregory@mathiasgroup.in
www.mathiasgroup.in
Balmatta, Mangaluru - 575 001

One Stop SOLUTION

Printing Solutions for all your new and existing promotional projects



CODIALBAIL PRESS

Focused on You

SINCE 1882

Graphic

DESIGN

DIGITAL

OFFSET

OUR SERVICES

▶ Magazines

▶ Invitations

▶ Calendars

▶ Note books

▶ Newsletters

▶ Receipt Book

▶ Certificates

▶ Posters / Flyers

▶ Brochures

▶ Letterhead

▶ Ledger Book

▶ Obituary Cards

▶ Visiting Cards

▶ Envelopes

▶ Stickers

▶ Gift Boxes

▶ Paper Bags

▶ Stationary

 **writers**
Books & Stationery



FIND US HERE



Maryhill, Airport Road, Konchady P.O,
Mangaluru-575008
0824-2211113; 2972113
9448123113, 8317388952
E-mail: writerscp@gmail.com | codialbailpress@yahoo.in
www.codialbailpress.in

 **writers** Outlet
Books & Stationery

Ground Floor, Shalom Commercial
Complex, Jeppu, Mangalore - 575 002
Email : writerscp@gmail.com
+91 8123006116



ತೊಂದಾರ್ ಹಾಸೂ ಆನುಂ - ಕುಟ್ಮಾಂತ್ 'ರಾಕ್ಣೊ' ಆನುಂ



ಸತ್ ಉಲಯ್
ಧರ್ಮ್ ಚಲಯ್

RAKNNO WEEKLY
ರಾಕ್ಣೊ
www.raknno.com



ಲ್ಹಾನಾ ವ್ಹಡಾಂಕ್ ಆವಡ್ಚೆ ಹರ್ ವಿಷಯ್ ಆರಾವ್ನ್
ಭೊಂವ್ತಿಲ್ಯಾ ಘಡಿತಾಂಚೆರ್ ವೈಚಾರಿಕ್ ದೀಷ್ಟ್ ಲಾವ್ನ್
ಪವಿತ್ರ ಪುಸ್ತಕ್ ಆನಿ ಪವಿತ್ರ ಸಭೆಚೆ ಶಿಕೊವ್ಣೆಚೆರ್ ಪಾಜ್ಲಲಿ ಧಾರ್ ಘೆವ್ನ್
ಸತ್ ಉಲೊವ್ನ್, ಧರ್ಮ್ ಚಲೊವ್ನ್, ಎಕ್ವಟಾಚೆಂ ಹಾತೆರ್ ಜಾವ್ನ್
ಕೊಂಕ್ಣಿ-ಕ್ರಿಸ್ತಿ ಸಮುದಾಯಾಚ್ಯಾ ಚಿಂತ್ಪಾಕ್ ಆನಿ ಭೊಗ್ಲಾಂಕ್ ದಿಶಾ ದಿಂವ್ಚೆ ಸೆವೆಂತ್
ಪಾಟ್ಲ್ಯಾ 87 ವರ್ಸಾಂ ಥಾವ್ನ್ ನಿರಂತರ್ ಪರ್ಗಟ್ ಜಾವ್ನ್ ಆಸ್ಚೆಂ ಹಫ್ತಾಳೆಂ



CONTACT FOR SUBSCRIPTIONS & ADVERTISEMENTS

WhatsApp: 9481760836 raknno@gmail.com

BISHOP'S HOUSE, KODIALBAIL, MANGALURU - 575 003